

VITAL HEALTH AMERICA
 100 LEHIGH DRIVE
 FAIRFIELD, NJ 07004
 TEL: (973) 320-7500

CERTIFICATE OF ANALYSIS

PRODUCT NAME	DOUBLE WOOD PSYLLIUM HUSK
VHA CODE NUMBER	5415-C
LOT NUMBER	2310012-001
MANUFACTURE DATE	December 15, 2023
RELEASE DATE	January 4, 2024

TEST ITEMS	SPECIFICATIONS	RESULTS	METHOD REFERENCE
1) Weight Variation Test			
Average Weight of Filled Capsule	806 - 985 mg	943 mg	In-house method
2) Disintegration			
	≤ 30 min	25 min	Disintegration Apparatus
3) Active Ingredients per Capsule			
Psyllium Seed Husk Powder (Plantago ovata)	≥ 750.00 mg	750.00 mg	*
4) Microbial Testing			
Total Bacterial Count	≤ 1,000 cfu/g	< 1,000 cfu/g	AOAC
Total Yeast and Mold Count	≤ 100 cfu/g	< 100 cfu/g	AOAC
Salmonella	Negative/ 10 g	Complies	AOAC
E. Coli	Negative/ 10 g	Complies	AOAC
5) Heavy Metal Testing			
Total Metals	≤ 10 ppm	< 2.50 ppm	ICP-MS

Signed by: 
 Quality Control

Date: 1/4/24