

# Life Solutions Counseling & Training Center

## Module 1

### Introduction to Counseling Theology **Advanced Track** Level D

Tamberlyn Brown

**REQUIRED PRINTED MATERIALS:** (Purchased by the Student):

*A Theology of Christian Counseling* by Jay E. Adams. Published by Zondervan  
ISBN 0-3-310-51101-1

*How to Counsel God's Way:* by Bob Hoekstra

Published by Living in Christ Ministries ISBN 0967236908

Biblical Counseling Podcast with IABC President, Jeff Christianson

- S2-Ep215
- S2-Ep196
- S2-Ep197
- S2-Ep125

#### **I. Your Textbook Project is:**

**Part One:** Read *A Theology of Christian Counseling*, *Counseling: How to Counsel Biblically* (Chapters 1-9) and *God's Funeral: Psychology: Trading the Sacred for the Secular*. Write a one paragraph affirmation that you have read the required textbooks. Put your signature on this document.

**Part Two:** Read *A Theology of Christian Counseling*. Write a paper on the doctrine man and counseling. Organize your paper around the four headings; counseling and human life, counseling and human sin, counseling and habit and how sin effects thinking. Use not less than 500 for each heading.

**Part Three:** Read chapters 1–9 in the book *Counseling: How to Counsel Biblically*. Create three essay questions from each chapter. Answer your questions using not less than 250 words.

**Part Four:** Read *God's Funeral: Psychology: Trading the Sacred for the Secular*. Assume you are to write a book review of the required textbook for a magazine. Write your review, as both a synopsis and a critique of the content. Use not less than 750 words.

## **II. Your Case Study Project is:**

**Part One:** Create a case study of a married couple. The husband has a problem with pornography and the wife has an anger problem. Develop this hypothetical situation and take it from initiation to closure. Be sure to identify sinful habits that need to be put off, righteous habits that need to be put on, complicating problems, and how you helped your counselees practice their put-off and put-on. In addition, how is the teaching of “radical amputation” relevant to the husbands problem with pornography? What needs to be amputated in order to help him put to on righteousness?

## **III. Your Lecture Project:**

1. Listen to each lecture.
2. Summarize the information of each lecture with at least 200 words.

## **IV. Your Final Writing Project is:**

This is the final project, and must be completed only after you have finished all of the projects for this course. Write a paper on how specific Biblical concepts you learned in this course changed your thinking about counseling. Use not less than 1000 words.

## **SUBMISSION INSTRUCTIONS**

When you complete all of the projects, assemble all of your materials as you have been instructed to do in the Submission Page Format Sheet.