

Please note sizing data is provided by Dance Paws and should be used as a guide only.

**Dance Paws Sizing**

Finding the perfect fit requires factoring in the width and thickness of the foot, the instep, and the dancer’s personal preference of fit. On first fit, Dance Paws® should feel tight. They will stretch to their final fit in four to six hours of wear. The charts below will give a snug fit after stretching.

**Fitting**



Stand with your full weight on a piece of paper and draw lines at the widest part of your foot, as shown here. Find your size in the first table below.

Consider the thickness of your foot. If you have thick feet and are close to the next size, order one size larger. Young children may be more comfortable in one size larger.

	Inches	Millimeters
XX-Small	2 5/8 - 2 7/8	66 - 74 mm
X-Small	2 7/8 - 3 1/4	74 - 82 mm
Small	3 1/4 - 3 1/2	82 - 90 mm
Medium	3 1/2 - 3 7/8	90 - 98 mm
Large	3 7/8 - 4 1/4	98 - 106 mm
X-Large	4 1/4 - 4 1/2	106 - 114 mm
XX-Large	4 1/2 - 4 7/8	114 - 122 mm
3X-Large	4 7/8 - 5 1/4	122 - 132 mm

Maybe you're giving a surprise gift? If you cannot measure, here are some approximate shoe sizes. Please note that this does not take into account the width of the foot, which is the most important factor!

U.S. Women's Size	11 - 13	3 - 4.5	5 - 6.5	7 - 8	8.5 - 9.5	10 - 11	11.5 - 13	13.5 - 15
Dance Paws Size	XXS	XS	S	M	L	XL	XXL	3XL

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