

RUN UP ▶ SHORT

RUN UP Short are the specific socks for long-term activities such as running and trekking, trail and ultra trail. It is a device that provides meliorative support to all the Biomechanical functions related to the foot in particular the plantar vault in the forefoot and in the part of the heel offering protection against injuries and wear, speed of recovery, increased performances and environmental protection.

SIZES
XS, S, M, L, XL

COLORS
yellow, black, white, fucsia, turquoise



PRINT SYSTEM
GRIP



SPEED BOOSTER
SYSTEM



PLANTAR
COMPRESSION



METATARSAL
SUPPORT



1. + STABILITY

The anti-slip print is specifically designed to increase adherence to the shoe, without making the foot move inside it, thus reducing the risk of sprains and increasing proprioception.

2. + PERFORMANCE

The thickness applications distributed on the sole of the foot reproduce the breech propeller, thus helping the physiological movement of the foot while running and enhancing performance.

3. + COMPRESSION

The band on the sole of the foot acts with a localized compression on the Lejars insole and enhances venous return, so as to increase muscle power and reduce fatigue.

4. + SUPPORT

The lateral screen print is designed to support the fifth metatarsal, the most sensitive bone of the foot to mechanical stress. Therefore, posture is improved while running.

IT IMPROVES PERFORMANCE,
PROTECTS AGAINST INJURIES,
SPEEDS UP RECOVERY



TAPE APPLICATION
SYSTEM



EXTERNAL
SEAMS



AERATION
AREA



ECOLOGICAL
YARNS



**5. + REINFORCEMENT
- PERSPIRATION**

The Tape System acts as a second tendon, reducing vibration and preserving the Achilles tendon from any possible microtrauma and inflammation. Its thickness protects the heel during the impact with the ground, while the micro-holes help expel perspiration.

6. + COMFORT - BLISTERS

The applications are fixed externally without the use of yarns inside the sock. This leads to a consequent reduction of blisters and an increase in comfort.

7. + LIGHTNESS

The light fabric with breathable side bands allows the foot and leg to breathe, helps expel perspiration, and also provides a great sense of lightness and transpiration of the skin.

8. + GREEN

Our yarn comes from plastic bottle recycling, so we can contribute to the development of circular economy, environmental protection and an eco-sustainable vision of the future.