

# Life Solutions Counseling & Training Center

## Module 1 The Biblical Foundation for Self-Awareness Advanced Track

### Level A

Tamberlyn Brown

**REQUIRED PRINTED MATERIALS:** (Purchased by the Student)

- *Jesus Christ Self-Denial Or Self-Esteem* - David Tyler
- *The Biblical View of Self-Esteem, Self-Love, Self-Image* - Jay Adams
- *Psychology As Religion The Cult of Self-Worship* - Paul Vitz

#### **I. Your Textbook Project is:**

**Part One:** Read the textbooks and write a one paragraph affirmation that you have read the required textbooks.

**Part Two:** Assume that you are asked to write a Book Review of the required textbooks for a magazine. Write your review, as both a synopsis and a critique of the content. Use not less than 500 words.

#### **II. Your Lecture Project:**

1. Listen to each lecture.
2. Summarize the information of each lecture with at least 200 words.

### **III. Your Course Writing Project is:**

This is the final project. Write a summary of the entire course. Include in this summary how this course has impacted your understanding of the subject; has helped you in your ministry to others; and how this understanding has changed the way you think and react in matters related to the subject of the course. Use not less than 500 words.

### **SUBMISSION INSTRUCTIONS**

When you complete all of the projects, assemble all of your materials as you have been instructed to do in the Submission Page Format Sheet.