

## ADVANCED REJUVENATING CONCEPTS

# Pro-Salicylic Oil-Control/Brightening Facial

20% BETA HYDROXY ACID PEEL SOLUTION

### Free Acid Peel

#### 20% Salicylic Acid [2.0 pH]

A key ingredient in the treatment of dermatitis, acne, psoriasis, keratosis pilaris, and acanthosis nigricans, salicylic acid is a keratolytic, comedolytic, and bacteriostatic agent, encourages exfoliation, releases blocked pores, and constricts the pores to prevent breakouts.

**Lactobacillus + Red Clover Extract** amplifies peel absorption and frosting effects for immediate brightening and dead skin exfoliation.

- Penetrates into congested pores
- Alleviates blemishes
- Helps prevent scarring of the skin and PIH
- Brightens skin tone and helps fade discolorations
- Minimizes excess oil on skin surface
- Contributes to a healthy-looking complexion

**IDEAL FOR:** Normal, Combination or Oily Skin  
**CONCERNS:** Sun Damage, Hyperpigmentation, Acne  
**FREQUENCY:** Every 4 to 6 weeks.

**INGREDIENTS:** Alcohol Denat., Propanediol, Salicylic Acid, Hamamelis Virginiana (Witch Hazel) Water, Lactobacillus/Clover Flower Ferment (Red Clover) Extract, Hydroxypropyl Methylcellulose, Alcohol, Arginine (L), Arginine HCl, Aqua (Water), Polysorbate 80, Potassium Sorbate.

### WHAT CAN YOU EXPECT WITH A GLYCOLIC PEEL?

When applied per the ARC Protocol, Salicylic Peel leaves the skin refreshed and vibrant. Once applied to the skin, it works at the cellular level to dissolve layers of dead skin. Your skin may not visibly react, or you may experience some light flushing and tingling sensations. Once neutralized and removed, the skin should look vibrant and refreshed.

### PRE-PEEL PREP

A thorough consultation is recommended prior to every facial. This is necessary to note any changes your client may have in their routine. ALWAYS ASK:

- Are they using retinols, exfoliants, or bleaching creams?
- When was their last facial service? What was it?
- Have they had any facial injections in the last 48 hours?
- Are they prone to cold sores? Is it managed?
- Are they pregnant or nursing?
- Have they seen/or are in care of a Dermatologist for their skin?

### ARC PEEL RULES

Never use hot towels or steam. Never set a timer, always watch for signs of over-exfoliation.

Post Peel Recovery Balm can be applied to the skin after a brow, lip or chin wax. This helps prevent peel penetration and a chemical burn over the freshly waxed areas. Full-face waxing should be scheduled independently and never during the peel procedure.

High Frequency, Ultrasonic (Mode 1 only to assist with extractions, no penetration), or Crystal Microderm may be incorporated after the peel has been neutralized.

### CONTRAINDICATIONS

- Isotretinoin (i.e. Absorbica or like) use in the past 6 months
- Prescription retinol use within the past 48 hours (Retin-A, Renova, Tazorac, or the like)
- Allergy to select peel ingredients
- Inflammatory eczema or psoriasis
- Pregnant or nursing mothers
- Waxing, depilatories, or laser within 2 weeks
- Tanning or excessive/occupational sun exposure
- Active herpes/cold sores (prescription recommended)
- Rosacea or inflammatory acne. Sensitive skin.
- Raised skin lesions, moles, warts or keratosis
- Injected facial fillers/Botox within the last 48 hours
- Use of blood thinners, fish oil, or aspirin supplements

### POST PEEL: 24-48 HOURS

- Treat skin with a moisturizer as needed to hydrate and improve comfort.
- Apply sunscreen daily and reapply regularly when outdoors.
- Avoid sun exposure.
- No hot tub, steam room or sauna.
- No strenuous activities or exercise.
- Do not pick, peel, scrape or scratch the skin.
- Do not use any retinol, lightening, or exfoliating products.
- Do not use hair removal creams or wax over treatment area.
- Avoid hair color, perm or other chemical solutions.

### QUESTIONS?

Call toll free 800 689-0499 / ARCSkinCare.com

Demonstrations available at YouTube.com/ARCSkinCare

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### Products Used in This Protocol

- Clearifying Cleanser & Toner
- Vitamin E Massage Cream
- Herbal Moisture Mask
- Clearifying Lotion or UltraLite
- Sun Protectant
- Post Peel Recovery Balm
- ARC Synthetic Fan Peel Brush
- ARC Natural Mask Brush

### Upgrade Options

**Brow, Lip or Chin Wax** - Perform before the peel and balm the waxed areas of the skin.

**Brow Tint or Lash Tint** - Perform after the facial massage, before applying Herbal Moisture Mask.

**Neck/Chest Treatment** - Extend product use to these areas within each step of the facial treatment.

**Back Peel** - Cleanse, peel and massage per the facial protocol. Perform a scrub with Dermabuff prior to peeling. Warm (not hot) towels may be used in lieu of sponges.

## Step-By-Step Facial Protocol

### STEP 1: CONSULTATION & SKIN PREP

Cleanse and tone the skin with **Melanin or Clearifying Cleanser**, then assess tone, texture, hydration and overall appearance. Advise the client about the procedure, expectations, and post-procedure skin care, and ask them about what they want to change in their skin.

### STEP 2: PEEL

Dispense a quarter-size amount of **Salicylic Peel** to a small dish or the back of your gloved hand. Using your **ARC Synthetic Peel Brush**, apply a light layer of peel solution over the face. Avoid direct contact with the eyes. Do not massage or manipulate once applied.

Always supervise the peel and watch for visible signs of over-exfoliation. Depending on the skin's tolerance and sensitivity, these peel solutions may be left on the skin for up to two minutes.

Neutralize the peel with cellulose sponges and tepid water. Remove the peel and dampen the skin with two passes of the wet sponges, and proceed to a second cleansing. Be sure to cleanse the nasal area, lip area, and any other folds or creases present where the peel may remain and potentially burn the skin. Should the client appear overly red or frosted, apply a layer of **Post Peel Balm** to the affected areas.

*UPGRADE OPTION: After neutralizing, perform up to two passes of microderm, or use the skin scrubber mode on your Ultrasonic System to assist with extractions.*

### STEP 3: PERFORM EXTRACTIONS

Extract comedones as needed. Apply **Clearifying Toner** to a clean cotton pad, wrap the dampened pad around index fingers and gently extract blemishes.

### STEP 4: FACIAL MASSAGE & MASK

Perform a penetrating [effleurage] facial massage with a light application of **Vitamin E Massage Cream**.

Once the facial massage is completed, apply a light layer of **Herbal Moisture Mask** with your **ARC Natural Mask Brush**.

Using damp fingertips, gently massage the mask evenly over the face and allow it to set for up to 15 minutes, while you perform a neck, décolleté, arm and hand massage with **Vitamin E Massage Cream**.

Remove the mask with damp cellulose sponges.

### STEP 5: COMPLETE THE TREATMENT

Apply a light application of **Clearifying Lotion or UltraLite Lotion (for Sun Damage/Hyperpigmentation use Regenerating Cream or UltraLite Lotion)**, and finish with **Sun Protectant**.