

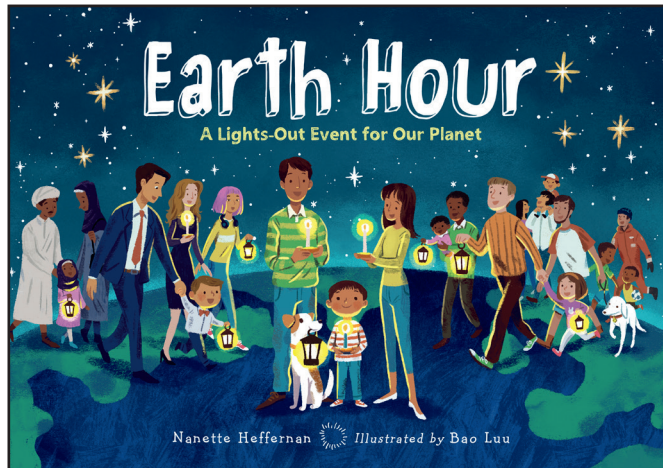
# Earth Hour

A Lights-Out Event for Our Planet

## ACTIVITY KIT

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Nanette Heffernan  
Illustrated by Bao Luu  
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e-book available

### About the Book

Kids around the world use electricity every day to do all kinds of things! Unfortunately, all that energy use adds up—and it can have a big impact on our planet. So every year, individuals, communities, businesses, and monuments around the world turn off their lights for one hour. On all seven continents, this one small act reminds us all of our responsibility to our planet.



### About the Author

Nanette Heffernan is a Certified Sustainability Consultant for schools in California and a major champion of the urgent need for humans to reduce emissions that drive climate change. *Earth Hour* is her debut picture book.



### About the Illustrator

Bao Luu grew up in Vietnam, dreaming of becoming an artist. Today he lives in the United States where he continues his illustration work. *Earth Hour* is his first picture book.

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### Lights Out, Earth!

Color over the lights on the globe with a marker, dark paint, or a pen to see what Earth looks like from space during Earth Hour! Circle the appliance(s) using energy in each illustration below.



I like to use energy for: \_\_\_\_\_

I see other people using energy for: \_\_\_\_\_

I wonder if I could use energy to: \_\_\_\_\_

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## Word Search

E D D A R K P I S  
H O U R L A L B L  
T S E A U L E S J  
S H D R E I N R P  
K P G T A G E E L  
D V R I R H R W A  
J T H A T T G O N  
H E A T H P Y P E  
T H G I N I G H T

DARK  
EARTH  
ENERGY

HEAT  
HOUR  
LIGHT

NIGHT  
PLANET  
POWER

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## Fun in the Dark

### You don't need lights to have a party!

Celebrate Earth Hour and our planet's beauty with some electricity-free activities:

- Stargazing (Best if you get your neighbors in on Earth Hour fun! Bring picnic blankets and cozy sweaters.)
- Nocturnal nature walk (Enjoy with caution! Bring flashlights and wear glowsticks so you don't lose each other on the trail. Be aware of animals, unstable footing, and other nighttime outdoor hazards in your area.)
- Campfire or hearthfire and singing
- Group storytelling (Swap favorite stories or tell one story as a group, passing it around the circle! Each storyteller can end their contribution with "suddenly . . ." or begin it with "Fortunately/Unfortunately . . ." to prime their creative muscles.)
- Memory and word games (Alphabet Train, Going on a Picnic, and Would You Rather? are all classic favorites.)
- Board and card games by candle light
- Pillow fort (Perfect for games of make-believe or in combination with any of the other indoor activities on this list.)
- No-bake snacks (ants on a log, fruit skewers, cheese and crackers, etc.)
- Glowstick ring toss
- Write and decorate postcards to your senator or representative in support of environmental justice (A good activity by candle light.)

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## Earth Hour Checklist

### Have you ...

- Gotten a parent's or guardian's permission?
- Marked your calendar?
- Chosen your activities for the night? (see the list on page 4 of this packet)
- Told a friend?

### Have you turned off ...

- Lights?
- Appliances?
- Computers?
- Phones?
- Stereos and radios?
- TVs?
- Gaming consoles?



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## Start Your Own Earth Hour

### How can I make a difference?

One family turning off their lights and electronic devices for one hour certainly makes a difference—but if you want to go the extra mile, try recruiting others to join you in your Earth Hour pledge! Here’s a checklist to get you started:

- Print copies of the Earth Hour flyer included in this packet and post them around your community about a month beforehand (you may need to ask for permission):
  - Library
  - Community center
  - Coffeeshop(s)
  - School(s)
  - Post office(s)
  - Park(s)
- Talk to your teacher or librarian early in the school year about making Earth Hour a school-wide event. Ask them to help you speak to your principal.
- Write a letter to your mayor or governor a few months before Earth Hour and ask how your community plans to celebrate. Suggest a few options in case they haven’t planned anything: turning off the lights at City Hall or a public monument, for example. For extra oomph, try writing this letter together with your class and circulating copies around your school and community to collect signatures before sending it—politicians like to see letters that a lot of people have co-signed.
- Organize an Earth Hour party! See page 4 of this packet for activity ideas. Encourage people to walk or bike to your party rather than driving.

# Turn out the lights!



## EARTH HOUR

Saturday, March 28, 8:30 PM local time

[www.earthhour.org](http://www.earthhour.org)