Wangari Maathai said, “Trees are living symbols of peace and hope.” The trees that she and her Green Belt Movement planted are more than symbols; they are the result of the hard work of the women she enlisted to replant Kenya’s forests, replenish the wildlife, and instill democracy among the people.

This story begins with Wangari’s childhood growing up in Kenya and attending school at a time when many African women could not. When Wangari returned to Kenya after her studies in the United States, she recognized that the deforestation by plantation owners and politicians building cities was at the root of her country’s devastation. She worked tirelessly for change, inspiring many with her courage and confidence in the face of adversity.

Pre-Reading Discussion

◊ Have students describe the front cover of the book. What people and animals do they see? What color is most prominent on the cover? What does this color make them think of?
◊ Ask students if they know who Wangari Maathai is. What do they expect to learn about her in this book?
◊ Ask students what they see in the background of the cover image. What are the two people doing?
◊ Flip to the back cover of the book. Ask students how this image is different from the front cover.
Post-Reading Discussion

- Wangari Maathai knew four languages—Kikuyu, Swahili, English, and German. Ask students if they know more than one language. Do any of their family members speak more than one language?
- At a young age, Wangari was taught by her mother that “a tree is worth more than its wood.” Discuss with students what this means to Wangari and her fellow Kenyans and to us today. Discuss the outcomes of deforestation.
- Growing up, Wangari had to fetch water at the base of a fig tree every day. Have students discuss how different this is from their own lives. How would their daily routines be affected if they had to travel outside every day to fetch their water supply?
- During her childhood, Wangari was called Miriam because the ruling British colonists insisted that Kenyans take Christian names. Ask students how they think this made Wangari feel. How would they feel if they were forced to use a different name? What makes a name important to a person?
- When Wangari was young, she did not go to school because girls were meant to help their mothers until they got married and became mothers themselves. Ask students if they’d rather stay at home and help with household chores instead of attending school. How would their lives be different at home? How would this affect their future?
- During Wangari’s time studying in the United States in the 1960s, she discovered things she had never seen before—snow, skyscrapers, and people who looked nothing like her. Ask students if they’ve ever traveled to another city or country where things looked different than what they are used to. What did they observe, and how did it make them feel?
- Ask students to discuss what had changed when Wangari returned to Kenya after her studies in the United States. How did this affect Wangari, and what did she plan to do as a result?
- Wangari opposed President Daniel arap Moi when he attempted to build a sixty-story building and statue of himself and again when he wanted to launch a real-estate project that would threaten endangered species. Wangari stood tall—she and her friends protested and stopped both projects. Have students discuss their thoughts and feelings about protesting. Is it wrong? Is it too dangerous? Would they ever take part in a protest?
- Discuss with students what inspired them most about Wangari’s story. Do they think that her accomplishments will influence them going forward?
Public Speaking

After creating the Green Belt Movement in 1977, Wangari Maathai traveled from village to village speaking on behalf of trees, animals, and children. She spoke about the immediate and long-term importance of building and preserving nature. She urged villagers to carry on and spread her message of hope and inspiration.

Have each student select a topic that they are passionate about. This could be a hobby, sports, family, pets, or anything else they’d like to share. Have each student prepare a two-minute speech to give to the class, inspiring their classmates to understand the passion that they feel about their subject.

Create a Class Garden

In this activity students will create and maintain a garden space as a class. If your school’s campus will allow, identify a patch of land that will become your classroom’s dedicated garden. Have students work together to draft a proposal that will be delivered to the school principal, requesting the patch of land to be used on school grounds. Have them begin by stating what it is that they are requesting from the school and what materials they’ll need to make this happen. Have them list what types of plants they intend to grow in the garden. They can include a sample of the schedule they will follow and the responsibilities that will be delegated to maintain the garden space. Also, have them summarize the benefits of having a garden space on school grounds.

If the portion of dedicated land on school grounds isn’t possible, instead perform this activity using pots right inside your classroom space. In this instance, you will still have students work together to draft a mission statement outlining their plans for the garden and the intended benefits and outcomes.
Tree Journal

Wangari Maathai planted large-leafed ebony trees and African tulip trees, along with many others. In this activity, students will keep a journal to learn more about the trees they see every day.

Give each student a blue book, notebook, or a stack of papers to use as the journal in which they’ll record their research and observations. Using the library and internet, have students research trees that are native to your area. Students should focus on their appearance, leaf type, bark, seasonal changes they experience, etc. Take the class on a walk around school grounds to observe the trees they see using the information they’ve gathered. Students will then take the journals home with them for one week, observing the trees that are around their homes and any other areas they visit. They’ll use the research they conducted to determine the types of trees they are observing. After the week of observations, get together as a class to discuss the students’ findings.

Information in the journals may include:
Research notes gathered before observations begin
Total number of trees observed
Location of tree (ex: my house, friend’s house, park, store)
Tree name
Estimated tree height
Colors: leaves, stems, bark
Leaf description and rubbings with pencil
Bark description and rubbings
Animals observed in or on the tree
Anything that appeared damaged on tree and possible causes of the damage

Create a Class Tree

Wangari Maathai went to school at a time when very few African women had access to education or even learned how to read. This activity will have students celebrate their ongoing learning achievements.

Designate a space on your classroom wall—blank space or bulletin board space. Cut a tree-trunk shape out of brown construction paper and tape this to the space as a base. Next cut many leaves out of different colors of construction paper using a simple shape like the leaves shown in the above photo. Tape some blank leaves to the tree to begin the shape. Each time that a student achieves something in the classroom that they are proud of and want to share, have the student put his or her name on a leaf with the goal they achieved. The student can then tape their leaf to the wall or bulletin board. If wall space permits, keep this activity going throughout the year so that every student gets a chance to celebrate his or her proudest achievement.