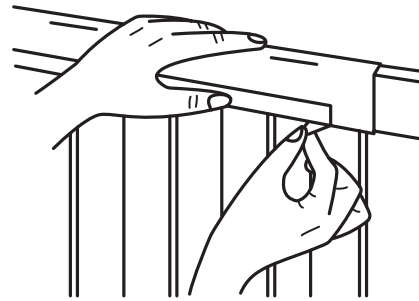
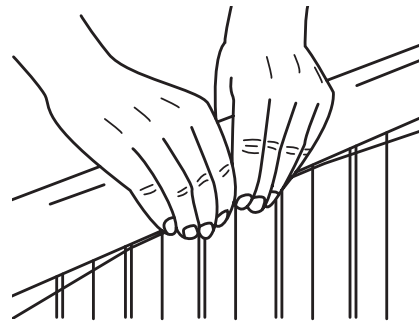


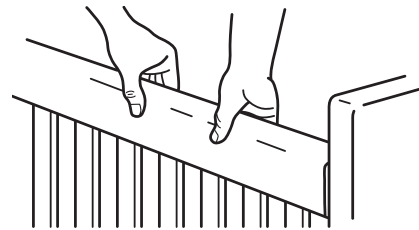
- 6** Fit the Munch teething rail to the outside of the cot first. Position it how you measured it. Align one corner. Peel back a small section of the red liner & apply pressure. Working along the cot rail, keeping alignment, peel back another short section of liner & apply pressure.



- 7** When fitting to the inside we use a different approach. Remove the entire red liner. Be careful to not touch the adhesive on anything. Working from the centre of the cot rail, fold a short section of the plastic over & into position & apply pressure. Working from the centre outwards, continue to fold & apply short sections.



- 8** Finally, squeeze and apply pressure along the entire cot rail on both sides to secure a strong bond. Repeat this several times, particularly at the sites where the product was folded inside the packaging.



When your baby has finished teething, simply peel away the Munch Flexi and the removable adhesive tape. Start by lifting up a corner of the Munch Flexi then gently peel away and remove it from the cot, leaving the adhesive tape attached to the cot rail. Gently loosen one end of the adhesive tape then slowly pull & stretch it, lengthwise, parallel to the cot rail, releasing the adhesive tape from the cot. Continue to slowly pull & stretch the adhesive tape, keeping your fingers close to the cot rail, until the entire adhesive strip is removed.

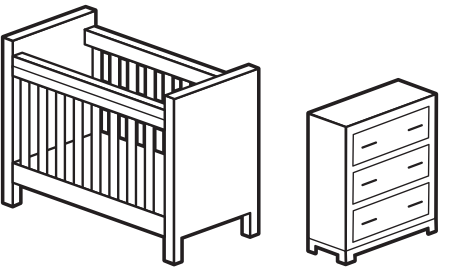


## Flexi Cot Teething Rail Fitting Instructions

Munch®



↙ Videos & help here

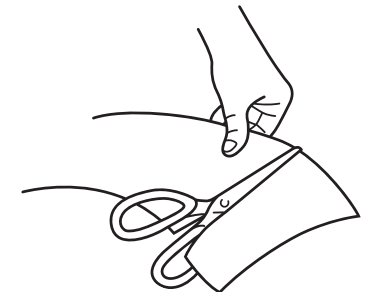
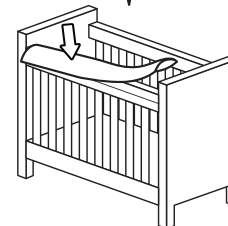
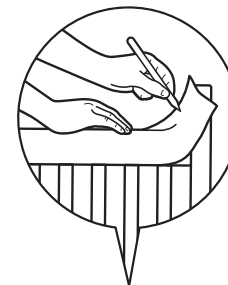


Approx time: 15 mins.  
You will need: scissors, pen.  
Flat surface such as a table.

- 1** Do not apply the adhesive tape until you have measured and cut the Munch Flexi for your cot size. Do not use any other tape.

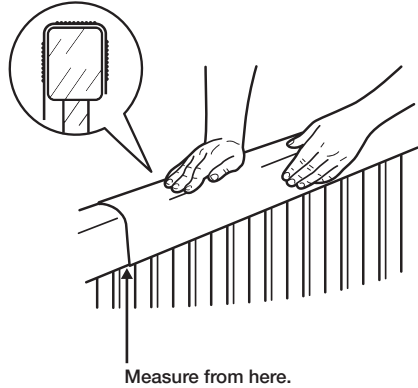
- A** Measure the length of the plastic against your cot rail. Mark with a pen where to cut.

- B** Cut plastic with sharp scissors.

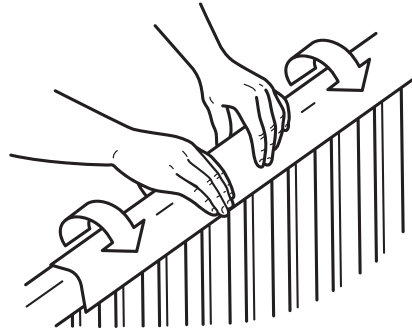


**2** Measure the width of the plastic against your cot rail. You must measure to the bottom edge of the cot rail on both sides. This ensures the adhesive tape bonds well.

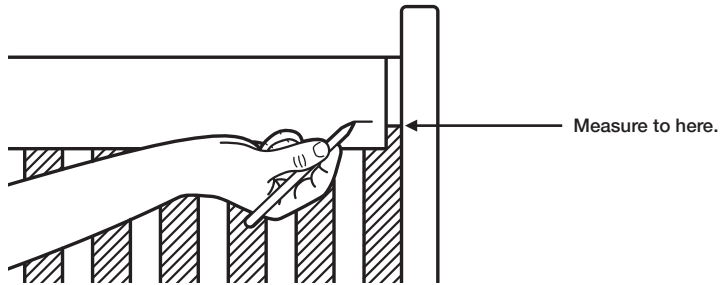
**A** Align one edge of the plastic with the bottom edge of your cot rail.



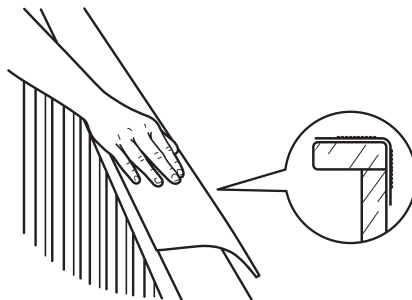
**B** Hold firmly in place and fold the plastic to fit the shape of your cot rail.



**C** When marking where to cut, you must measure to the bottom edge of the cot rail on both sides. This ensures the adhesive tape bonds well.



**3** If your cot rail is very wide, the Munch Flexi should be applied in an 'L' shape, protecting the inner and top surfaces. You can ignore this step if your cot rail has a standard shape.



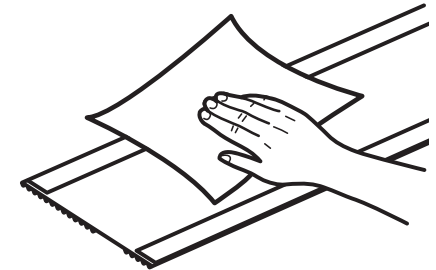
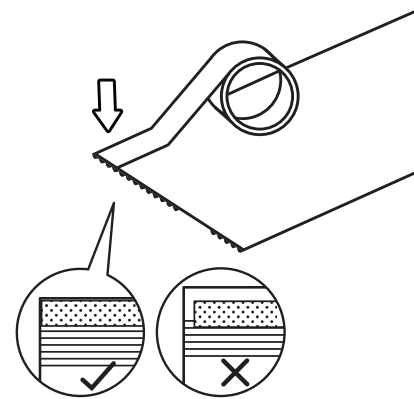
**4** Cut Munch Flexi width to size.



**5** Lay Munch teething rail on a flat surface with the contoured side down, flat side up.

**A** Apply the double sided adhesive tape to the plastic, doing so in short sections, unwinding the roll as you go. Align the tape with the very edge of the plastic so that little fingers cannot get a grip. Repeat this along both sides.

**B** **IMPORTANT:** Bond the adhesive tape with the plastic. Using the sheet of silicon paper, run your fingers along both tape strips, applying pressure. Repeat this several times. Do not remove the red liner until instructed.



**C** **IMPORTANT:** If time permits we strongly recommend you wait 24 hours before applying the Munch teething rail to your cot. This resting period gives the adhesive time to achieve optimal bond with the plastic.

**IMPORTANT:** Eliminate any gap between the adhesive tape and the edge of the Munch Flexi so little fingers can't get a grip.