



The Autism
Helper.

Leveled Daily Curriculum

Case Study

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WHO ARE WE?

At The Autism Helper, Inc., we are dedicated to empowering those who support individuals with Autism. This includes teachers, parents, clinicians, administrators, and more by providing resources, tools, and methods to measure success. We share easy-to-understand strategies through our blog, podcast, and training videos and provide in-depth training in our CE Courses, live events, and Professional Development Membership. We create engaging and high-quality academic resources and curricula for students of all ages. Our goal is to bring value by keeping expectations high and focusing on positive behavior change and data-based decisions.



WHY CHOOSE US?

Professionals from The Autism Helper team are teachers, Behavior Analysts, Speech Pathologists, and Occupational Therapists - and we've been there! We've been in the classroom pulling materials together day by day to give our students as many learning opportunities as we can. We've pulled from different curricula, differentiated our instruction, and made sure each one of our students was learning. The Autism Helper's Leveled Daily Curriculum is here to simplify preparation across subject areas, with leveled curriculum, daily! Complete with printable exercises, progress monitoring, and pre and post-test data, this curriculum provides comprehensive activities for learners with diverse skill sets.



The Autism Helper is proud to provide meaningful skill acquisition for our learners as evidenced by our case studies.

THE STUDY

In our latest case study, a follow-up to our pilot study from 2020/2021, teachers from across the United States gathered over 3,500 pieces of data from 207 students, from kindergarten through 12th grade. These results confirm that across all levels of all subjects taught using The Autism Helper Leveled Daily Curricula, students gain an average of 26% from pre-test to post-test (Figure 1), with an average post-test score of 87%, demonstrating mastery of the subject content (Figure 2).



THE EVIDENCE

The National Standards Project (2009, 2015) and The National Clearing House on Autism Evidence and Practice (2020) both cite strategies used in The Autism Helper's Leveled Daily Curriculum as evidence-based practices, including discrete trial teaching, reinforcement procedures, the use of visuals, and prompting procedures.

We value evidence-based practices as the gold standard for providing treatment for learners across the spectrum and ensure we embed them in each step of our curriculum. Visual supports are woven into each lesson and activity to allow learners who need additional context to use them and excel, while teachers reinforce learning to make meaningful gains. Discrete Trial Teaching, or the process of

providing multiple practice opportunities, error correction, and differential reinforcement, is an effective tool to teach learners with Autism and other developmental disabilities new skills in a controlled and systematic manner. Our case study results show this impacts progress!

Leveled Daily Curriculum Case Study

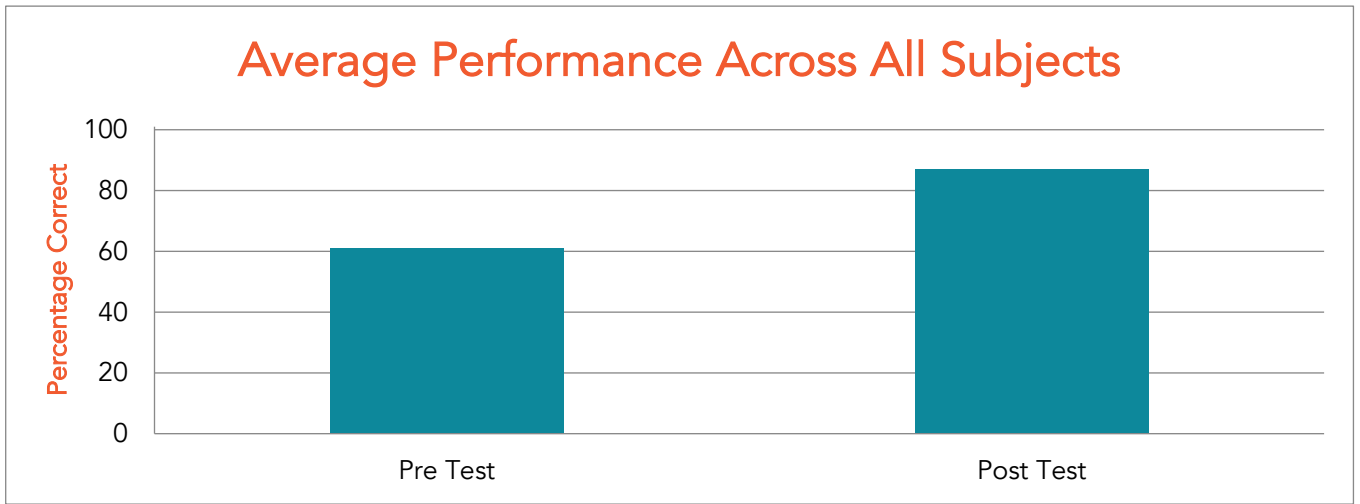


Figure 1 - Average scores on pre- and post-tests across all levels of the entire The Autism Helper Leveled Daily Curriculum. Upon completion of the level, students score above 80% across all subject areas

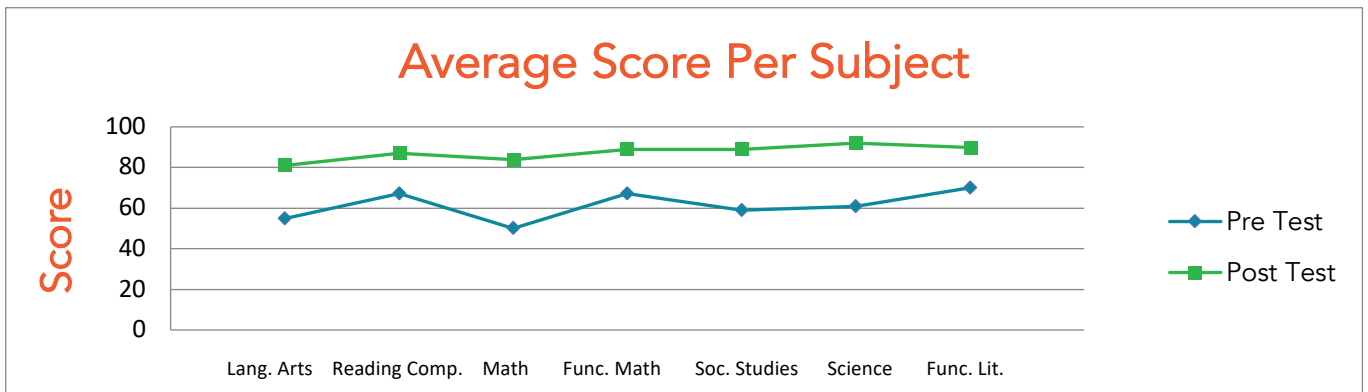
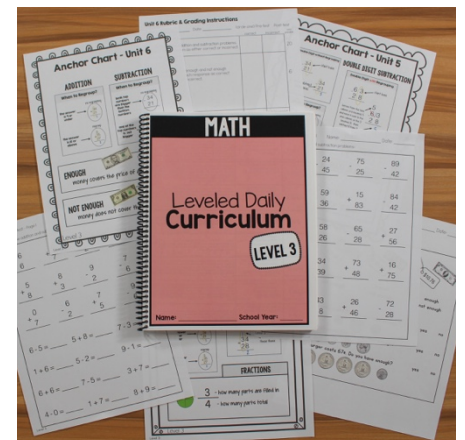
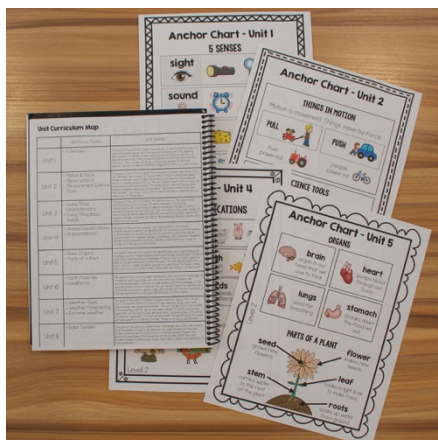
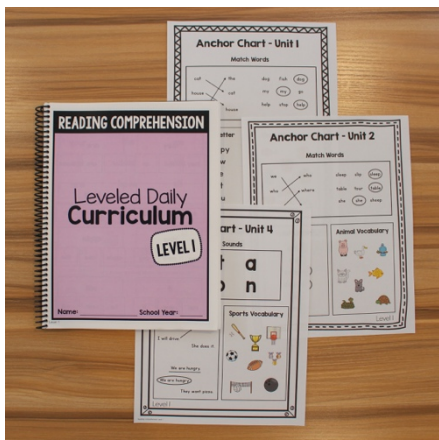


Figure 2 - Average scores on pre- and post-tests across all levels and units of The Autism Helper Leveled Daily Curriculum. Students improved an average of 26% from pre to post-test.



THE OUTCOME

What sets The Autism Helper's Leveled Daily Curriculum apart is the versatility across the curriculum. Learners can build skills in foundational subjects like literacy and math, while also learning about social studies and science. The data is clear - learners working with our curriculum develop mastery of presented concepts across all subject areas. Learners practicing math grew an average of 28% across levels, with post-test scores averaging 84% (Figure 3), and in science learners averaged a post-test score of 92%, up 23% from pre-testing (Figure 5).

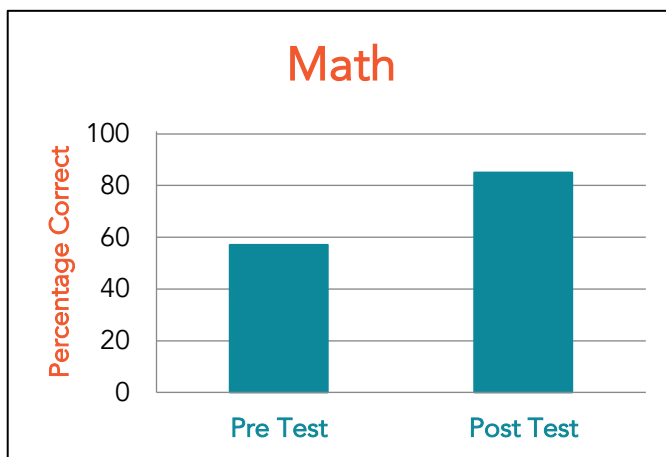


Figure 3 - Average scores on the pre- and post-tests across all levels of The Autism Helper Math Leveled Daily Curriculum. Students improved an average of 28% from pre- to post-test.

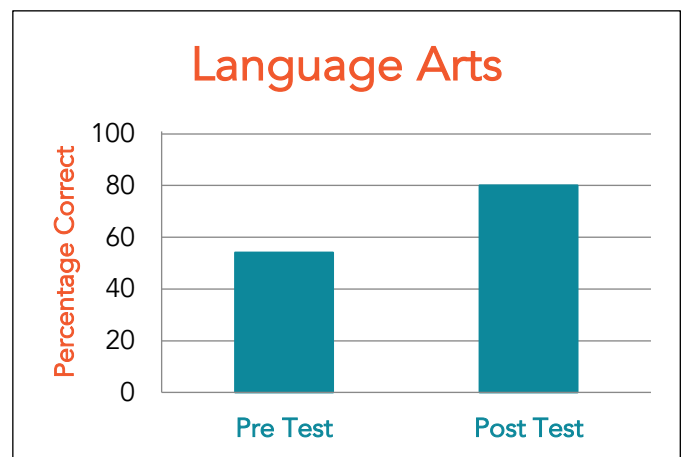


Figure 4 - Average scores on the pre- and post-tests across all levels of The Autism Helper Language Arts Leveled Daily Curriculum. Students improved an average of 26% from pre- to post-test.

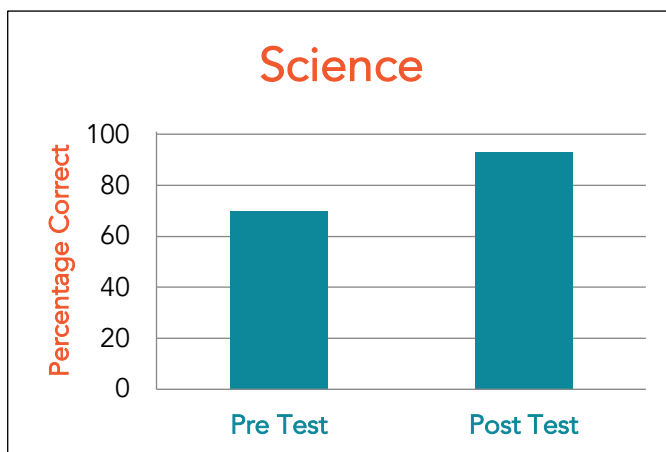


Figure 5 - Average scores on the pre- and post-test across all levels of The Autism Helper Science Leveled Daily Curriculum. Students improved an average of 23% from pre- to post-test.

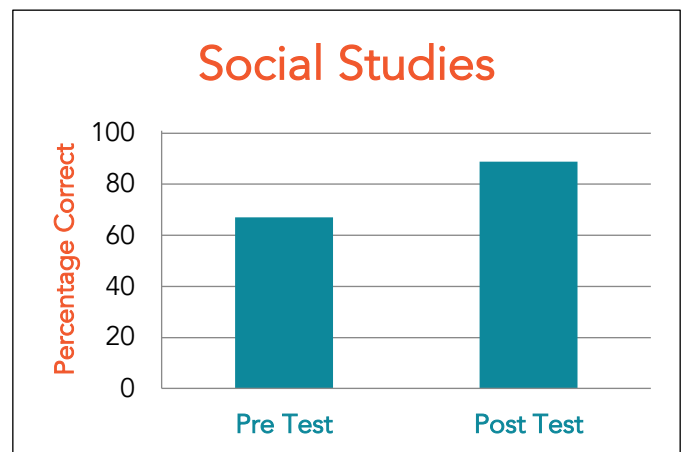


Figure 6 - Average scores on the pre- and post-test across all levels of The Autism Helper Social Studies Leveled Daily Curriculum. Students improved an average of 24% from pre to post-test.

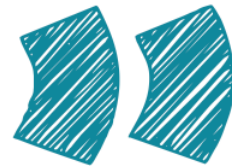
TEACHER RESPONSE



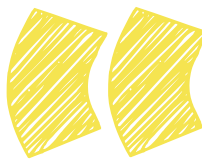
The [Social Studies Curriculum] was perfect for my students. It allowed those who were able to express themselves through writing simple words/sentences, but could also be scaled down for students who have difficulty writing. I love how students are taught and encouraged to use anchor charts in their learning to foster independence.

- Dale G. Social Studies Levelled Daily Curriculum

Would I recommend this curriculum to other educators? Yes! I love how it eliminated my worries about having to purchase a million different curricula. The curriculum works amazingly for K-5 because every student is covered! The rubrics have been great for parents and gave me ideas for staff materials to help students master skills. One student went from not knowing her name to working on letter sounds in only one year!



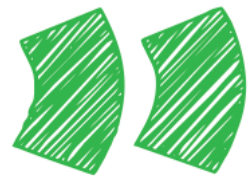
- Chloe R. Reading Comprehension Levelled Daily Curriculum



For the past two school years I taught Math Level 1, Language Arts 0.5, Reading Comprehension Level 1, Science Level 1, and Social Studies Level 1. I like that it gives me a scope and sequence to follow throughout the school year, whereas in previous years I had to spend hours finding worksheets and materials to teach. This curriculum provides a path.

- Tammy H. Multiple Levelled Daily Curricula

My favorite part of this curriculum is how each subject and level build off of one another. I especially love how Math, Language Arts, and Social Studies hit core concepts that have greatly helped my students' abilities to meet IEP goals and challenge themselves academically. It allows students to feel successful, which is huge!



- Gregg T. Multiple Levelled Daily Curricula

REFERENCES:

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National Autism Center. (2015). *Findings and conclusions: National standards project, phase 2*. Randolph, MA

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