

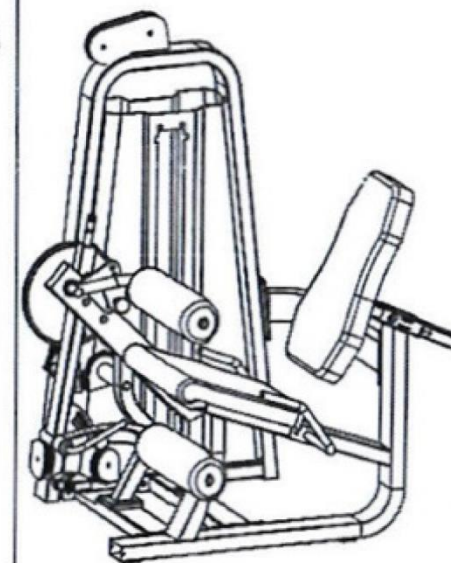
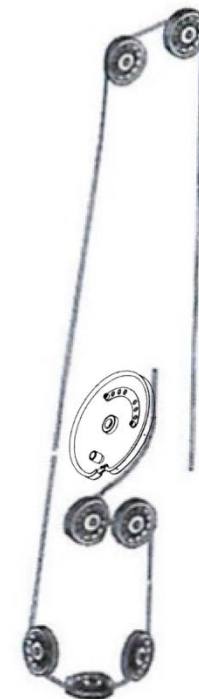
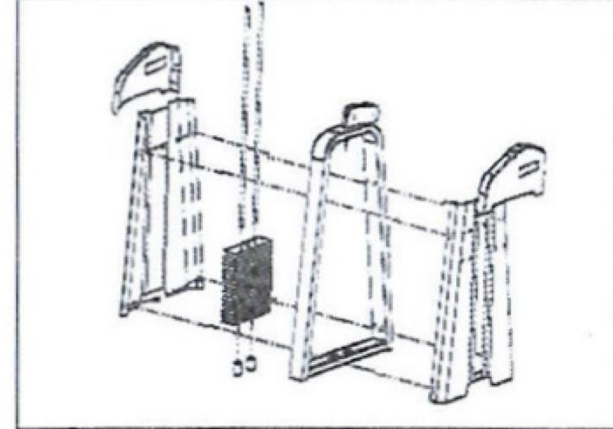
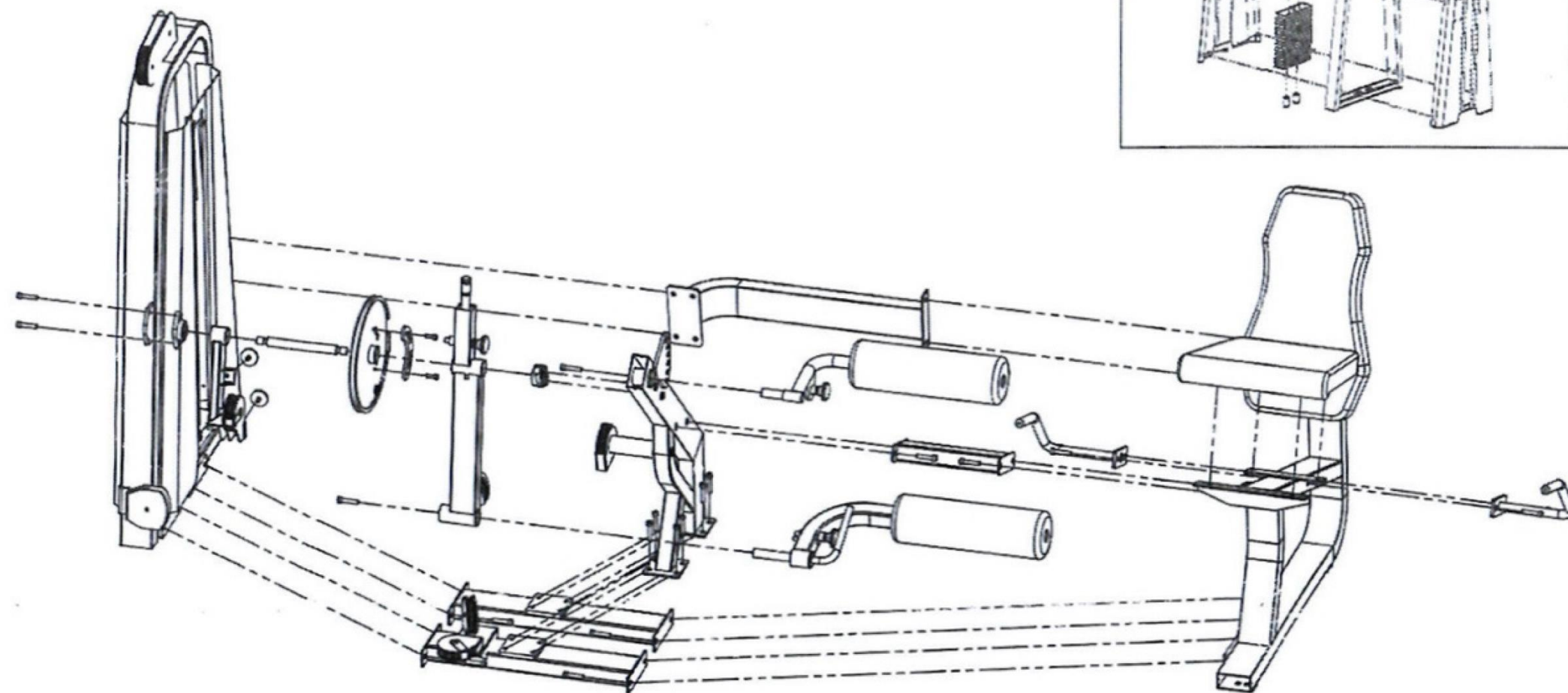
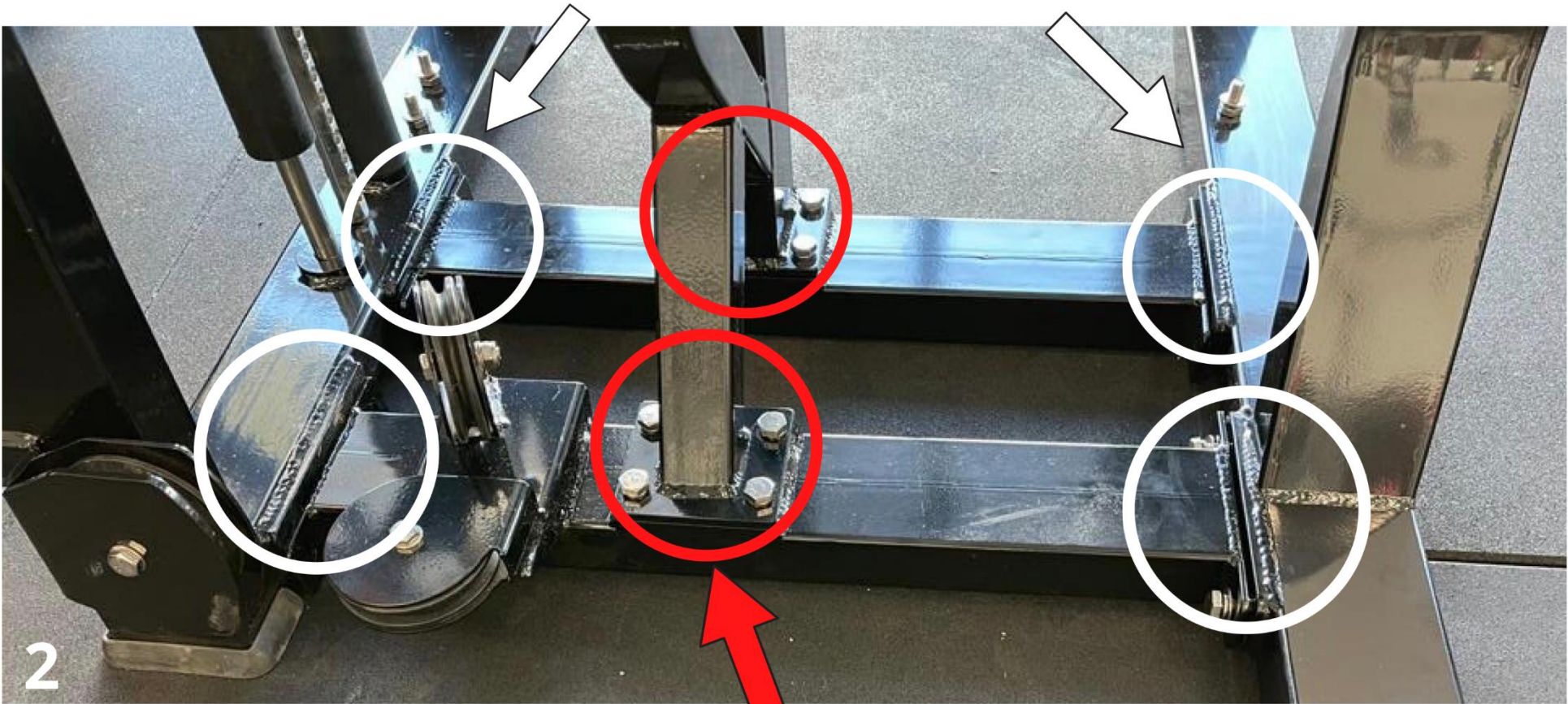


Photo 1 Weight Stack Frame connected to Base Crossbeam in Photo 2



STEP 1

For the 2x Base Crossbeam supports, Add 2 bolts on each side

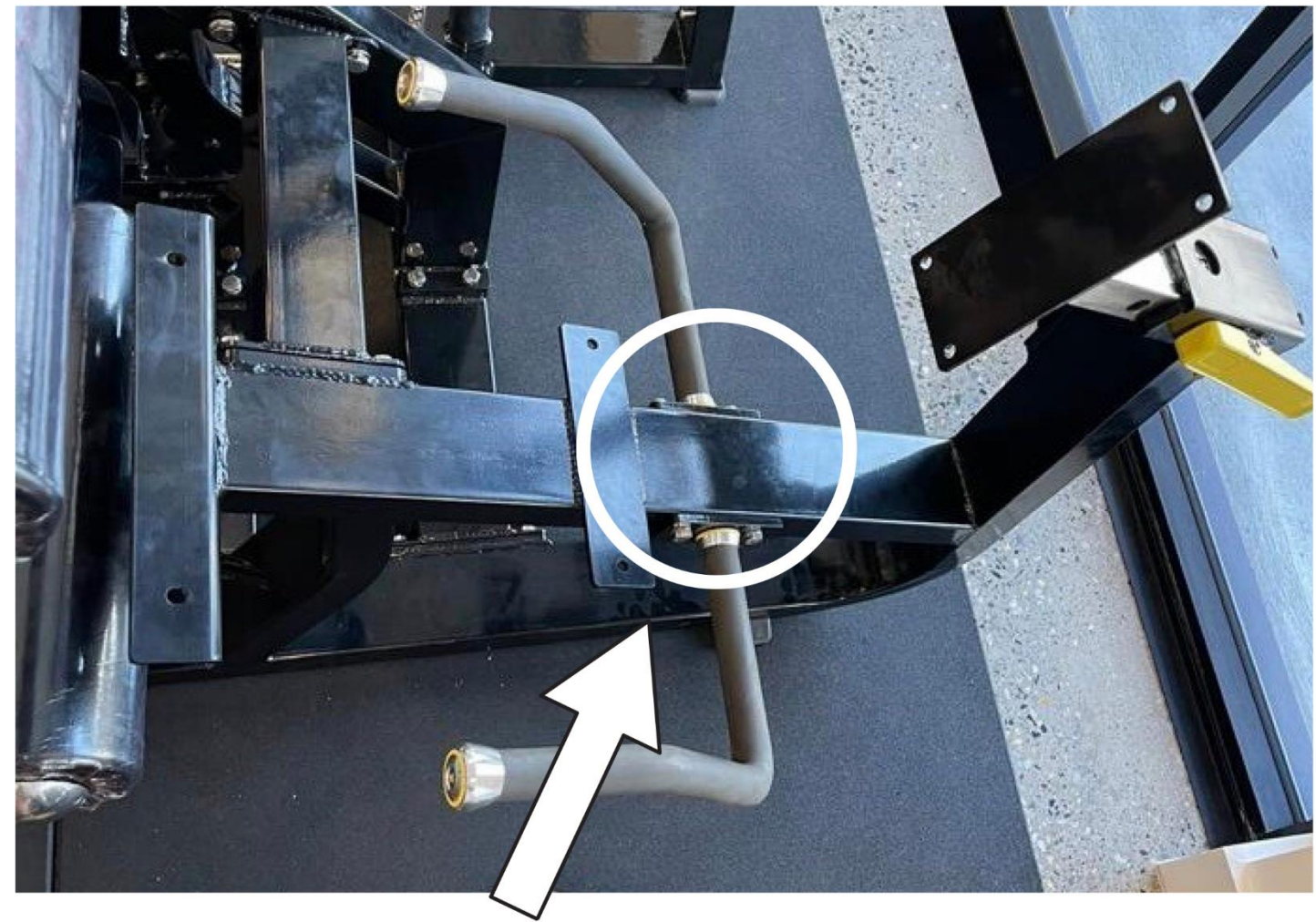
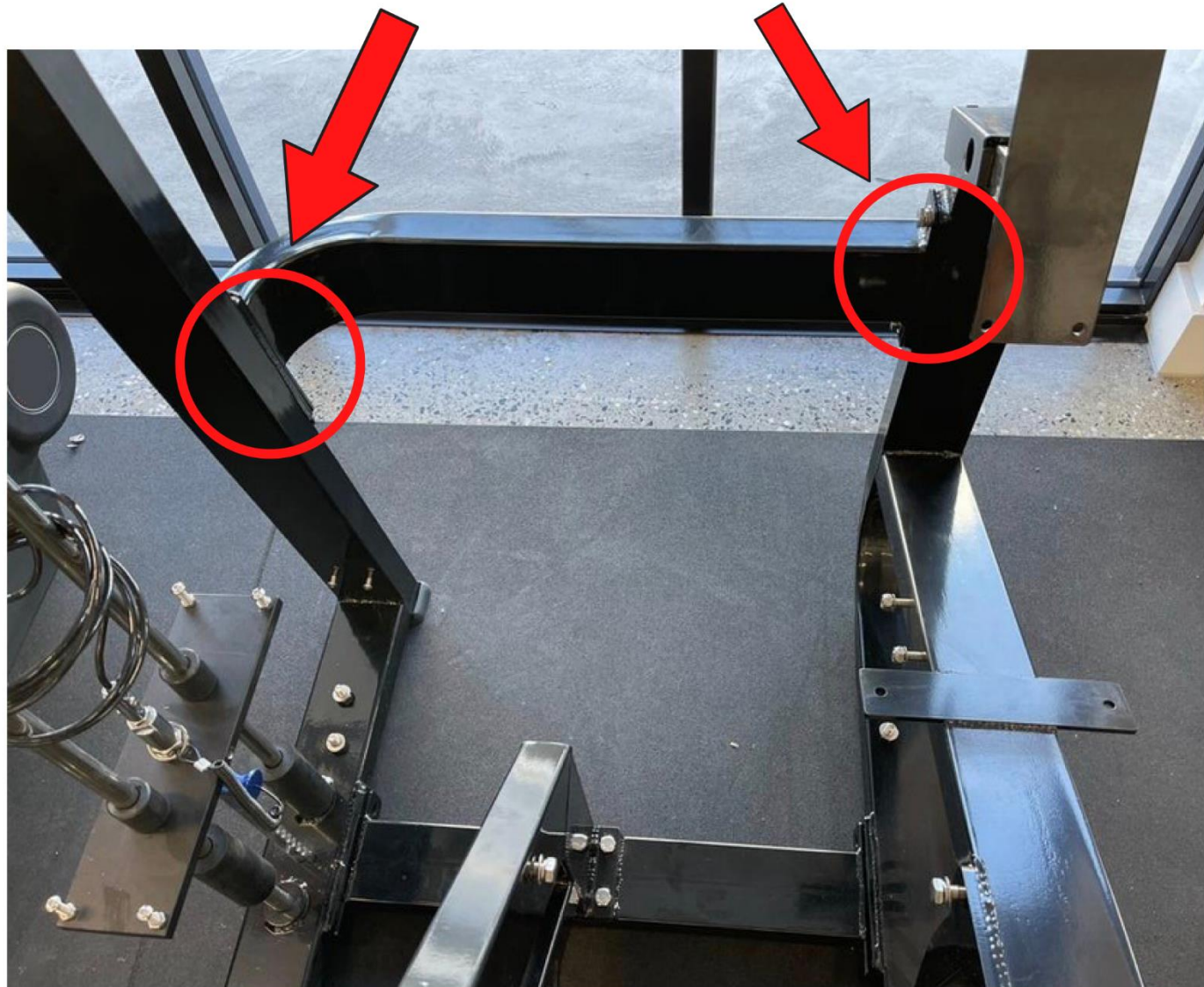


STEP 2

Add 4 bolts on Adjustment Lever,
as shown above on both sides

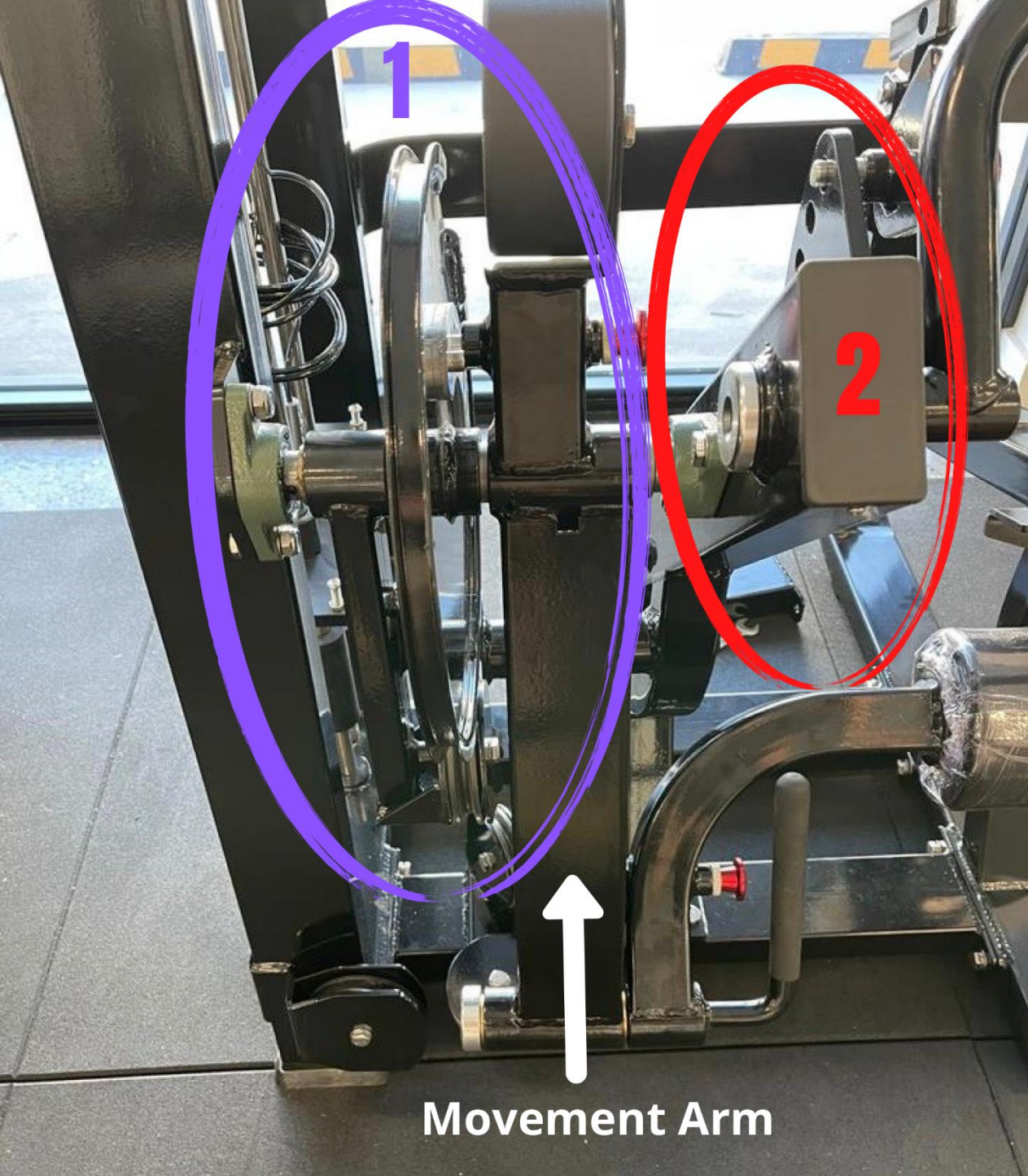
STEP 3

Attach Mid Support Crossbeam
(2 bolts on each side)

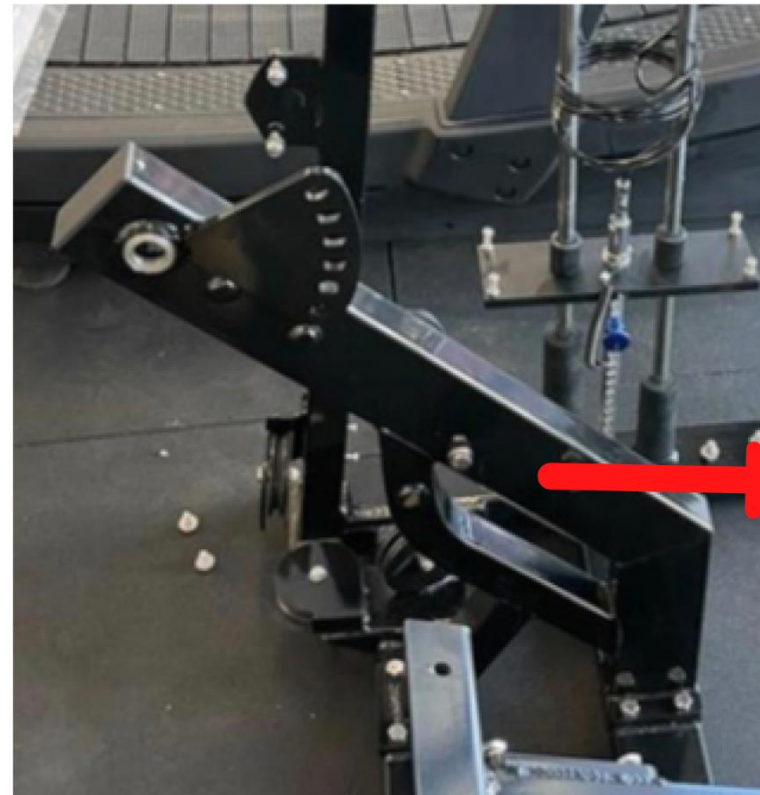


STEP 4

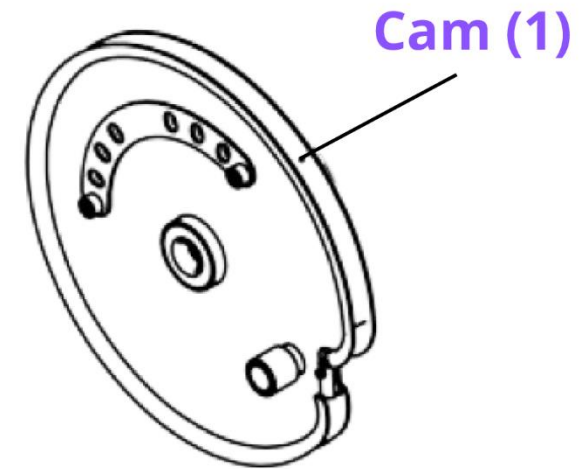
Attach Handles on both sides
(2 bolts on each side)

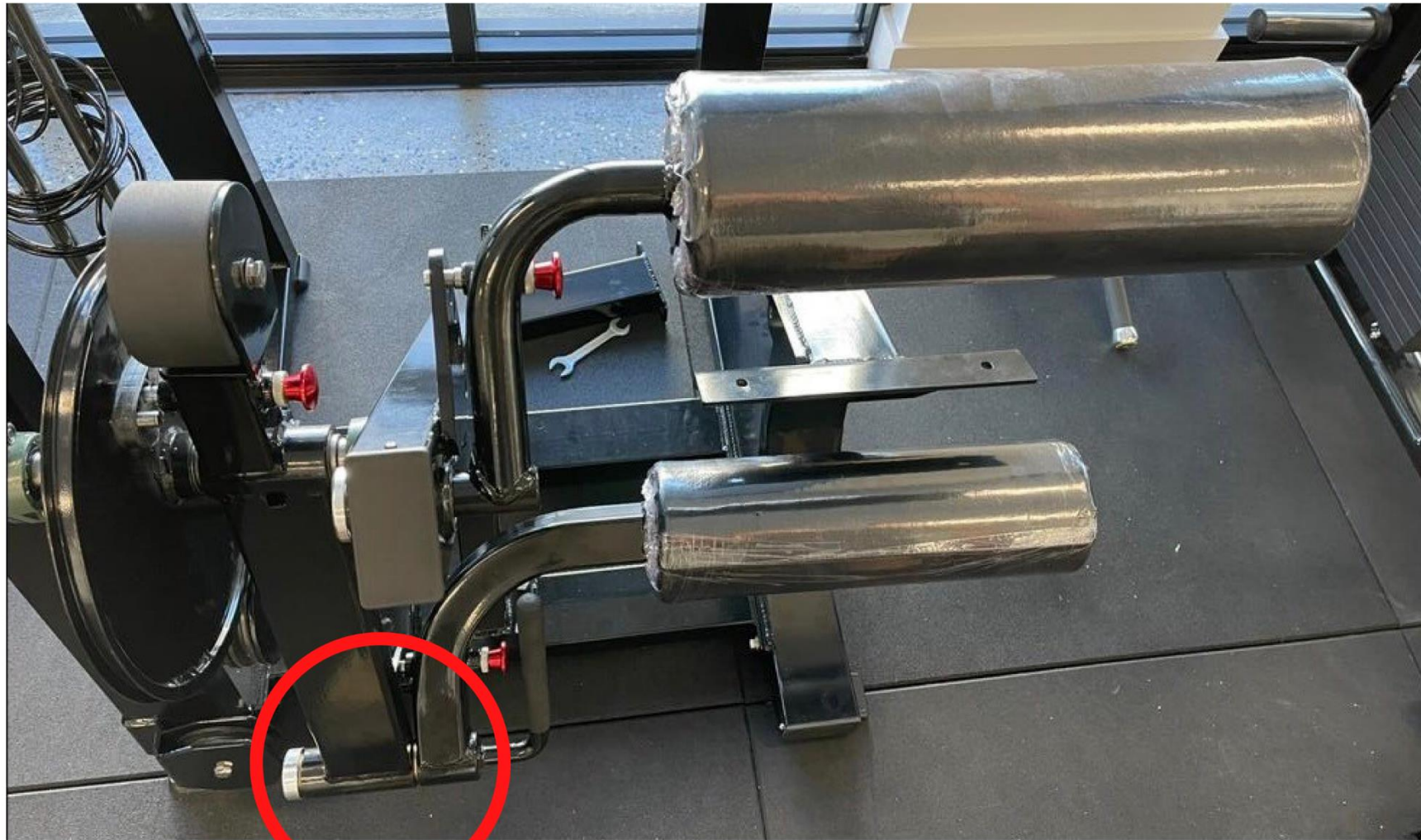


STEP 5
Attach Cam & Movement Arm (1) to the
Support Pivot Frame (2)
with 2 bolts on each side of the
Cam Pivot Bearings.



Support Pivot Frame (2)

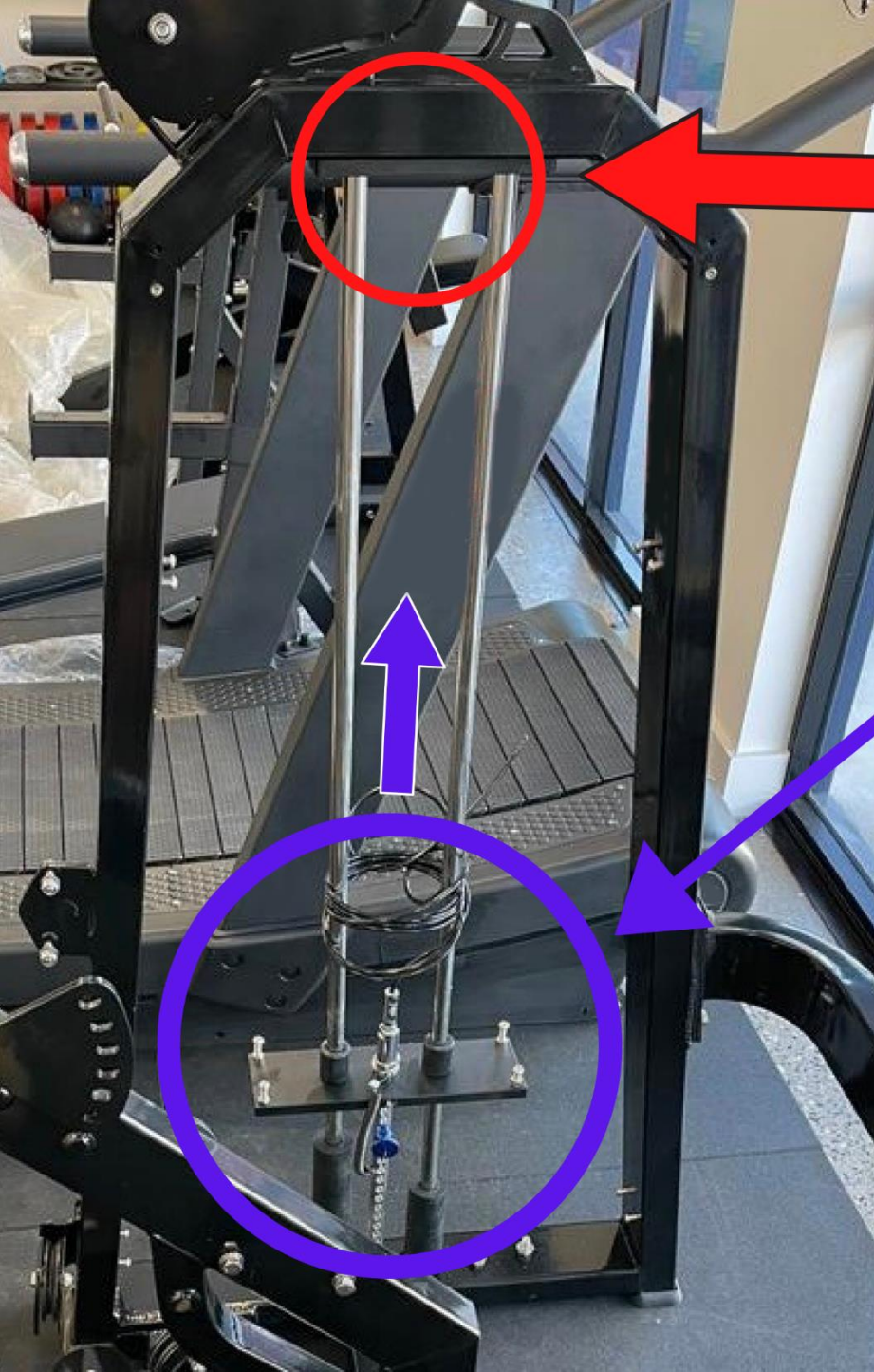




STEP 6

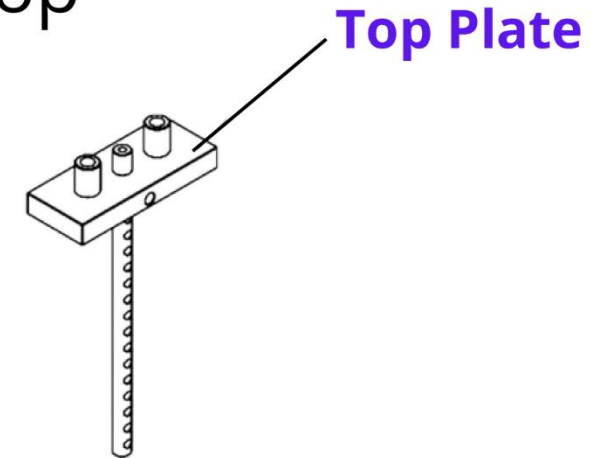
Attach Bottom pad frame to the
Movement Arm With 1 bolt and tighten





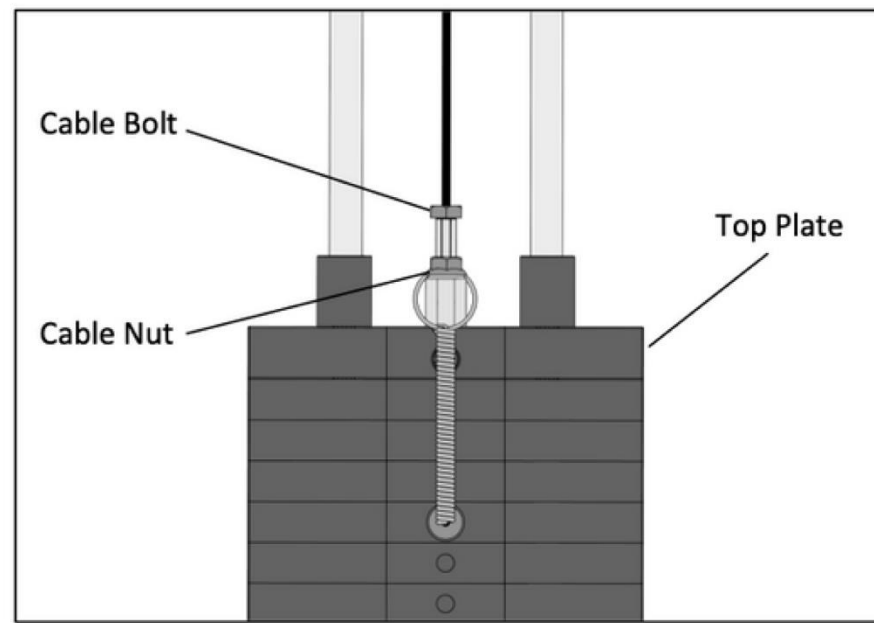
STEP 7

Remove the **2 screws** at the Top of the Guide Rods.
Re-Position the Rods Backwards so that the
Top Plate with cable attachment
can be removed from the top
of the Guide Rods.



STEP 8

Once the Top Plate has been removed, Guide the
Weight Plates (5kg increments) down the Rods slowly.
Make sure they are level before proceeding.



STEP 9

Return Weight plate cable support to top of the weight stack.



STEP 10

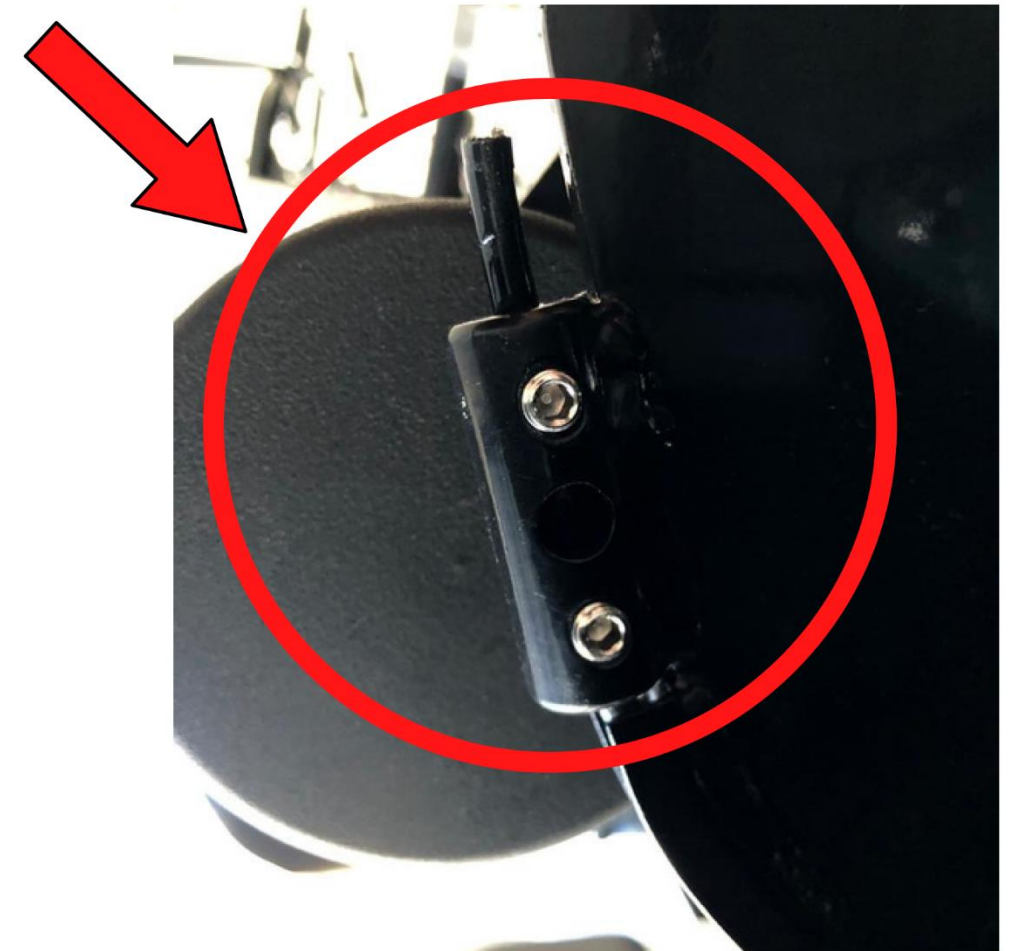
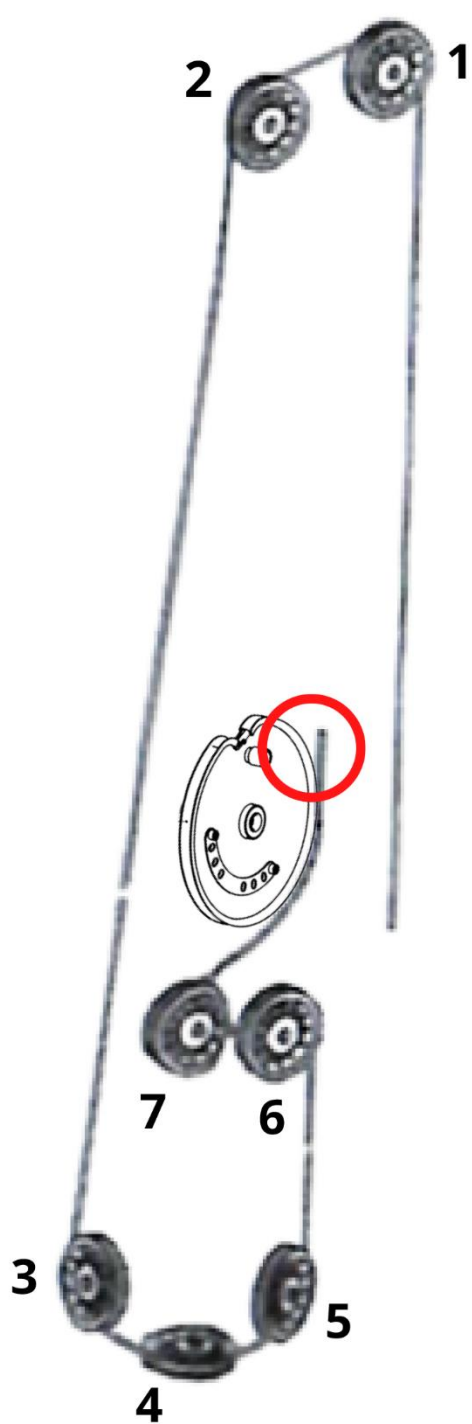
Return guide tubes to original location and place screws back to secure guide tubes.

STEP 11

Route the cable as shown.

Guide the Cable behind the Cam as illustrated in the photos.

Once cable is guided through the end slot, tighten both screws to secure the cable.



STEP 12

Attach the Seat Pad to the Seat Frame.



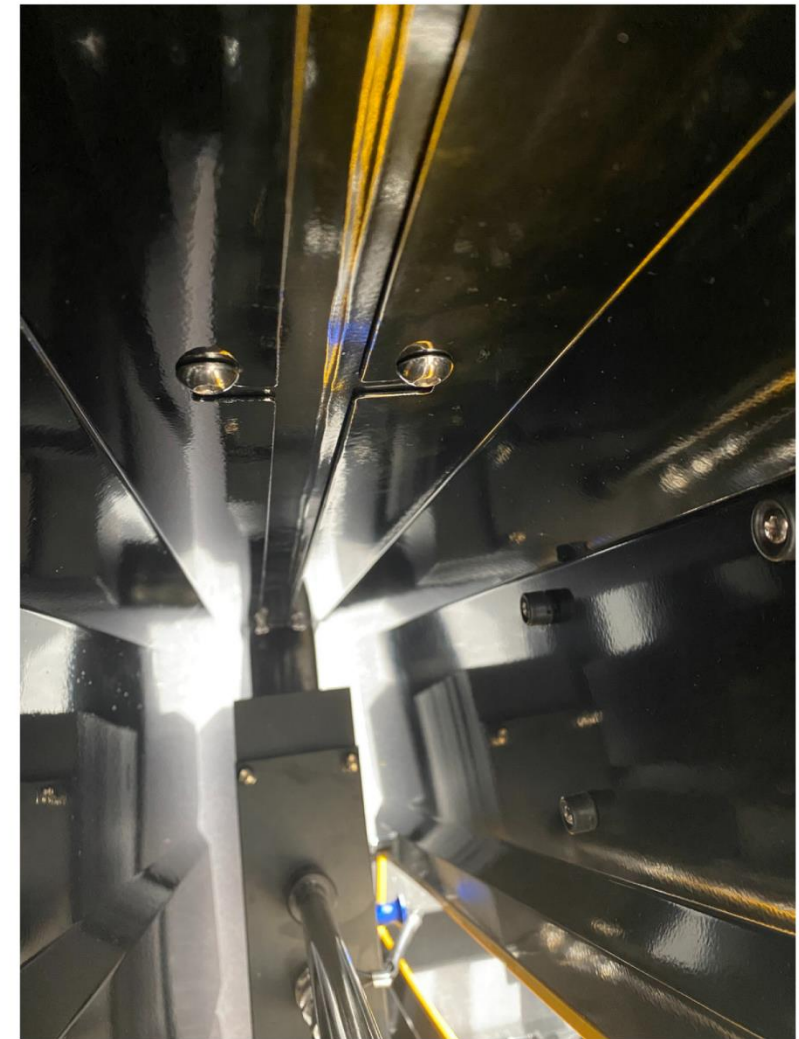
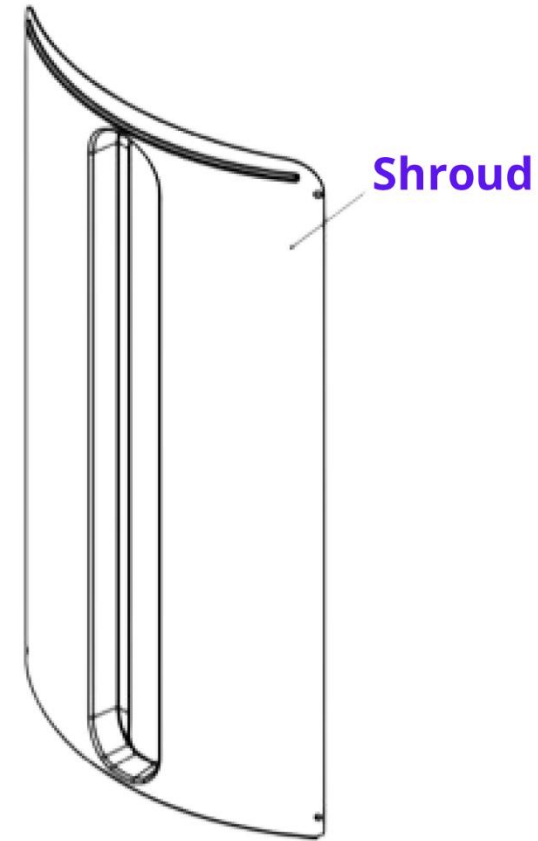
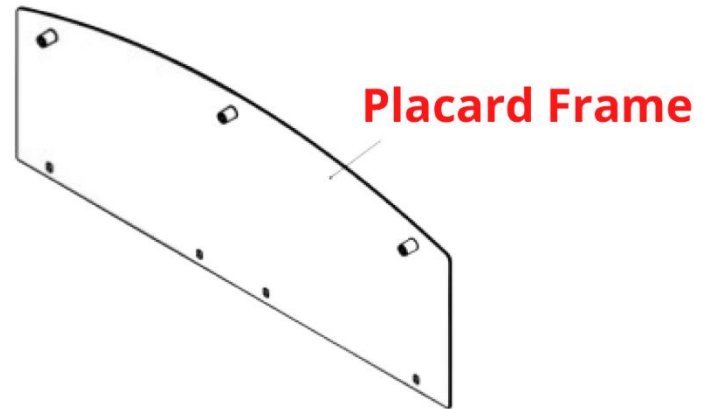
STEP 13

Install the Back Pad to the Back Frame.



STEP 15

Secure the inner shroud with four screws.
Secure the outer shroud with four screws.



STEP 14

Attach the Top Placard Frame to the Upright Assembly .

