

ADVANCED REJUVENATING CONCEPTS

Clearifying Jessner Peel

7% ACNE SOLUTION

7% Salicylic, Resorcinol + Lactic

- Activates skin cells to rejuvenate and regenerate
- Encourages peeling and sloughing 24-48 hours post-peel
- Reduces the look of lines and wrinkles
- Brightens discolorations and encourages an even tone
- Contributes to an overall improvement in complexion

IDEAL FOR: Normal, Dry, Combination or Oily Skin
CONCERNS: Sun Damage, Hyperpigmentation, Aging
FREQUENCY: Every 6 to 12 months as needed.
DOWN TIME: Up to 14 days.

INGREDIENTS: Alcohol Denat, Salicylic Acid, Resorcinol, Lactic Acid, Water.

WHAT CAN YOU EXPECT WITH JESSNER PEELS?

When applied per the ARC Protocol, Clearifying Peel leaves the skin tight and dry feeling, followed by darkening and peeling. Frosting, flushing, swelling, and tingling sensations will likely occur, and your clients may opt not to be seen in public until several days after the peel. After up to 10 days of peeling and sloughing the skin should look vibrant and refreshed.

PRE-PEEL PREP

A thorough consultation is recommended prior to every facial. This is necessary to note any changes your client may have in their routine. ALWAYS ASK:

- Are they using retinols, exfoliants, or bleaching creams?
- When was their last facial service? What was it?
- Have they had any facial injections in the last 48 hours?
- Are they prone to cold sores? Is it managed?
- Are they pregnant or nursing?
- Have they seen/or are in care of a Dermatologist for their skin?

ARC PEEL RULES

Never use hot towels or steam. Skin must stay completely dry for optimal absorption. Prematurely neutralizing or balm-ing may cause irritation, discomfort, and irritation.

CONTRAINDICATIONS

- Isotretinoin (i.e. Absorbica or like) use in the past 6 months
- Prescription retinol use within the past 48 hours (Retin-A, Renova, Tazorac, or the like)
- Allergy to select peel ingredients

- Inflammatory eczema or psoriasis
- Pregnant or nursing mothers
- Waxing, depilatories, or laser within 2 weeks
- Tanning or excessive/occupational sun exposure
- Active herpes/cold sores (prescription recommended)
- Rosacea or inflammatory acne. Sensitive skin.
- Raised skin lesions, moles, warts or keratosis
- Injected facial fillers/Botox within the last 48 hours
- Use of blood thinners, fish oil, or aspirin supplements
- Not recommended for skin types with high melanin content

POST PEEL: 0-12 HOURS

- Keep skin completely dry. Do not rinse.
- Skin should feel tight, dry and aged-looking.
- Avoid sun exposure.
- No hot tub, steam room or sauna.
- No strenuous activities or exercise.
- Do not use any retinol, lightening, or exfoliating products.
- Do not use hair removal creams or wax over treatment area.
- Avoid hair color, perm or other chemical solutions.

POST PEEL: 24-36 HOURS

- Follow above precautions.
- Skin will darken and superficial dry layers will crack.
- Treat skin with Post Peel Balm to improve comfort.
- If peeling is delayed or skin is red, a toning solution of 1 part distilled white vinegar to 4 parts water may help.
- Apply sunscreen daily and reapply regularly when outdoors.
- Avoid sun exposure.
- Do not pick, peel, scrape or scratch the skin.

POST PEEL: 10-14 DAYS

- Clients may begin to follow their regular skin care routine.
- Schedule follow-up 10-14 days post peel for evaluation.

QUESTIONS?

Call toll free 800 689-0499 / ARCSkinCare.com
 Demonstrations available at YouTube.com/ARCSkinCare

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Step-By-Step Facial Protocol

STEP 1: CONSULTATION & SKIN PREP

Cleanse and tone the skin with **Clearifying**, then assess tone, texture, hydration and overall appearance. Advise the client about the procedure, expectations, and post-procedure skin care.

STEP 3: PEEL [THREE APPLICATION OPTIONS]

ACNE SWIPE: Put a generous amount of Clearifying Toner, then Clearifying Peel on to a cotton pad. Swipe the dampened cotton pad over problem areas of the face.

PEEL PLACEMENT: Apply a single layer of concentrated Clearifying Peel solution with your fan brush to problem areas of the face. Avoid direct contact with the eyes. Allow the peel solution to dry completely. Do not neutralize.

SPOT TREATMENT: Use a cotton tip applicator dampened with Clearifying Peel and spot treat blemishes on the face, back or chest. This method may be performed after an Acne Swipe application. The Spot Treatment method is also beneficial for normal to dry skin with targeted adult acne breakouts..

STEP 3: COMPLETE THE TREATMENT

Your client must keep her/his skin completely dry for at least 24 hours post-peel. No rinsing, sweating, washing, or steam from showers or baths are permitted. Remove the post-peel instructions below.

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Your Jessner peel treatment is one step towards your path to skin rejuvenation. During the next 7 to 10 days, your skin will go through a series of changes, making communication with your aesthetician essential for optimal recovery.

IMMEDIATELY AFTER THE TREATMENT: Keep your skin dry for at least 24 hours to ensure optimal peel absorption/penetration. Any type of moisture: steam from showers or baths, sweating, etc. will prematurely neutralize the peel, diminish potential results, and increase the risk of irritation and discomfort from improper exfoliation.

STAGE 1 [24 TO 48 HOURS]: Your skin may begin to feel tight, dry, darkened and aged looking. Keep your skin dry and wait for the signs of peeling to begin. Do not scrub or abrade the skin with physical or chemical exfoliants or tools.

STAGE 2: Dry skin will begin to crack and peel.

Use Clearifying Cleanser morning and night.

Add ARC Sun Protectant to your morning routine.

Apply Clearifying Lotion throughout the day to assist with the healing and peeling, and minimize flaking of dead skin. Avoid sun exposure and do not use any other skin care products or cosmetics.

STAGE 3: After days of peeling your skin should begin to look and feel smoother.

STAGE 4: Peeling should be minimal. Schedule your follow-up appointment with your aesthetician.

AFTER TWO WEEKS, and no signs of peeling, you may resume your regular regimen under the guidance of your aesthetician. After peeling away superficial dead skin, your newly rejuvenated skin will be sensitive to sun exposure and some exfoliating, brightening, or retinol ingredients. Always wear sunscreen and protect your skin from sun damage. Introduce your exfoliating products slowly to prevent irritation.

Contact your aesthetician with any questions or concerns you may have.