

Lightening Regimen

Cleanse Morning and Night

Alternate the use of your cleansers for lightening benefits during the day and deep pore cleansing at night.

- ☐ Melanin Cleanser (AM or PM)
- ☐ Fruitzyme Conditioner
- ☐ Lightening Cleansing Bar (AM)



Melasma: UV exposure is one of the primary stimulants of melasma; but it may also be stimulated by heat, exercise and aggressive treatment regimens. Its depth and severity can vary per person—because it is related to internal changes in the body.

Daily Protective Serum

Antioxidants help prevent photoaging, which includes dark spots, mottled tone and/or freckles, and damage to collagen and elastin fibers that accelerates laxity and wrinkles.

- ☐ High-Potent C Serum
- ☐ Opti-Renew Complex

Daily Hydration

Advanced regenerative moisturizer for uneven skin tone.

- ☐ Regenerating Cream
- ☐ Rest-N-Restore (hydration boost, pre-moisturizer)

Advanced Lightening

Targeted treatments for dark spots and uneven tone.

- ☐ Lighten More Complex
- ☐ Lighten Face

Nighttime Pore Refining Treatment

Improves the look of your skin tone and texture, while reducing the appearance of pores and fine lines.

- ☐ Resurfacing Peel 15/20%
- ☐ Cranberry Exfoliating Peel
- ☐ Dermabuff
- ☐ Revit-A-Lift (alternate use with peel treatment)

Daily UV Protection

Sun protection is essential to preventing and improving hyperpigmentation. Melanin is stimulated by UV rays.

- ☐ Sun Protectant Lotion
- ☐ Advanced Shades

Oily/Acne Skin Substitutes & Additions

- ☐ Clearifying Toner (for Fruitzyme Conditioner)
- ☐ Ultra Hemp Lotion (for Moisturizer)
- ☐ Blemish Control 5/10% Spot Treatment
- ☐ Resurfacing Peel 10+2% Gly-Sal

Advanced Firming & Wrinkle Additions

- ☐ Rapid Renewal Serum
- ☐ Wrinkle Release Complex
- ☐ Refirm Neck Cream
- ☐ Lip Renewal
- ☐ Essential Eyes

Aging gracefully is hard work.
We make it easy.

Hallmarks of beautiful skin include an even tone, smooth texture, and suppleness. Each of these can be attained with proactive measures to help improve your overall look and radiance.

You've made the right choice with ARC's products for hyper-pigmented skin. This Daily Regimen has been time-tested in our skin care facilities to work beneficially with topical prescription retinoids for skin rejuvenation. Consult with your aesthetician on the best options for your skin.



Sun Damage: Tanned skin is damaged skin. UV exposure contributes to age spots, freckles, mottled tone and skin cancer. Prevention with daily antioxidant serum and sunscreen use is your first step in keeping your skin healthy. Maintain radiant skin with routine exfoliation and hydration.

People choose ARC skin care because we formulate high quality products and provide aestheticians with time-tested protocols for progressive skin care treatments. We want to help you achieve your skin care goals by targeting treatments based on the condition of your skin.

THE BENEFITS

- Improve the appearance of your skin
- Stimulate collagen synthesis
- Remove dull/dead skin cells for natural radiance
- Reduce fine lines, wrinkles and prevent laxity
- Soften and smooth surface texture
- Improve the look of hyperpigmentation, age spots and mottled tone



ADVANCED REJUVENATING CONCEPTS

DISCOVER THE SCIENCE OF SKIN REJUVENATION™

Learn more about your skin concerns or find a professional near you at ARCSkinCare.com



Product Recommendations

Melanin Cleanser is an active nighttime gel cleanser to brighten dull skin and promote a more even tone, while effectively washing dirt, oil, and makeup.

Lighten Bar is a morning treatment bar with kojic and azelaic acids to help suppress melanocyte activity and inhibit melanin production to improve the look of sun damage, mottled tone, age spots, and post-inflammatory hyperpigmentation.

Opti-Renew Complex or High-Potent C renowned anti-aging serums synergistically enhance photoprotection, while promoting collagen synthesis to help reduce fine lines and wrinkles.

Regenerating Cream daily moisturizer helps improve cellular turnover and strengthen the dermal matrix by promoting collagen synthesis and regeneration.

Lighten More Complex is a 2-in-1 exfoliation treatment to help improve the appearance of sun damage, age spots, freckles, blotchy skin, and post-inflammatory hyperpigmentation.

Lighten Face is our signature alchemy blend that utilizes herbal extracts in synergy to help suppress melanocyte activity, improve skin tone, and smooth the appearance of lines and wrinkles.

Revit-A-Lift promotes a brighter skin tone and smoother texture with the regenerative benefits of vitamin A, a time-tested ingredient that helps refine the pores and stimulate cellular regeneration and collagen synthesis, and promote a smoother skin texture by helping to reverse the signs of sun damage.

Advanced Shades BB or Sun Protectant are an essential part of every regimen. Protect your skin from redness, inflammation, and premature aging.

Everything you need to rejuvenate, clarify and improve the overall health and radiance of your hyperpigmented skin.

Ask your skin care provider about the best product combination and treatment plan for your skin concerns.
Learn more at ARCSkinCare.com

Improve your skin tone.

When the skin tone becomes mottled, patchy, uneven, freckled, or presents spots, overactive melanocytes are the cause. These specialized cells produce melanin in the superficial layers of skin to produce brown, yellow, or red pigment and give our skin its natural tone or color. Hyperpigmentation occurs when melanocytes over produce melanin as a result of environmental damage, injury to the skin, or internal changes within our body. Your skin's natural tone and ethnic background are important factors in determining the best treatment path for your skin.

Photodamage

Tanned skin is not healthy. UV exposure contributes to premature signs of aging, including age spots, freckles, mottled tone, and skin cancer. Prevention is your first step in keeping your skin healthy. This is achieved with daily antioxidant serum and sunscreen use, in addition to protective measures (hat, sunglasses and protective clothing) when outdoors for extended periods of time. Improving the look of chronically damaged skin is achieved with the ARC Hyperpigmentation regimen and routine facial treatments with your aesthetician.

Post-Inflammatory

Red or brown circular spots that surface from acne blemishes, cuts or other trauma to the skin is called Post-Inflammatory Hyperpigmentation (PIH). Sun protection and acne management (if applicable) is essential to help prevent and correct the pigmentation. Daily use of Lighten Cleansing Bar and spot treatment with Lighten More may help improve the look of PIH.

Melasma

A type of hyperpigmentation that occurs primarily in women, melasma is most commonly associated with hormonal changes and can be triggered by several different stimuli. It is characterized as dark, irregular and undefined patches of pigmentation located on the upper lip, jaw line, and cheeks. UV exposure is one of the primary stimulants of this condition, but unlike photodamage, melasma may also be stimulated by heat, exercise, and aggressive treatment regimens.

Oral contraceptives and pregnancy are the most common causes of melasma; however, some women experience the condition into menopausal years. Its depth and severity can vary per person and—because it is related to internal changes in the body—the condition cannot be cured, only managed. Early detection and prevention with the ARC Hyperpigmentation regimen and routine facial treatments with your aesthetician may help reduce the severity of melasma and contribute to a more even skin tone.

Learn more at ARCSkinCare.com



ADVANCED REJUVENATING CONCEPTS

Hyperpigmentation

Brightening solutions from
serious skin care professionals

Improve skin tone and texture.
Diminish dark spots and patches.
Natural and clinical formulations.
Easy-to-follow regimens.