

Quick Reference Guide

Protocols & Therapies



Drainage Therapy

(Therapy duration is 2 month minimum)

• LIVER DRAINAGE

Without Constipation	——	Hepatica No. 4
With Constipation	——	Cholenest No. 14
High Cholesterol	——	add Artichoke No. 24 to above

• KIDNEY DRAINAGE

Acute urinary tract symptoms (cystitis, urethritis)	——	Solidago No. 5
Chronic kidney disorders	——	Bucco No. 25; Horsetail Tea
Prostate	——	Sabal Serrulatum No. 15
Diuretic/Kidney Stones	——	Sambong, Solidago No. 5

Horsetail Tea is an excellent adjunct to all above.

• HEAVY METAL DETOX

Kidney	——	Wild Bear Garlic Capsules, 1 cap 3 x daily
Tissue	——	Nepro-Rella, 8 to 15 tabs 3 x daily
After three weeks, add: Cilantro, 1 to 2 tabs 3 x daily		

Include kidney drainage remedies during Heavy Metal Detox.

Children receive ½ or less.

You may also refer to: *“Drainage Therapy Reference Guide, Vol. I”*

Contact Dr. Marx
at 1-800-999-3001, Ext. 101— for more information.

Acid Reflux Protocol

Effective alternative to Acid Blockers

Absinthium No. 17 Take 30 to 40 drops three times daily before meals in 2 oz. tepid water.
Can be repeated several times during the day as needed.
If Absinthium causes a burning sensation in the stomach, it's due to acute irritation/inflammation of the gastric lining. In these cases, it is suggested to use Absinthium in warm water.

Luvos Capsules If bloating occurs after meals, take 3 to 4 Luvos capsules with water.
Frangula No. 27 for abdominal bloating should also be considered.

Marcozymes One to two hours after meals, take 2 to 5 tablets.

After 3 p.m., avoid protein in the diet.

(meats, fish, nuts, beans, tofu, hard cheeses)

You may also refer to: *“Drainage Therapy Reference Guide, Vol. I”*

*For further information, contact Sandra Stewart
at 800-999-3001 Ext. 111*

Organs / Conditions / Remedies

CATEGORY	MAIN REMEDIES	ACCOMPANYING REMEDIES
Abdominal	Absinthium, Peppermint Oil, Frangula, Ba-Co-Flor, Colostrum, Intesta - Cleanse, Bismuth Somaplex , Magnesium Somaplex	Marcozyme, Nepro-Rella, SeaCure, Copper-Gold-Silver
Abscess	Luvos Powder (as a compress)	Lappa or Lymphonest
Acid Reflux	Absinthium, Luvos, Marcozyme	Nema Base, Frangula
Acne	Luvos Powder (topically), Marco Derm	Hepatica or Cholenest, Insta - Cleanse, Lappa, Lymphonest, Sulfur Somaplex
Adiposis	Metapan, Hepatica or Cholenest, Intesta - Cleanse, Artichoke, Folidreen	Lycopus, Marcozyme, Chromium Somaplex , Multi-21 Somaplex
Adrenal Weakness	Enerdreen, Folidreen, La Buena, Cerebro Calm, Lithium, Cerbro PTC, Copper-Gold-Silver Somaplex	Bucco, Manganese-Copper-Cobalt Somaplex , Iodine Somaplex , Multi-21 Somaplex
A.D.D./ A.D.H.D.	Lithium, Cerebro Calm, Avena Sativa, Cerebro PTC, Intesta - Zyme, La Buena	Iodine Somaplex, Zinc-Copper Somaplex, Manganese Somaplex, Folidreen
Allergies	Allernest, Nema Base, Folidreen, Manganese	Marcozyme, Hydrastis, Luffa, Nepro-Rella,
Alzheimer's Disease	Cerebro PTC and Lithium	See Heavy Metal Detox, Volume I, page 153
Anal Eczema	Marco Derm, Luvos Powder (topically)	Ba-Co-Flor, Nepro-Rella, Colostrum, Para-A, Intesta - Cleanse
Anemia	Malungay, Cerebro PTC, Absinthium, Scolopendrium, Folidreen, Colostrum, Nepro-Rella, MarcoMag	Manganese-Copper-Cobalt Somaplex 17, Multi-21 Somaplex
Aneurysm	Trillium, Aesculus, Folidreen	
Angina Pectoris	Cactus or Crataegus, Marco Mag, Peppermint Oil	Marcozyme, Folidreen
Arrhythmia	Accelerin, Cactus, Crataegus, Nema Base, Marco Mag	Magnesium Somaplex, Potassium Somaplex
Arteriosclerosis	Viscum, Marcozyme, Cerebro PTC, Lithium, Accelerin	Aesculus, Folidreen, Bucco, Sambong
Arthritis	Polygonum, Nema Base, Marcozyme, MarcoSport Creams	Aesculus, Solidago, Nepro-Rella, Selenium
Asthma	Peppermint Oil	Avena Sativa, Ba-Co-Flor, Multi-21 Somaplex, Manganese Somaplex
Autism	Cerebro PTC, Folidreen, Cerebro Calm, La Buena, Intesta - Zyme, Avena Sativa	Kiddi-Flora, Colostrum, Multi-21 Somaplex
Bladder	Solidago, Horsetail Tea, Marcozyme	Sabal Serrulatum, Bucco, Sulfur, Ba-Co-Flor
Bleeding	Trillium, Malungay, Cobalt Somaplex	Luvos Powder (external)
Blepharitis	Horsetail Tea (as a cool eyewash)	Lymphonest, Lappa, AB, Marcozyme
Bloating	Frangula, Luvos, Intesta - Cleanse, Colostrum	Ba-Co-Flor, Marcozyme
Brain	Cerebro PTC, Lithium, Viscum	Zinc-Nickel-Cobalt, Zinc-Copper Somaplex
Bronchial	Pulmonest, Peppermint, AB or ABB, MycoSurge, Marcozyme	Crataegus, Cactus, Marcozyme, Ba-Co-Flor, Copper-Gold-Silver Somaplex

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CATEGORY	MAIN REMEDIES	ACCOMPANYING REMEDIES
Burns	Luvos Powder (as a compress), Peppermint Oil (external), Marco Derm	ABB, Marcozyme
Bursitis	Polygonum, AB, Marcozyme, Nema Base	MarcoSport, Blue, Green, Red, Peppermint Oil
Cancer Support	MycoSurge, Marcozyme, Lymphonest, Colostrum, Malungay <i>See liver/kidney detox in Mirror of Nature.</i>	Seacure, Ba-Co-Flor, Nema Base, Folidreen, Selenium, Multi-21 Somaplex
Candidiasis	Ba-Co-Flor, Kiddi-Flora, Nema Base, Insesta•Cleanse, Metapan, Colostrom, Scolopendrium	Absinthium, Nepro-Rella, MycoSurge, Folidreen, Copper-Gold-Silver
Cardio-vascular	Cactus, Aesculus, Crataegus, Viscum, Folidreen	Accelerin, Marco Mag, Nema Base, Iodine, (Magnesium, Potassium Somaplex)
Carpal Tunnel	See Epicondylitis	
Chelation	Viscum, Marcozyme, Nepro-Rella, Wild Bear Garlic, Cilantro, Aesculus	Bucco, Folidreen, Cactus, Crataegus, Zinc-Copper Somaplex
Cholesterol	Artichoke, Hepatica or Cholenest, Folidreen	Ba-Co-Flor, Marcozyme, Intesta - Cleanse
Chronic Fatigue Syndrome	Cerebro PTC, Folidreen, Lithium, Crataegus, Enerdreen, Pandan or Serenoa	Malungay, Manganese-Copper-Cobalt, Multi-21, Chromium, Bucco, Seacure, Colostrum
Circulation	Aesculus	Cactus or Crataegus, Cerebro PTC
Colds / Flu	ABB (with fever), AB (without fever), Peppermint, Marcozyme, Hydrastis, Lymphonest, MycoSurge	Echinacea, Malungay
Colic	Absinthium, Peppermint Oil, Luvos	Frangula
Colitis	Luvos, Ba-Co-Flor	Colostrum, Seacure, Absinthium
Conjunctivitis	Horsetail Tea (as a cool eye wash), AB1, Lymphonest, Marcozyme	
Condyloma	Thuja (external), MycoSurge, Lymphonest, Colostrom, Copper-Gold-Silver Somaplex	Bucco, Marcozyme
Constipation	Intesta - Cleanse, Cholenest, Artichoke, Marcozyme, Intesta - Zyme, Absinthium, Frangula	SeaCure, Colostrum, Folidreen, Ba-Co-Flor
Convulsions	See Seizures	
Coughs	Pulmonest, Peppermint Oil	Avena Sativa, Crataegus, Cactus
Cramps/ Spasm	Marco Mag, Nema Base	
Cystitis	Soldago, Horsetail Tea	AB, Marcozyme, Ba-Co-Flor
Depression	Lithium, Cerebro PTC, Hepatica or Cholenest, Enerdreen, Intesta - Cleanse, Folidreen, Avena Sativa, Crataegus, Manganese-Cobalt Somaplex 15	Folidreen Female: Female Tonic (See Liver on following page)
Dermatitis	Marco Derm Thuja mixed with Luvos (apply to affected area),	AB, Lymphonest, Sulfur Somaplex 13, Marcozyme
Diabetes	DBS, Rubus, Chromium, Hepatica, Nema Base	Marcozyme, Metapan
Diarrhea	Luvos, Ba-Co-Flor, Nepro-Rella	Metapan, Multi-21, Seacure

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CATEGORY	MAIN REMEDIES	ACCOMPANYING REMEDIES
Duodenitis	See Ulcers	
Dysbiosis	Ba-Co-Flor, Frangula, Intesta - Cleanse, Luvos, Intesta - Zyme, Colostrum, Absinthium, Metapan, Nema Base, Seacure, Nepro-Rella	Check for parasites and food sensitivities, such as gluten intolerance
Dysmenorrhea	Sambong, Malungay	La Buena, Cerebro Calm, Avena Sativa, Marco Mag, Female Tonic
Dyspepsia	Absinthium, Nema Base, Luvos, Colostrum, Bismuth Somaplex	Marcozyme
Ear	ABC	Echinacea, Lymphonest, Marcozyme
Eczema	Marco Derm, Thuja (external), Luvos Powder (external)	Hepatica, Horsetail Tea
Edema	Sambong, Solidago, Marcozyme	Horsetail Tea, Manganese Somaplex
Endocrine	Folidreen, Enerdreen, Cerebro PTC, Female Tonic, Sabal Serrulatum, MycoSurge, Cerebro Calm	Zinc-Nickel-Cobalt, Zinc-Copper, Copper-Gold-Silver
Energy	Enerdreen, Cerebro PTC, Folidreen, Lithium	Malungay, Metapan, Accelerin, Manganese-Cobalt Somaplex
Epicondylitis	Peppermint Oil (external) Marcozyme, Nema Base	MarcoSport Blue
Fainting/ Dizziness	Peppermint Oil, Cactus or Crataegus, Cerebro PTC	
Fatigue	See Chronic Fatigue Syndrome	
Fever	ABB	Lymphonest, Echinacea, Marcozyme
Fibromyalgia	Nema Base, Nepro-Rella, Marco Mag	MarcoSport Green
Flu / Fever	See Colds & Flu	
Fungus	Ba-Co-Flor, Nema Base	Thuja (external)
Gallstones	Cholenest, Artichoke, Hepatica, Para-A, Intesta - Cleanse	Magnesium Somaplex
Gastritis, Gastroenteritis	Absinthium, Luvos, Ba-Co-Flor, Metapan Colostrum	Avena Sativa, Bismuth Somaplex
GI Tract	Ba-Co-Flor, Frangula, Luvos, SeaCure, Intesta•Cleanse	Colostrum, Nepro-Rella, Absinthium, Lappa, Multi-21
Gingivitis	Folidreen applied to the gums, floss with Peppermint Oil	Nema Base, Kiddi-Flora
Gout	Polygonum, Solidago, Sambong, Nema Base, Marcozyme,	Horsetail Tea
Hay Fever	Hydrastis Nasal Spray, Allernest, Luffa, Cholenest, Intesta - Cleanse, Colostrum, Para-A	Horsetail Tea, Marcozyme, Peppermint Oil
Headache	Cholenest, Cerebro PTC, Intesta•Cleanse	Manganese Somaplex, Cerebro Calm, Nema Base, Marcozyme
Heart	Cactus, Crataegus, Pulmonest, Peppermint Oil, Marco Mag or Accelerin, Folidreen,	Marcozyme, Cerebro PTC, Avena Sativa, Cerebro Calm
Heartburn/ Hiatus Hernia	Absinthium, Luvos	Marcozyme, Nema Base, Bismuth Somaplex, Ba-Co-Flor

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CATEGORY	MAIN REMEDIES	ACCOMPANYING REMEDIES
Heavy Metal See Volume I	Nepro-Rella, Wild Bear Garlic, Cilantro	Bucco, Solidago, Selenium
Hemorrhoids	Cholenest, Hepatica, Artichoke, Trillium, Aesculus, Marco Derm	Marcozyme, Colostrum, Malungay
Hepatitis		Hepatica, Cholenest, Artichoke, Folidreen, ABB
Hypertension	Card-Vasc, Sambong, Viscum, Wild Bear Garlic, Cerebro PTC, Marcozyme, Accelerin, Cactus, Crataegus, Cerebro Calm	DBS, Avena Sativa, Folidreen, Magnesium Somaplex, Potassium Somaplex
Hypotension	Cactus or Crataegus, Malungay, Folidreen	Aesculus, Peppermint Oil, Cerebro PTC
Immune System	MycoSurge, Lymphonest, Scolopendrium, Malungay, Colostrum, Echinacea, Lappa, Seacure, Marcozyme, Selenium Somaplex	Include Liver & Kidney Therapy
Indigestion	See Acid Reflux	
Infection/ Influenza	ABB, Marcozyme, Para-A	Echinacea, Lymphonest, Colostrum, Hydrastis Nasal Spray, Pulmonest, Peppermint Oil, Copper-Gold-Silver Somaplex
Inflammation	AB, Marcozyme, NemaBase	Echinacea, Lymphonest, Colostrum, Luvos Powder, MarcoSport Blue & Green
Insect Bites/ Stings	NemaBase, Allernest, ABB, Marcozyme	External: Peppermint Oil, MarcoSport Blue, Luvos Powder, Marco Derm
Insomnia	Avena Sativa, Cerebro-Calm, Crataegus, Cactus, Pulmonest, Folidreen	
Irritable Bowel Syndrome	Luvos, Ba-Co-Flor	Intesta - Zyme, SeaCure, Frangula 27, Absinthium 17, Colostrum, Cerebro Calm, Copper Gold Silver 18, Multi-21 Somaplex
Itching	See Articles listed in "Conditions & Remedies," Vol. I	
Kidney	Bucco, Solidago, Sambong, Horsetail Tea	Wild Bear Garlic, Multi-21
Kidney Infections	Solidago, Marcozyme, Horsetail Tea	See Kidney Drainage, Volume I
Kidney Stones	Sambong, Solidago	Horsetail Tea
Laryngitis	Marcozyme, Kiddi-Flora, MycoSurge, Echinacea, Peppermint Oil, AB1 or ABB	Malungay
Libido	Male: Pandan, Sabal Serrulatum Female: Serenoa, Female Tonic	Aesculus, Avena Sativa, Crataegus, Folidreen, Aesculus, Accelerin, Enerdreen
Liver	Hepatica or Cholenest, Artichoke	Intesta - Cleanse, Folidreen, Metapan
Low Back Pain	AB, Marcozyme, Sambong, Solidago, Bucco	MarcoSport Cream Green & Red
Lung	Pulmonest, Peppermint Oil	Cactus, Crataegus, Ba-Co-Flor, Bucco
Lymphatic	Lymphonest, Echinacea, Lappa, MycoSurge	Colostrum, AB or ABB, Marcozyme, Para-A, Manganese-Copper Somaplex
Mastitis	AB or ABB, Folidreen, Lymphonest, MycoSurege, Marcozyme, Colostrum	External: Luvos Powder, MarcoSport Blue, Marco Derm

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CATEGORY	MAIN REMEDIES	ACCOMPANYING REMEDIES
Menopause	Female Pro, La Buena, Cerebro Calm, Folidreen	Female Tonic, Avena Sativa, Crataegus, Enerdreen
Migraine	Cholenest, Cerebro PTC, Folidreen, AB, Hepatica, Artichoke	Marco Mag, Cobalt Somaplex, Metapan
Multiple Sclerosis	Cerebro PTC, Cerebro Calm, Folidreen, Colostrum, Ba-Co-Flor, Viscum	Multi-21 Somaplex See Metal Detox, Volume I
Musculo-skeletal	MarcoSport Creams (topically), Marcozyme, Polygonum, NemaBase	Solidago, Aesculus, Horsetail Tea, Manganese, Sulfur, Phosphorus
Nausea	Absinthium, Para-A, Frangula, Peppermint Oil	Luvos
Nephritis	Solidago, Marcozyme, Bucco	AB, ABB, Horsetail Tea
Nervous System	Avena Sativa, Cerebro Calm, La Buena, Lithium	Crataegus, Peppermint Oil, Cerebro PTC, Phosphorus Somaplex
Nose	Hydrastis Nasal Spray, Luffa, Ba-Co-Flor	Frangula, Para-A, Luvos
Obesity	Herbal Trim, Metapan, Marcozyme, Intesta - Cleanse, Folidreen, Lithium, Cerebro PTC	Absinthium, Artichoke, Hepatica or Cholenest, Chromium Somaplex, Lymphonest, Multi - 21
O. C. D.	Cerebro Calm, Avena Sativa	Also see A.D.D., Volume I
Osteoporosis	Horsetail Tea, NemaBase	Colostrum, Avena Sativa, Fluoride Somaplex, Molybdenum Somaplex, Phosphorus Somaplex
Pain	Marcozyme, AB, NemaBase	
Pancreas	DBS, Rubus, Chromium, Metapan, Hepatica	Marcozyme, Zinc-Nickel-Cobalt Somaplex, Multi-21
Parasites	Para-A, Para-L, Luvos, Ba-Co-Flor, Intesta - Cleanse, Frangula, Colostrum, Hepatica or Cholenest	Copper-Gold-Silver Somaplex, See Parasites, Volume I
pH Balance	NemaBase, Ba-Co-Flor	Horsetail Tea
P.M.S.	Female Pro, Folidreen, La Buena, Female Tonic, Lithium, Avena Sativa	Avena Sativa, Cerebro PTC, Cerebro Calm, Colostrum, Manganese-Cobalt Somaplex
Pneumonia	Pulmonest, Marcozyme, MycoSurge, ABB, Lymphonest, Peppermint Oil	Echinacea, Crataegus, Malungay
Prostate	Sabal Serrulatum, Solidago, Marcozyme, Horsetail Tea	Pandan, MycoSurge
Psoriasis	Marco Derm, Nepro-Rella, Solidago, Horsetail Tea, Bucco, Hepatica, Folidreen,	Avena Sativa, Lappa, Marcozyme, See Heavy Metal , Volume I
Rheumatoid Arthritis	Polygonum, Marcozyme, NemaBase, Allernest, Solidago or Bucco, Aesculus	External: Luvos Powder (as packs), MarcoSport Red, Blue, and Green (used accordingly)
Rhinitis	See Sinusitis	
Sea Sickness	Peppermint Oil, Absinthium, Avena Sativa	

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CATEGORY	MAIN REMEDIES	ACCOMPANYING REMEDIES
Seizures	Peppermint Oil, Cerebro Calm, Marco Mag, Cerebro PTC	Multi-21 Somaplex
Sepsis	Lappa, ABB, Nema Base	Lymphonest, Echinacea, Marcozyme, Intesta - Cleanse, Luvos
Sinus	Hydrastis, Cholenest, Ba-Co-Flor, Marcozyme, Intesta - Cleanse	Para-A, Para-L, Luvos
Sinusitis	Hydrastis Nasal Spray, Luffa, Marcozyme, Intesta - Cleanse	Allernest, Echinacea, Cholenest
Skin	Marco Derm, MarcoSport Creams, Sulfur, Intesta—Cleanse	Luvos (topically), Marcozyme, Allernest
Spleen	Scolopendrium, Metapan	Allernest, Absinthium, Hepatica, Multi-21
Sprain / Strain	AB, Marcozyme, Nema Base, Polygonum	MarcoSport Blue, MarcoSport Green
Stress	Avena Sativa, Cerebro Calm, La Buena, Lithium, Folidreen, Cerebro PTC, Enerdreen	Cactus or Crataegus, Accelerin or Marco Mag, Female Tonic, Multi-21
Tendonitis	Marcozyme, Nema Base, AB	External: Peppermint Oil with MarcoSport Blue or Green (mixed together)
Thyroid	Lycopus, Iodine Somaplex, Marco Mag, Multi-21 Somaplex	Cactus or Cartaegus, Avena Sativa, Female Tonic
Tonsillitis	Echinacea, Marcozyme, AB, Peppermint Oil	ABB, Lymphonest
Trauma	AB, Avena Sativa, Marcozyme, Peppermint Oil	Lithium, Cerebro Calm
Stomach	Luvos, Absinthium Somaplex, Bismuth Somaplex	Avena Sativa Somaplex
Ulcers - Leg	Luvos (topically), Aesculus, Marcozyme	Lappa, Multi-21, Marco Derm
Ulcers - Stomach	Luvos, Absinthium, Bismuth Somaplex, Intesta - Zyme	Avena Sativa, Folidreen, Frangula, Colostrum
Urticaria (Hives)	Nema Base, Allernest, Marcozyme, Lappa, Avena Sativa	External: Luvos Powder (as packs), MarcoSport Blue, Marco Derm
Viral	MycoSurge, Cilantro, Para-A, Colostrum, Marcozyme,	Lymphonest, Lappa, Selenium, Copper-Gold-Silver Somaplex
Vomiting	Absinthium, Peppermint Oil, Para-A	Ba-Co-Flor, Luvos, Frangula, Hepatica
Warts	External: Thuja	Internal: MycoSurge, Lymphonest, Zinc Somaplex

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Remedies Quick Reference

CODE	PRODUCT NAME	CATEGORY	INDICATION	ACCOMPANYING REMEDIES
N11	AB Homeopathic	Inflammation	trauma , swelling with pain, inflammation without fever	Marcozyme™, Nema Base, Colostrum, Marcosport Creams
N12	ABB Homeopathic	Flu / Fever	inflammation with fever , cold and flu	Peppermint Oil, Marcozyme™, Lymphonest, MycoSurge, Echinacea, Hydrastis Nasal Spray, Pulmonest, Colostrum
N13	ABC Homeopathic	Ear	ear infections , acute and chronic	Echinacea, Marcozyme™, Lymphonest, Colostrum
N17	Absinthium Homeopathic	Stomach	acid reflux , nausea, acute and chronic GI symptoms, heartburn, indigestion, gastric ulcers	Luvos Mineral Earth, Marcozyme™, Ba-Co-Flor, Para-A, Intesta - Cleanse, Metapan, SeaCure, Hepatica, Cholenest, Bismuth Somaplex
XC	Accelerin Capsules <i>(formerly X-Cell-R8)</i>	Heart, Sports Medicine	energy / endurance , arrhythmia, hypertension, prevention from calcium buildup (kidney stones, arteriosclerosis)	Cactus or Crataegus, Cerebro PTC, Folidreen, Metapan, Bucco, , Multi-21 Somaplex
N6	Aesculus Homeopathic	Circulation	circulation , peripheral and arterial circulatory disturbances, cold extremities, varicose veins, chelation	Cactus, Crataegus, Trillium, Folidreen, Marcozyme™, Manganese-Cobalt Somaplex, Cobalt Somaplex
N8	Allernest Homeopathic	Allergy	allergies , coughing, sneezing and breathing difficulty, hay fever, rash and itching, food reaction	Luffa, Hydrastis Nasal Spray, Nema Base, Scholopendrium, Marcozyme™, Colostrum, Manganese Somaplex, Molybdenum Somaplex, Phosphorus Somaplex
N24	Artichoke Herbal	Liver Gallbladder	high blood fat values , compromised bile production, sluggish liver	Hepatica, Cholenest, Folidreen, Metapan
N9	Avena Sativa Herbal	Nerves	nervous condition , hyperactivity, insomnia, depression	Lithium, Folidreen, Cerebro Calm, Iodine Somaplex, Manganese Somaplex, Zinc Somaplex, Multi-21 Somaplex, Phosphorus Somaplex
LSPL	Ba-Co-Flor Probiotic <i>(formerly Lacto-S-Plus)</i>	GI Tract	dysbiosis , fungal conditions, bloating, GI Tract symptoms, elevated cholesterol levels	Para-A, Luvos Mineral Earth, Intesta - Cleanse, Absinthium, Frangula, Marcozyme™, Colostrum, Seacure, Copper-Gold-Silver Somaplex
N25	Bucco Herbal	Kidneys	kidney conditions (kidney gravel), eczema, tachycardia	Accelerin, Marco-Mag, Sambong, Sulfur Somaplex
N16	Cactus Homeopathic	Heart	angina pectoris , nicotine abuse, chest tightness and pain due to stress	Pulmonest, Avena Sativa, Cerebro Calm, Accelerin, , Marco-Mag, Nema Base, La Buena, Folidreen, Magnesium Somaplex, Potassium Somaplex, Iodine Somaplex
CCM	Cerebro Calm Capsules	Brain Nerves	ADD, ADHD , autism, food cravings, insomnia, anxiety, dysbiosis, depression, nervousness	Cerebro PTC, Avena Sativa, Folidreen, Lithium, Lycopus, Female Tonic, Intesta - Zyme, Seacure, Multi-21 Somaplex, Zinc-Copper Somaplex, Zinc-Nickel-Cobalt Somaplex
CER	Cerebro PTC Capsules	Brain O2 Utilization	mental fatigue , lack of concentration, brain fog, lethargia, insufficient circulation, hypertension	Lithium, Cerebro Calm, Aesculus, Crataegus, Accelerin, Zinc-Nickel-Cobalt Somaplex, Copper-Gold-Silver Somaplex, Enerdreen
N14	Cholenest Homeopathic	Gallbladder Liver	gallbladder conditions , constipation, migraine, hay fever, hemorrhoids, compromised fat digestion	Hepatica, Metapan, Intesta—Cleanse, Folidreen, Artichoke, Para-A, Manganese-Cobalt Somaplex
CIL	Cilantro Herbal	Chelation	heavy metal toxicity , including cerebral symptoms	Nepro-Rella, Wild Bear Garlic, Lithium, Zinc-Copper Somaplex, Bucco
CLS	Colostrum	Immune System	Bacterial , viral, fungal infections, gastrointestinal conditions, CFS, autoimmune diseases, anti-inflammatory	Lymphonest, Lappa, Folidreen, SeaCure, , Selenium Somaplex, Manganese-Copper Somaplex, Cobalt Somaplex, Multi-21 Somaplex, Marcozyme™
N26	Crataegus Herbal	Heart Tonic	cardiac insufficiency , weak heart, hypotension, arrhythmia, irregular pulse, nicotine abuse	Pulmonest, Avena Sativa, La Buena, Accelerin, Marco-Mag, Nema Base, Magnesium Somaplex, Potassium Somaplex

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N1	Echinacea Homeopathic	Lymph, Throat	tonsillitis , glandular swelling in the neck, suppressed immune system	Lymphonest, Lappa, MycoSurge, Colostrum, Copper-Gold-Silver Somaplex
ENE	Enerdreen Herbal	Endocrine	adrenal exhaustion, CFS, low energy, support during detoxification	Folidreen, Cerebro PTC, Lithium, Avena-Sativa, Crataegus
N29	Female Tonic Homeopathic	Endocrine	female endocrine disorders , physical and mental exhaustion, menopausal symptoms, hot flashes, irritability, depression	Folidreen, Female Pro, Cerebro PTC, Avena Sativa, Cholenest, Lithium, Multi 21 Somaplex, Zinc-Nickel-Cobalt Somaplex, Hepatica
FD	Folidreen	Liver, Endocrine, Cardiovascular	liver conditions , adrenal exhaustion, depression, menopause	Hepatica, Cholenest, Artichoke, Crataegus, Somaplex: Zinc, Zinc-Copper, Copper-Gold-Silver, Enerdreen
N27	Frangula Herbal	GI Tract	indigestion , bloating, gas, sluggish bowel, spastic colon	Luvos Mineral Earth, Ba-Co-Flor, Absinthium, Intesta-Cleanse, Colostrum, Metapan, SeaCure, Nepro-Rella
N4	Hepatica Herbal	Liver / Gallbladder / Pancreas	toxic liver and gallbladder , depression	Cholenest, Artichoke, Folidreen, Metapan, Intesta-Cleanse, Colostrum
TEA	Horsetail Herbal Tea	Kidneys Urinary Tract	kidney / bladder afflictions, osteoporosis, edema, demineralization	Solidago, Sabal Serrulatum, Bucco, Sambong, Somaplex: Multi-21, Fluoride
N21	Hydrastis Nasal Spray	Nose & Throat Allergy	sinusitis , chronic rhinitis, allergy, blocked nose, nose bleeding	Allernest, Luffa, ABB, ABC, Echinacea, Peppermint Oil, Lymphonest, Marcozyme™, Colostrum, Copper-Gold-Silver Somaplex
INT	Intesta-Cleanse	GI Tract	constipation , weight loss, intestinal flora, CFS	Absinthium, Frangula, Marcozyme, Intesta-Zyme, Metapan, Colostrum — <i>See liver remedies.</i>
INZ	Intesta-Zyme	GI Tract	IBS , dysbiosis, leaky gut, acid reflux, ulcers, food allergies, food cravings, ADD, ADHD	Cerebro Calm, Cerebro PTC, Folidreen, Lithium, Avena Sativa, Mycosurge, Multi-21 Somaplex
KF	Kiddi-Flora™ Probiotic	GI Tract	dysbiosis , fungal conditions, bloating, GI Tract symptoms	Luvos Mineral Earth, Absinthium, Frangula, Marcozyme™, Metapan, Colostrum
N30	Lappa Herbal	Blood Purifier	lymphatic stress , toxic stress	Marcozyme™, Lymphonest, Hepatica, Colostrum, Multi-21 Somaplex
N39	Lithium Homeopathic	Nervous / Endocrine, Brain	depression , brain fog, nervousness, anxieties, calcium build-up	Cerebro PTC, Avena Sativa, Folidreen, Hepatica, Cholenest, Artichoke, MycoSurge, Metapan, Somaplex: Selenium, Manganese-Copper Somaplex, Zinc-Nickel-Copper
N2	Luffa Homeopathic	Nose	sinusitis , chronic coryza with headache and accompanying bronchitis	Hydrastis Nasal Spray, Allernest, Marcozyme™, ABB, Cholenest, Para-A, Copper-Gold-Silver Somaplex
LME	Luvos Mineral Earth Powder or Capsules	GI Tract Skin	1. INTERNAL — leaky gut, gas, bloating, ulcers, diarrhea, colitis 2. EXTERNAL — abscesses, acne, insect bites, skin diseases, sunburn, skin wounds, phlebitis and leg ulcers	INTERNAL: Para-A, Cholenest, Frangula, Absinthium, Ba-Co-Flor, Colostrum, Metapan EXTERNAL: Horsetail Tea, Thuja
N19	Lycopus Homeopathic	Thyroid	hyperthyroid , hypothyroid, anxiety, insomnia, palpitations	Avena Sativa, Iodine Somaplex, Magnesium Somaplex, Cactus or Crataegus, Marco-Mag, Folidreen, Zinc-Copper Somaplex
N10	Lymphonest Homeopathic	Lymphatic System	swollen lymph glands , suppressed immune system, cystic tendencies	Marcozyme™, MycoSurge, Colostrum, Para-A, Copper-Gold-Silver Somaplex
XM	Marco Mag Capsules <i>(formerly X-Cell-Mag)</i>	Heart, Thyroid Muscles	muscle cramps , thyroid and cardiovascular support	Aesculus, Crataegus, Folidreen, Multi 21 Somaplex, NemaBase, Marcosport Creams
M1	Marcozyme	Inflammation Digestion Chelation	inflammation in any organ system , sports injuries, edema, thrombophlebitis	MycoSurge, Nema Base, AB, Marcosport Creams, Lymphonest, Colostrum, Somaplex: Copper-Gold-Silver, Manganese-Copper

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CODE	PRODUCT NAME	CATEGORY	INDICATION	ACCOMPANYING REMEDIES
MTP	Metapan	Metabolism	diabetes , high blood fats, poor digestion	Rubus, Hepatica, Artichoke, Marcozyme™, Chromium Somaplex
MYC	MycoSurge™ Liposome Drops	Immune System Tumors Endocrine	compromised immune functions , bacterial and viral infections, tumors, endocrine imbalance	Lymphonest, Lappa, Folidreen, Colostrum, SeaCure, , Selenium Somaplex, Manganese-Copper Somaplex, Cobalt Somaplex, Multi 21 Somaplex, Marcozyme™
NBT	Nema Base Minerals	pH Balance Muscles	muscle pain , gout, fibromyalgia, arrhythmia, fungal conditions	Polygognum, Horsetail Tea, Marcozyme™, Absinthium, Allernest, Bismuth Somaplex
BIO	Nepro-Rella Herbal Tablets	Chelation	heavy metal toxicity, toxic bowel, fibromyalgia, rheumatic conditions	Wild Bear Garlic, Cilantro, Bucco, Aesculus, Marcozyme™, Colostrum
PA	Para-A Herbal	Intestines Liver	parasites , microbial infections	Para-L, Luvos Mineral Earth, Ba-Co-Flor, Marcozyme™, Copper-Gold-Silver Somaplex, Hepatica, Intesta-Cleanse, Seacure®, Colostrum
PEP	Peppermint Oil	Respiratory Stomach	spasmolytic, antibacterial, bronchitis. Topically: muscle / ligament / joint inflammation, hot flashes: apply to pulse points	Pulmonest, Allernest, Crataegus
N7	Polygonum Homeopathic	Musculo-skeletal	uric acid buildup, gout , arthritis, inflammation of the joints	NemaBase, Solidago, Aesculus, Marcozyme™, Metapan, Horsetail Tea, Manganese-Cobalt Somaplex
N20	Pulmonest Herbal	Respiratory Tract	respiratory conditions , coughs, bronchitis, asthma, flu-like symptoms	Peppermint Oil, Cactus or Crataegus, Avena Sativa, Marcozyme™, Allernest, Lymphonest, Colostrum, Manganese-Copper Somaplex
N18	Rubus Homeopathic	Pancreas	diabetes mellitus, pancreaopathy, hyperglycemia, metabolic disturbances	Metapan, Hepatica, Marcozyme™, Chromium Somaplex, , Zinc-Nickel-Cobalt Somaplex, Multi-21 Somaplex
N15	Sabal Serrulatum Homeopathic	Prostate Ovaries	low libido , enlarged prostate with difficulty urinating	Sambong, Solidago, Marcozyme™, MycoSurge, Folidreen, Aesculus, Copper-Gold-Silver Somaplex, Multi-21 Somaplex
N28	Scolopendrium Herbal	Spleen	spleen conditions including the lymphatic system	Allernest, Metapan, Absinthium, Hepatica, Artichoke, Lymphonest, Colostrum, , Multi-21 Somaplex
SEA	Seacure Amino Acid	GI Tract Immune Sys.	insufficient protein digestion , dysbiosis, geriatric malnutrition, protein supplement, natural source of amino acids	Ba-Co-Flor, Colostrum, Absinthium, Marcozyme™, Multi-21 Somaplex
N5	Solidago Homeopathic	Urinary Tract	acute kidney / bladder symptoms , cystitis, urine retention, also with prostate participation, eczema	Horsetail Tea, Sambong, Marcozyme™, Sabal Serrulatum, Bucco, Sulfur Somaplex
N22	Thuja Herbal Topical antifungal	Vaginal Skin	vaginal yeast , condyloma, Chlamydia, papilloma, dysplasia at the cervix, skin warts	Ba-Co-Flor, MycoSurge, NemaBase, Folidreen, Colostrum, Zinc-Copper Somaplex, Copper-Gold-Silver Somaplex
N36	Trillium Homeopathic Hemostatic	Tissue Injury Cardiovascular	internal and external bleeding such as nose bleeding, bleeding after tooth extractions and injuries, varicose veins, post-operative bleeding	Aesculus, Malungay, Folidreen, Multi 21 Somaplex
N3	Viscum Herbal	Cardiovascular Chelation	arteriosclerosis, mild hypertension, oral chelation , promote elasticity of vascular walls, prevent clogging in the media, accelerate the circulation of blood without increasing pulse rate	Aesculus, Cerebro PTC, Cactus or Crataegus, Accelerin or Marco-Mag, Marcozyme™, Colostrum, Lithium, Multi 21 Somaplex (consider heavy metal detox using MPI oral chelation)
N35	Wild Bear Garlic (liquid & capsules)	Kidneys Chelation	heavy metal detoxification of the kidneys, oral chelation, renal hypertension, eczema	Solidago, Bucco, Cilantro, Nepro-Rella, Horsetail Tea

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Marco Sport Creams

MARCO SPORT RED WARMING BODY CREAM

Apply before physical activity.

- Loosens stiff muscles
- Protects against sprains and strains
- Increases circulation in muscles and joints

MARCO SPORT GREEN MASSAGE CREAM

Apply after physical activity.

- Relaxes muscles and prevents hardening
- Treats musculoskeletal conditions
- Reduces chronic muscle pain
- Prevents soreness

MARCO SPORT BLUE COOLING GEL

Apply to trauma conditions.

- Reduces inflammation & prevents swelling
- Reduces pain
- Increases circulation to promote healing

Marco Sport Red and Marco Sport Green can be applied together. Red will loosen stiff muscles and increase circulation, while Green guarantees deep penetration and prevents soreness, reduces pain, and softens muscles.

Marco Sport Blue and Marco Sport Green can be applied together. Blue reduces pain and inflammation, while Green penetrates deeply to soften muscles.

**Marco Sport Red and Marco Sport Blue should not be applied together as they will counteract each other.*

Somaplex

The Four Major Constitutions and Their Relation to Ionized Trace Element Relation

Details in "Drainage Therapy Reference Guide, Vol. I"

1. The allergic constitution (diathesis)

Affliction: allergies, eczema, asthma,
gall bladder, migraine, neural conditions.

Predominantly in younger people up to age 50

—

Manganese No. 8

Also consider:

Thyroid involvement: Iodine No. 5

Liver involvement: Sulfur No. 13

Liver Drainage Therapy

2. Hyposthenic constitution

Affliction: respiratory and mucous membrane
conditions, lymph system, dysbiosis, arthrosis,
diabetes, obesity, malnutrition.

—

Manganese-Copper No. 16

or as single remedies,

Manganese No. 8 and Copper No. 3

Also consider:

Iodine No. 5

3. Dystonic constitution

Affliction: compromised central nervous system,
decreased circulation, sluggish liver, arthritis,
cardiovascular conditions, acid reflux, obesity,
constipation, kidney stones, gout, anxiety,
menopausal complaints.

—

Manganese-Cobalt No. 15

Magnesium No. 7

or as single remedies,

Manganese No. 8 and Cobalt No. 2

Also consider:

Avena Sativa No. 9, Folidreen

4. Anergic constitution

Affliction: physical and psychological trauma
with depression and anxiety, severe CFS,
infectious diseases, chemical stress due to
long-term allopathic meds.

—

Copper-Gold-Silver No. 18

Zinc-Nickel-Cobalt No. 20

Bucco No. 25

Also consider:

Lithium No. 39, Phosphorus No. 10,

Magnesium No. 7, Cobalt No. 2,

Folidreen, MycoSurge

Somaplex - Quick Reference

Code	Product Name	Indications
1	Bismuth	Gastrointestinal ulcers, frontal headaches, bitter taste
2	Cobalt	Anemia, cancer, migraine, funicular myelosis, peripheral disorders of the blood flow, vegetative dysfunctions
3	Copper	Exhaustion, susceptibility to infections
4	Fluoride	Weakness of the connective tissue, osteoporosis, dental caries
5	Iodine	Exhaustion, alopecia, fluctuating blood pressure, glandular disorders
6	Chromium	Metabolic dysfunctions, hypoglycemia, diabetes, glandular disorders, heart conditions
7	Magnesium	Spasmophilia, neuritis, arrhythmia, chronic colitis
8	Manganese	Allergies, eczema, asthma, gallbladder, migraine, Parkinson's disease, anemia, multiple sclerosis
9	Molybdenum	Premature aging, osteoporosis, hair loss, depression, migraine, allergies
10	Phosphorus	Nervous condition, osteomalacia, allergies, exhaustion following infections
11	Potassium	Muscle weakness, cardiac insufficiency, tachycardia, fatigue, chronic catarrhs
12	Selenium	Pre-cancer condition, angina pectoris, hoarseness, rheumatism, cardiac risk, impaired metabolism, immunodeficiency
13	Sulfur	Acne, psoriasis, eczema, reduced adaptability
14	Zinc	Compromised immune system, impaired brain functions, nervous condition, alopecia, pituitary disorders, decreased ability to concentrate
15	Manganese-Cobalt	Circulatory disorders, climacteric problems, vegetative dystonia, acid reflux, sluggish liver, constipation, kidney stones, gout, arthritis
16	Manganese-Copper	Low energy, asthma, fatigue, susceptibility to infections of the respiratory system, lymphatic disorders, arthrosis, colitis, decreased ability to concentrate, mental retardation, obesity, malnutrition
17	Manganese-Copper-Cobalt	Anemia, Chronic Fatigue Syndrome (CFS)
18	Copper-Gold-Silver	Antimicrobial, adrenal exhaustion, depression, physical and psychological trauma, rheumatism, diseases of the lymphatic system, septicemia, premature aging
19	Zinc-Copper	ADD, ADHD, endocrine disorders, pituitary, fatigue, problems related to puberty, dysmenorrhea, alopecia
20	Zinc-Nickel-Cobalt	Disorders of the pancreas, pituitary diseases, imbalance of the endocrine axis
21	Multi-21	Cell regeneration, stress, depletion, cell regeneration, pregnant and lactating women

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Volcana Life

Pacific Island Herbals

CODE	PRODUCT NAME	CATEGORY	INDICATION	ACCOMPANYING REMEDIES
CDV	Card-Vasc Herbal Supplement	Hypertension	Hypertension, high blood fat values	Accelerin, Nema Base, Sambong, La Buena, Avena Sativa, Artichoke, Aesculus
DBS	DBS Herbal Supplement	Diabetes	Diabetes mellitus, pancreopathy, and metabolic disturbance in the pancreas	Rubus, Metapan, Nema Base, Marcozyme, Chromium
HBT	Herbal Trim Herbal Supplement	Weight Control	Obesity, hunger cravings, and diabetic and overweight individuals	Metapan, Marcozyme, Intesta - Cleanse
FMP	Female Pro Herbal Supplement	Hormonal Balance	Menopausal symptoms, low hormone levels, hot flashes, night sweats, sleeplessness, middle-age weight gain and moodiness	Folidreen, Female Tonic, Enerdreen
LBN	La Buena Herbal Supplement	Nervous System	High levels of stress and tension, insomnia	Female Pro, Avena Sativa, Cerebro Calm, Marco Mag, Iodine Somaplex
SK	Marco Derm Skin Balm	Skin	Dry skin, foot fungus, rashes, itches, sores, including inside of the mouth, wound healing, following burns and insect bites	Luvos (external), Nema Base
MAL	Malungay Herbal Iron Builder	Iron Immune	Anemia, excessive blood loss, dialysis, mastitis, hypotension, compromised immune system	Mycosurge, Lymphonest, Horsetail Tea, "Liver Drainage"
PAN	Pandan Herbal Supplement	Male Libido	Low libido, erectile dysfunction (ED), low testosterone.	Sabal Serrulatum, Aesculus, Avena Sativa, Crataegus
PAL	Para L Herbal Supplement	Parasite Treatment	Nematodes (Round Worms)	Ba-Co-Flor, Para-A, Luvos
PMS	Pro Mense Herbal Supplement	Hormonal Balance	Abnormally painful and heavy bleeding during menstruation, PMS symptoms, mood swings.	Malungay, Female Tonic, Cerebro Calm
SAM	Sambong Herbal Diuretic Supplement	Kidneys	Edema, small kidney stones and gravel, hypertension, back pain in the kidney region, urinary tract infection (UTI)	Card-Vasc, Solidago, Bucco, Horsetail Tea, Accelerin
SER	Serenoa Herbal Supplement	Female Libido	Decreased female libido, menopausal related stress, low energy and stamina	Folidreen, Female Tonic, Aesculus, Crataegus

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Marco Pharma International, LLC
851 NW Highland Street
Roseburg, OR 97470
1-800-999-3001