



## Sizing Guide

### How to select the correct size of EdemaWear

Choosing the correct stockinet size is the most important factor in determining the effectiveness and comfort of EdemaWear.

These following steps should help you chose the correct stockinet size for the limb advised by your healthcare professional.

1. Find the limb circumference. Measure around the thickest part of the applicable limb with tape measure.
2. Choose the size, from the table below, that corresponds to the maximum limb circumference. This can be more than or equal to the limb you have just measured.

### Regular EdemaWear

Size & Code	Maximum limb circumference	Use	Length	Stripe
Small CA600001	45 cm (18")	Foot to knee or wrist to shoulder	55 cm (22")	Navy stripe
Medium CA960001	75 cm (30")	Foot to groin or wrist to shoulder	86 cm (34")	Yellow stripe
Large CA120L001	115 cm (46")	Knee to groin	60 cm (24")	Red stripe
X Large CA160XL01	150 cm (60")	Knee to groin	60 cm (24")	Aqua stripe

### EdemaWear LITE for tender skin

Size & LITE	Maximum limb circumference	Use	Length	Stripe
LITE Small CAL060017	60 cm (24")	For tender skin foot to knee or wrist to shoulder	55 cm (22")	Purple stripe
LITE Medium CAL096034	90 cm (36")	For tender skin foot to groin or wrist to shoulder	86 cm (34")	Orange stripe

### Helpful tips

- The most common sizes are small and medium;
- The stockinet length can be cut to size;
- Small stockinets are sold as a pair while all other sizes are sold individually;
- Each stockinet incorporates a coloured stripe to make size easy to distinguish and easier to reorder;
- EdemaWear is not made with natural rubber latex.