# **TROUBLESHOOTING GUIDE**

Article courtesy of Inhealth Technologies.

The following recommendations are provided by Eric D. Blom, Ph.D.

## **Leakage through Prosthesis**

Causes	Solutions
Duckbill tip contact against posterior esophageal wall	Replace with low pressure type prosthesis
Valve deterioration	Replace prosthesis
Candida deposits on/in valve mechanism	Nystatin Suspension swish and swallow 1 tspn. b.i.d.

**Leakage around Prosthesis** 

Causes	Solutions
Prosthesis is too long resulting in piston movement/track dilation	Resize to a shorter prosthesis
Insufficient tracheoesophageal party wall thickness	Reconstruct tracheoesophageal party wall with muscle flap
Irradiated tissue	Flap reconstruction

#### Microstoma

Causes	Solutions
Stenosis	<ul><li>a. Fenestrated silicone</li><li>tracheostoma vent</li><li>b. Surgical revision of</li><li>tracheostoma (enlargement)</li></ul>

#### Macrostoma

Causes	Solutions
Natural trachea size/tracheomalacia	Surgical revision of tracheostoma (reduction)

## **Granulation Tissue Formation**

Causes	Solutions
Irritation, inflammation, tissue thickness (circumferential "donut" associated with presence of foreign body	) Surgical removal of tissue (circumferential "donut")

# Immediate post-fitting aphonia/dysphonia

Causes	Solutions
Prosthesis valved tip is stuck due to increased saliva viscosity	Flush prosthesis in situ with water filled pipet.
Forceful stoma occlusion	Light finger contact
Pharyngeal constrictor spasm	<ul> <li>a. Assess voicing through open puncture.</li> <li>b. Transtracheal insufflation via 18FR catheter*</li> <li>c. Insufflation under fluoroscopy*</li> <li>d. Pharyngeal plexus nerve block*</li> </ul>
	*Pharyngeal constrictor myotomy if fluent voicing can't be achieved

# Delayed post-fitting aphonia/dysphonia

Causes	Solutions
Prosthesis valved tip is stuck	Remove prosthesis and inspect valve
Puncture tract closure due to inadequate prosthesis length	Dilate and re-insert longer prosthesis
Failure to fully insert prosthesis	Dilate and re-insert prosthesis
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# **Insufficient Tracheostoma Valve Tape Seal Duration**

Causes	Solutions
Excessive system "backpressure"	<ul> <li>a. Assess intertracheal pressure during connected speech with pressure meter</li> <li>b. Alter prosthesis type/diameter</li> <li>c. Increase prosthesis diameter to 20FR.</li> <li>d. Reduce speech loudness</li> </ul>
Failure to cleanse skin prior to valve placement	Cleanse skin oil and/or adhesive solvent from skin surface with alcohol
Failure to allow adhesive to dry	Wait 3-4 minutes before applying tape housing to adhesive coated skin
Careless application, use	<ul><li>a. Reinstruct in method of application</li><li>b. Remove valve prior to coughing</li><li>c. Eliminate excess mucus accumulation</li><li>at stoma</li></ul>