

# **Life Solutions Counseling & Training Center**

## **Introduction to Counseling Theology Certification Track**

**Tamberlyn Brown**

- **Module 1 (Eight Weeks)**  
**Introduction to Counseling Theology**  
**Required reading/listening:**
  - A Theology of Christian Counseling - Adams
  - How to Counsel God's Way - Hoekstra
  - Biblical Counseling Podcast with IABC President, Jeff Christianson
    - S2-Ep215
    - S2-Ep196
    - S2-Ep197
    - S2-Ep125
- **The Biblical Foundation for Self-Awareness**  
**Required reading:**
  - Jesus Christ Self-Denial Or Self-Esteem - Tyler
  - The Biblical View of Self-Esteem, Self-Love, Self-Image - Adams
- - Psychology As Religion The Cult of Self-Worship - Vitz

- Module 2 (Eight Weeks)
  - Fundamentals of Biblical Counseling**
  - Required reading:**
    - Competent to Counsel - Adams
    - The Christian Counselor's Manual - Adams
  
- **A Comparative Analysis of Biblical Theology and Humanistic Psychology**
  - Required reading/listening:**
    - Why Christians Can't Trust Psychology - Bulkley
    - Biblical Counseling Podcast with IABC President, Jeff Christianson
      - S1-Ep64
      - S2-Ep172
      - \*Choice of Two Biblical Counseling Podcast Episodes
  
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- **Begin Topics in Biblical Counseling**
  - Required reading:**
    - Self Confrontation w/CD - Broger
    - Deceptive Diagnosis When Sin Is Called Sickness - Tyler/Grady
  
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- Module 3 (Eight Weeks)
  - Marriage and Family Counseling**
  - Required reading:**

- Teach Them Diligently: How To Use The Scriptures In Child Training - Lou Priolo
- Shepherding a Child's Heart - Tedd Tripp
- Strengthening Your Marriage - Wayne Mack

## **The Biblical Basis For Counseling**

### **Required reading:**

- Biblical Directionism - Dennis Frey
- Biblical Counseling Podcast with IABC President, Jeff Christianson
  - o S2-Ep103
  - o S1-Ep49
  - o S1-Ep13
  - o S1-Ep14

## • **Module 4 (Eight Weeks)**

### **Biblical Counseling Practicum**

#### **Required reading:**

- Curing the Heart: A Model for Biblical Counseling - Eyrich/Hines
- Blame It On the Brain - Welch
- Biblical Counseling Podcast with IABC President, Jeff Christianson
  - o S2-Ep115
  - o S1-Ep38
  - o S1-Ep42

- \*Choice of Two Biblical Counseling Podcast Episodes
- -Overview of Biblical Counseling
  - Setting Up Your Biblical Counseling Ministry
  - Prep for Certification Exams
  - 50 hours of supervised counseling upon completion of the IABC exams

\*\*\*Student is required to keep a note book, with class notes and handouts from class. If student misses more than two classes on sight, they must pay the additional online fee and make up missed sessions.