

# Life Solutions Counseling & Training Center

## Module 1

### Introduction to Counseling Theology Advanced Track

#### Level M

Tamberlyn Brown

**REQUIRED PRINTED MATERIALS:** (Purchased by the Student)

*A Theology of Christian Counseling* by Jay E. Adams. Published by Zondervan  
ISBN 0-3-310-51101-1

*How to Counsel God's Way:* by Bob Hoekstra

Published by Living in Christ Ministries ISBN 0967236908

Biblical Counseling Podcast with IABC President, Jeff Christianson

- S2-Ep215
- S2-Ep196
- S2-Ep197
- S2-Ep125

#### **I. Your Textbook Project is:**

**Part One:** Read *A Theology of Christian Counseling*, *Counsel One Another* and *God's Funeral: Psychology: Trading the Sacred for the Secular*. Write a one paragraph affirmation that you have read the required textbooks. Put your signature on this document.

**Part Two:** Write a Book Review of *Counsel One Another* and *God's Funeral: Psychology: Trading the Sacred for the Secular*. Use not less than 750 words. Write your review, as both a synopsis and a critique of the content.

**Part Three:** Read *Counsel One Another*. Write a paper explaining how counseling is a targeted form of discipleship and the challenges man's depravity brings to the process of discipleship. Use not less than 1000 words.

**Part Four:** Read *A Theology of Christian Counseling*. Write a paper on the relationship between certain aspects of the doctrine of Scripture to a ministry of counseling. Use not less than 1000 words.

## **II. Your Case Study Project is:**

**Part One:** Create a case study of a married couple. The husband has a problem with anger and drunkenness. The wife, who does not work outside of the home, does not keep the home in order. Develop this hypothetical situation and take it from initiation to closure. Be sure to identify sinful habits that need to be put off, righteous habits that need to be put on, complicating problems, and how you helped your counselees practice their put-on.

## **III. Your Lecture Project:**

1. Listen to each lecture.
2. Summarize the information of each lecture with at least 200 words.

## **IV. Your Final Writing Project is:**

This is the final project, and must be completed only after you have finished the textbook project and case study. An important part of sanctification is putting off sinful habits and attitudes of living. Jesus calls us to incapacitate ourselves so we find it difficult to repeat sinful behavior. Write a paper explaining "Radical Amputation." Develop a hypothetical situation explaining why and how you would apply the principle in counseling.

## **SUBMISSION INSTRUCTIONS**

When you complete all of the projects, assemble all of your materials as you have been instructed to do in the Submission Page Format Sheet.