

## **The Society of Neuro-Linguistic Programming™ Practitioner Level Certification Skills Requirements**

A minimum ability to utilize the basic skills, techniques, patterns and concepts of NLP™:

1. Behavioral integration of the basic presuppositions of NLP™:

*The ability to change the process by which we experience reality is more often valuable than changing the content of our experience of reality.*

*The meaning of your communication is the response you get.*

*All distinctions human beings are able to make concerning our environment and our behavior can be usefully represented through the visual, auditory, kinesthetic, olfactory, and gustatory senses.*

*The resources an individual needs to effect a change are already within them.*

*The map is not the territory.*

*The positive worth of the individual is held constant, while the value and appropriateness of the internal and/or external behavior is questioned.*

*There is a positive intention motivating every behavior; and a context in which every behavior has value.*

*Feedback vs. Failure - All results and behaviors are achievements, whether they are desired results for a given task/context or not.*

2. Rapport Establishment & Maintenance
3. Verbal & Nonverbal Pacing & Leading
4. Verbal and Nonverbal Elicitation of Responses
5. Calibrating through Sensory Experience
6. Representational Systems (Sensory Predicates and Accessing Cues)
7. Milton Model, Meta Model
8. Elicitation of Well-Formed Goals, Direction, and Present State
9. Overlapping and Translating Representational Systems
10. Eliciting, Installing & Utilizing Anchors in all sensory systems
11. Ability To Shift Consciousness
12. Submodalities (utilizing including Timelines, Belief Change, Swish Patterns, etc.)
13. Omni Directional Chunking
14. Accessing and Building Resources
15. Content & Context Reframing
16. Creating & Utilizing Metaphors
17. Strategy Detection, Elicitation, Utilization, And Installation
18. Demonstration of Flexibility of Behavior and Attitude

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