

Arborvitae Joint Health®: Supporting the management of mild arthritis

Almost 3.6 million Australians are currently living with some form of arthritis¹.

Those who suffer from mild arthritis of the knee often experience²:



Pain



Reduced mobility



Joint stiffness and swelling



A new study has found that Arborvitae® can be effective in the supplementary management of mild osteoarthritis of the knee⁴

The study showed that, after three months, participants using Arborvitae Joint Health® had a*:



50% INCREASE
in walking distance without pain (+100m)



50% IMPROVEMENT
in quality of life scores



66% DECREASE
in pain test scores



56% DECREASE
in inflammation in blood tests (CRP)



78% REDUCTION
in their use of rescue medications

Arborvitae Joint Health® is a unique formula developed to support:

- ✓ Reduction of inflammation
- ✓ Pain relief related to conditions like mild arthritis of the knee
- ✓ Joint health



Arborvitae Joint Health® contains natural plant extracts of:

French Maritime Pine Bark extract (Pycnogenol)



Aloe Vera



Enzyme Papain (from Papaya)



Honey



Pycnogenol, the key active ingredient, has been clinically proven to be effective in 400+ studies internationally.⁵

1. Australian Institute of Health and Welfare 2019, Arthritis. Available at: <https://www.aihw.gov.au/reports/chronic-musculoskeletal-conditions/arthritis/contents/arthritis> (Accessed July 2020).
 2. Arthritis Australia, Understanding Arthritis. Available at: <https://arthritisaustralia.com.au/what-is-arthritis/understanding-arthritis/> (Accessed August 2020).
 3. Ackerman IN, Bohensky MA, Pratt C, Gorelik A, Liew D. 2016. Counting the Cost: the current and future burden of arthritis. Part 1 Healthcare Costs. Arthritis Australia 2016. 3: Australian Institute of Health and Welfare 2009. Chronic disease and participation in work Cat. No. PHE 109. Canberra: AIHW. 4: Refer Arthritis Australia's website / Reports: Painful realities – The economic impact of arthritis in Australia, 2007 (Report by Access Economics Pty Ltd for Arthritis Australia, 31 July 2007). (Accessed August 2020).
 4. Hu Shuh Belcaro Gianni Hosoi Morio et al. September 2020, An open, supplement, registry study: Arborvitae® for relief of arthrosis-related pain during exercise. Journal on Orthopedics and Traumatology vol 71, no. 3, pp. 117-123.
 5. Refer to www.pycnogenol.com for further information.
 *When supplementing the standard treatment

This medicine may not be right for you. Read the label before purchase. Follow the directions for use. If symptoms persist talk to your health professional.

The Arborvitae range is available for purchase online or in over 700 chemists and health food stores Australia wide.

Visit the website to find your nearest stockist or call 1300 879 863.

arborvitae.com.au