Get started with myAbilia and MEMOplanner

Generation 4





Get started with myAbilia – step by step



This quick guide describes how you, who have received a MEMOplanner can get started with myAbilia.

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- 2. Log in to myAbilia
- 3. Overview
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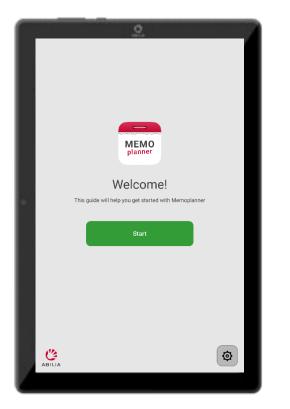
You need a user account in myAbilia, which can be created either in myAbilia or in MEMOplanner.



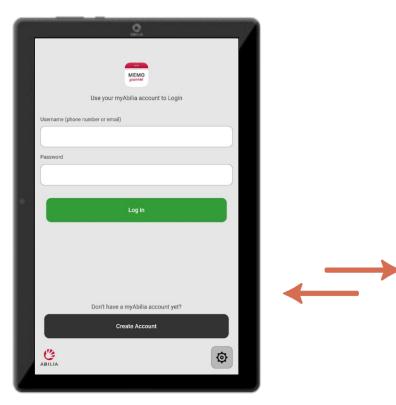
MEMOplanner Medium/Large

1. Log in to MEMOplanner





1. Follow the instructions in the guide that is shown when MEMOplanner is started for the first time.



2. Enter your log in details, or create a new myAbilia User account. *Internet connection is required.*

Decide whether a starter set with images, templates etc. should be installed. 3. Synchronisation with myAbilia takes place in the background.

my **ABILIA**

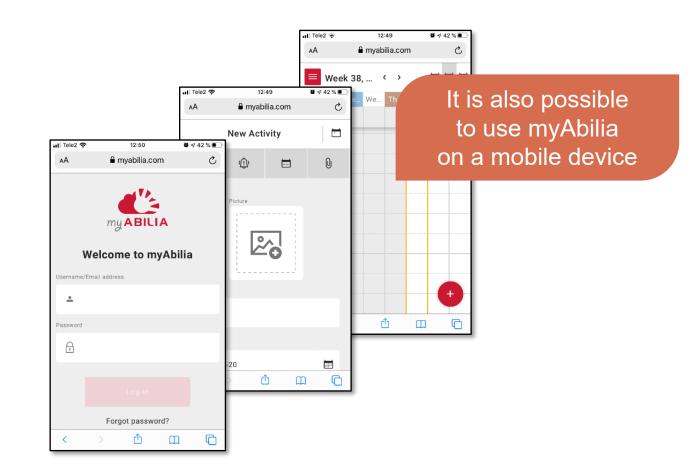
Synchronisation with myAbilia

2. Log in to myAbilia





www.myabilia.com



3. Overview – Calendar view



manage your calendar

- 1 Calendar view Menu with
 - ► Templates
 - ► Image Archive
- 2 Open Account settings To get information about your account, invite support persons etc.
- 3 Add a new activity

4 Change calendar view, day, week, or month

5 Browse forward and backward in the calendar

6 Actions to

print page

► open vacation manager

Demo User English	3	• New 👻		4 <	Week 41 >	5		6 Actions
≡ (2)©	24h	Monday 10	Tuesday 11	Wednesday 12	Thursday 13	Friday 14	Saturday 15	Sunday 16
Calendar	6am							
Basic Activities	7am							
Basic Timers								
Checklist	8am							
Image Archive	9am							
Notes								
Voice Note	10am							
	11am							
						-	w where y	

3. Overview – Account setting



1	Account settings view				
	with the tabs				

- ► My information
- Modules
- Licenses
- 2 Click to open Calendar view
- 3 My profile Information about your account.
- 4 Calendar subscription Create a link to your myAbilia calendar that can be used in other calendar programs, such as Google Calendar.
- 5
- Support person Manage support persons, i.e. persons that should be able to update your calendar.
- 6
 - Administrators

Manage administrators, i.e. persons that should be able to manage your account information without having access to your personal information.

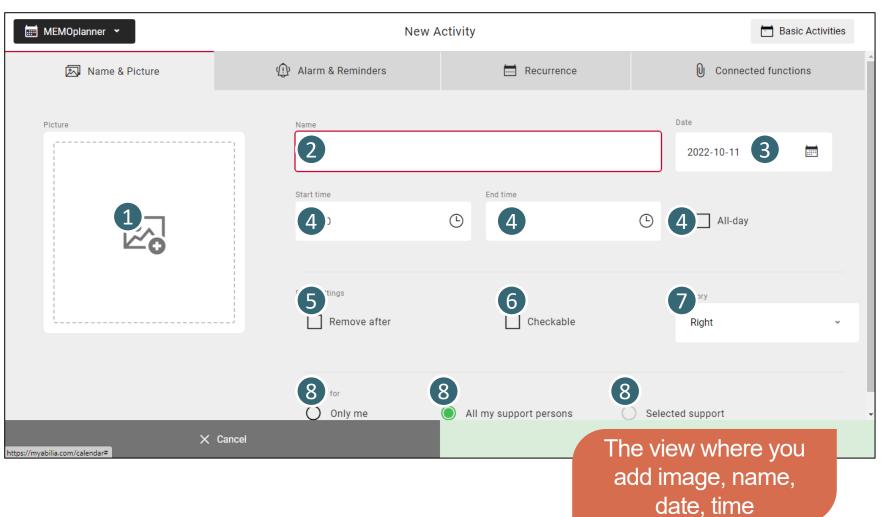
D Demo Us	Demo User English					
2≡ *	▲ My information					
3 My Profile	Name					
🗘 What's New	Demo User English					
4 Calendar subscription	Username/Email address					
5 Support persons	cilla.wredmark@combitech.com					
6 Administrators	Language					
() Log out	English					
	Change password					
«						
Ň	The view where you					
on	manage your account					

4. Add activity – Name & Picture tab



1 Click to select *picture* from Image Archive.

- 2 Enter name in *Name* field.
- 3 Select Date.
- 4 Select Start time and End time or All-day.
- 5 Select whether the activity should be *deleted the day after* it occurs.
- 6 Select if the activity should be *checkable*.
- 7 Select how the activity should be *categorised* (left/right).
- 8 Select if the activity should be private, i.e. *Only me*, or available for *All* or *Selected Support persons*.



4. Add activity – Alarm & Reminders tab



1 Select *type* of alarm.

- 2 Select one or several *reminders*, i.e. if ant heads-up should sound before the activity starts.
- 3 Select if the alarm should be complemented with *speech*.
 - Check Speech at start time and/or Speech at end time and a recording button is displayed.
 - Click *Start Recording* to record a spoken message.

To record speech, myAbilia must have access to the microphone, click *Allow* in the box that appears.

📰 MEMOplanner 👻	New A	ctivity	🛅 Basic Activities		
🔊 Name & Picture	(ع) Alarm & Reminders	Recurrence	Connected functions		
Alarm Alarm + vibration	2 Reminder	3	Speech		
Only alarm	5 minutes		Speech at start time		
O Only vibration	15 minutes		Speech at end time		
 Silent alarm No alarm 	30 minutes		Speech Speech at start time		
Alarm only at start time	1 hour		Speech at end time coco Start Recording		
https://myabilia.com/calendar≠	Cancel		ne view where you select alarm and reminder		

4. Add activity – Recurrence tab



- 1 Click to open dropdown to select *how often* the activity should recur.
- 2 Select Once if the activity should not recur.
- 3 Select *Weekly* if the activity should recur every week. You can select more than one day.
- 4 Select *Monthly* if the activity should recur every month. Select dates in the calendar.

If *No end date* is disabled, an end date must be specified.

5 Select *Yearly* if the activity should recur on the same day every year.

MEMOplan	ner 👻	New Ac	Basic Activities		
1 🔍	Name & Picture	(عَلَى Alarm & Reminders	Recurrence	Connected functions	
Start time 07:00	End time	Recurrence Once 2 1 2 1 2 1 2 1 2 1 1 2 1 1 2 1 1 2 1 1 1 2 1 1 1 1 1 <th>Television Monthly 12 23</th> <th>y 3 C Every other week</th>	Television Monthly 12 23	y 3 C Every other week	
4	X	Cancel			
			cho	e view where you bose if the activity ould be recurring	

4. Add activity – Connected function tab



1 Click to open the dropdown to select an extra function. Select either *Checklist* or *Note.*

2 Select either *Checklist* or *Note*.

3 Checklist

Click Select from Library to use a template or enter a name and click + Add to create a new task

4 Note

Click Select from Library to use a template or type something in the note field to create a new note.

You can connect either a checklist or a note to an activity, not both of them.

'n	📰 MEMOplanner 👻	New Ad	ctivity	Basic Activities
	🔊 Name & Picture	رِيَا) Alarm & Reminders	Recurrence	Connected functions
	Info type		Into type Checklist	Task <u>name</u> + Add
	- None - 1		You can only have one Info type for your activity.	
,	(i) - None -			You have not added any tasks yet
ısk.	✓ Checklist			
51.	✓ Note		Note - Type someth	ing
/ Ə			Select from Library	
bld				
	×	Cancel	The	e view where you
I				add a checklist or a note

5. Basic activity – Add a new

🔜 Calendar

Basic Activities

Demo User English

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• New • 1

Wake up



Select all

Charge H...

Q

R,

Shopping

101

Lunch

1↓ Sort

Basic Activities are *predefined activities* in order to make it easier to add activities.

You find the Library with basic Activities on the Main Menu page when the calendar view is open.



Basic Activities

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Go to the ...

(2)

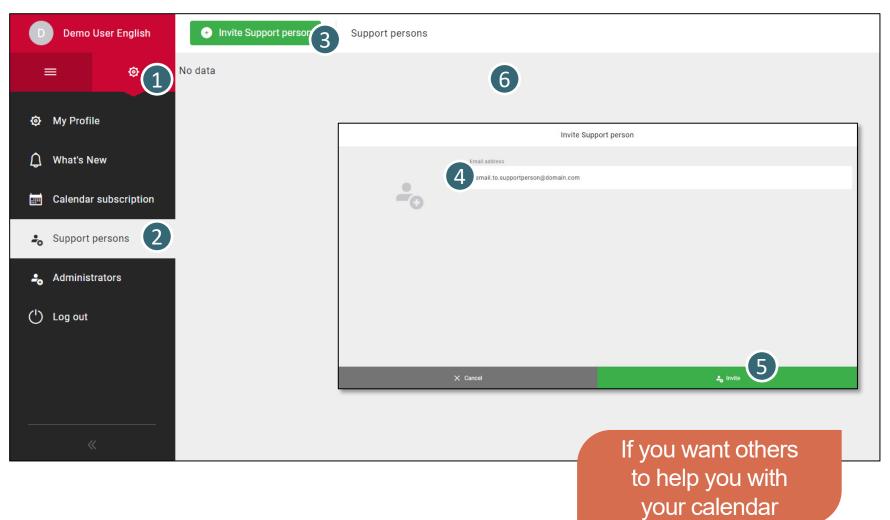
Tea break

Shower

6. Invite support person – Send a invitation mail

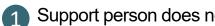


- ① Open the *Account settings* tab.
- 2 Click Support persons.
- 3 Click the green button *Invite Support person*.
- 4 Enter the email address of the Support person you want to invite.
- 5 Click on *Invite* for an invitation email to be sent.
- 6 Once the invited Support person has confirmed the invitation, the persons name will be listed here.



6. Invite support person – Invitation mail sent



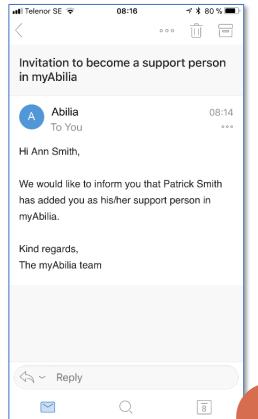


Support person does not have an account in myAbilia.

📶 Telenor SE 🗢	08:19	000	≉ * 8 ⊡		•	C tł
Invitation to b in myAbilia	ecome a s	uppor	t pers	on		tł
A Abilia To You				08:18	•	T fo
Hi,						0
Patrick Smith wants you to become his/her support person in myAbilia.						C
This means that you get access to his/her calendar and can add activities etc.						а
To activate your r on the link below		× 1		lick		
https://myabilia.c						
Cha ~ Reply						
	Q		8]		

- Click on the link in he mail to activate the account.
- The Activation page or myAbilia will be pened.
- Choose a password and click Save.

Support person has already an account in myAbilia.



- The person will receive an email from myAbilia, as information.
- Nothing needs to be done.

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Mail sent to invited
 support person
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An aid for security and independence

Read more at <u>www.abilia.com</u> or scan the QR code with your mobile phone camera to find the latest manuals



