

Please complete this pre-course questionnaire to help you focus on your individual needs and goals:

MY PERSONAL and, where applicable, PROFESSIONAL GOALS FOR THIS COURSE:

Communication & Influencing Skills: Which/Where/When

I would like, and am committed, to improve/enhance my skills in the following specific areas:

Who:

The people with whom I'd particularly like to improve my communication & influence positively:

Problem Areas/Challenges:

Areas/situations in my life that currently present the greatest difficulty/challenge for me are:

My Strengths:

The strengths, abilities & resources that I already have & bring to this course are:

My Limiting Beliefs:

The beliefs about myself/life that I have that hold me back from fulfilling my highest potential are:

My Expectations:

What I'm expecting to get from this course:

Meeting/Exceeding Expectations: My Highest Thought for the Outcome of this Course:

This course would be *really* worth my investment of time & money, & exceed my expectations if: