

# Turmeric PhytoRev

**Turmeric PhytoRev** is an herbal supplement formulated with a patented and clinically trialled turmeric extract. This unique extract contains standardized levels of curcuminoids combined with soluble fiber extract from fenugreek seed to enhance bioavailability. Curcuminoids collectively describes the biologically active and distinctive yellow pigments from turmeric rhizomes—curcumin is the most well-known and most studied.

The challenge when using a turmeric extract is overcoming the naturally poor absorption, fast metabolism, and rapid excretion of curcumin/curcuminoids, without using very high doses. By impregnating fenugreek-derived soluble fiber with curcuminoids, this extract overcomes these challenges, significantly enhancing bioavailability up to 45.5 times compared to standard curcuminoids.<sup>1</sup>

This bioavailability enhancement means patients can experience the significant benefits of curcumin/curcuminoids with lower, more affordable doses.

The herbs in this supplement:

- ▶ Support a healthy inflammation response
- ▶ Traditionally maintain and support healthy joints
- ▶ Traditionally used to support healthy digestion
- ▶ Support normal detoxification and antioxidant processes
- ▶ Support healthy liver function
- ▶ Support a healthy response to environmental stressors

Supplement Facts	
Serving size 1 Capsule	Servings per container 60
Amount per serving	% Daily Value ▼
Turmeric rhizome extract from <i>Curcuma longa</i> rhizome 6.97g Containing total curcuminoids as curcumin, demethoxycurcumin, and bisdemethoxycurcumin 107.6 mg Containing curcumin 87.6 mg	205 mg **
Fenugreek seed extract (de-bitterized) from <i>Trigonella foenum-graecum</i> seed 615 mg	102.5 mg **
**Daily values not established	

**Other ingredients:** Buckwheat (*Fagopyrum esculentum*) fruit, hypromellose.

<sup>1</sup> Kumar D, Jacob D, Subash PS et al. *J Funct Foods* 2016; 22: 578–587.



Product #3P300

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(60 Capsules)  
3rd Planet