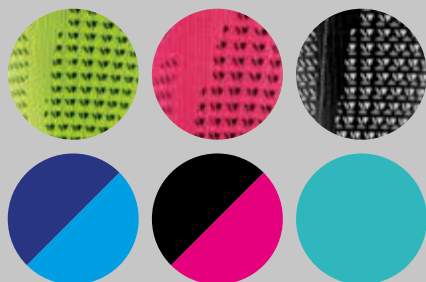


# RUN UP ▶ LONG

RUN UP is the sock specifically created for long-lasting activities developed by FLOKY to provide improved support in all biomechanical functions related to the feet and legs while protecting against injuries and wear, speeding up recovery, increasing performances and protecting the environment.

**SIZES**  
XS, S, M, L, XL

**COLORS**  
black, yellow, fucsia, blue/light blue, black/fucsia, turquoise



PRINT SYSTEM GRIP



**1. + STABILITY**

The anti-slip print is specifically designed to increase adherence to the shoe, preventing the foot from moving inside, reducing the risk of sprains and increasing proprioception.

SPEED BOOSTER SYSTEM



**2. + PERFORMANCE**

The thicknesses distributed on the sole of the foot reproduce the podalic helix (between the rear and forefoot) thus favouring foot movement while running, improving performances.

PLANTAR COMPRESSION



**3. + COMPRESSION**

The band on the sole of the foot acts with localized compression on the Lejars sole, favouring venous return, able to increase muscle power and reduce fatigue.

METATARSAL SUPPORT



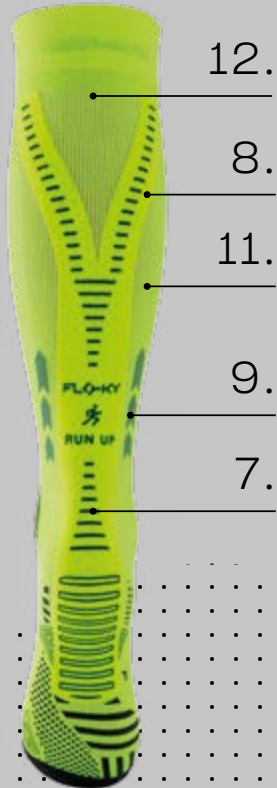
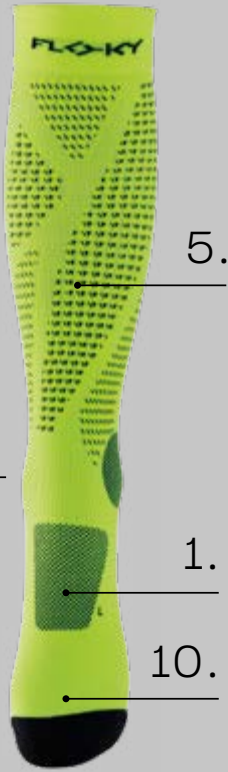
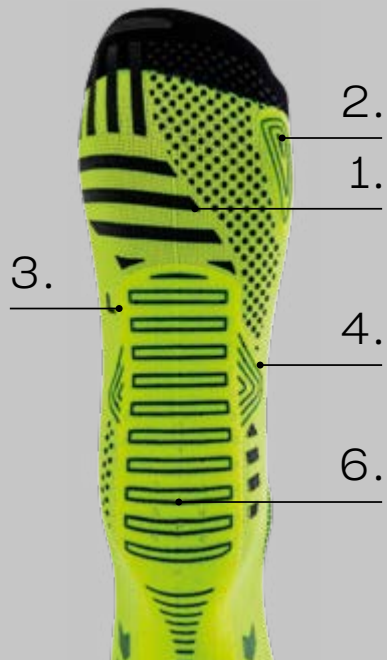
**4. + SUPPORT**

Lateral screen-printing applications are designed to support the fifth metatarsal bone, the foot bone most sensitive to mechanical stress, improving posture during running.

IT IMPROVES PERFORMANCE, PROTECTS AGAINST INJURIES, SPEEDS UP RECOVERY



IT IMPROVES  
PERFORMANCE,  
PROTECTS  
AGAINST  
INJURIES,  
SPEEDS UP  
RECOVERY



TIBIAL  
STRUCTURE



**5. + PROTECTION**

The structure of the sock on the tibial part with the mechanical elastic effect print to reduce vibrations allows to stabilize and protect the tibial / peronal area.

TAPE APPLICATION  
SYSTEM



**6. + REINFORCEMENT**

The Tape System acts as a second tendon, reducing vibration and protecting the Achilles tendon against microtraumas and inflammation. Its thickness protects the heel during impact with the terrain, while micro-holes help to expel perspiration.

TAPE APPLICATION  
SYSTEM



**7. + BOOST**

The specific construction of the heelless sock, combined with the Tape System, facilitates the return of the foot to the extended position during motion, favouring transfer, cushioning impact with the terrain and ensuring a feeling of being boosted.

TAPE APPLICATION  
SYSTEM



**8. + OXYGENATION**

The calf muscle compression given by the Tape System increases the squeezing, promoting oxygenation of the internal tissues and speeding up recovery.

REFLECTIVE  
ARROWS



**9. + SAFETY**

The application of reflective arrows represents not only a stylistic element, but one designed to increase visibility during physical activity in the dark or in shaded → areas.

EXTERNAL  
SEAMS



**10. + COMFORT**

The applications are applied externally without using internal fibres thereby reducing the possibility of blisters and increasing comfort.

AERATION  
AREA



**11. + LIGHTNESS**

The lightweight fabric with breathable side bands allows the foot and leg to breathe, helping expel perspiration, as well as providing an exceptional sense of lightness and skin transpiration.

ECOLOGICAL  
YARNS



**12. + GREEN**

The yarn used is derived from recycled plastic bottles, contributing to the circular economy, environmental protection and to an eco-sustainable vision of the future.