

The background of the entire page is a close-up, soft-focus image of pink rose petals. The petals are layered, showing their delicate texture and vibrant pink color. The lighting is soft, creating a gentle glow across the scene.

# The Revive Graceful Aging Sample Kit Protocol

Get glowing, beautiful skin,  
naturally, in one week!

**The Revive Face Wash**

**The Revive Rose Toner**

**The Revive Facial Serum**

**The Revive Facial Crème**

**The Revive Essential Oil**

**Blend for Facial Steam**

**The Revive Facial Sugar Scrub**

**The Revive Facial Masque**

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# The Revive Graceful Aging Sample Kit Protocol

I'm very excited for you to experience the Revive difference! I researched the best high-performance botanicals, herbal-infused oils and pure essential oils that are proven to hydrate the skin without clogging your pores.

You'll get skin that's soft, supple, vibrant, and nourished.

Your skin will look and feel better than ever.

So much so your friends might be a bit jealous.

**To get the best results follow the protocol below and don't use other products or brands while following this protocol. You won't know if the Revive line is working if you're still using other products and brands.**

## **EVENING PROTOCOL**

### **Step #1 -**

If you wear makeup take it off with olive oil. Yes...I said olive oil. It's so gentle on your skin and it won't clog your pores. Conventional makeup removers and makeup remover sheets are loaded with chemicals that:

- dry your skin out
- make it red and rashy
- create skin sensitivity

Pour a dime size amount of olive oil in your palm. Rub hands together and gently massage into your skin. If you wear mascara and eye makeup, gently rub over eyelashes & eyes. Remove oil with a tissue..

### **Step #2**

Rinse face with warm water. Wet a soft washcloth or facial brush with warm water.

Shake the Revive Foaming Face Wash and squeeze a little onto the washcloth or facial brush. FYI: the sample size of the Revive Foaming Face Wash doesn't foam up due to the dispenser.

In a circular motion, massage face wash all around your face, under your chin, and don't forget your neck. If you wear a lot of makeup you might need to cleanse again. Pat skin dry.

### **Step #3**

Shake up the Revive Rose Toner. Squirt a little into a cotton ball or in the palm of your hands. Spread all over your face, chin, and neck. Be careful around your eyes. Don't rinse off.

### **Step #4**

Start with less than a dime size of the Revive Facial Crème and massage into your face & neck. Allow a moment for your skin to soak it up.

## **MORNING PROTOCOL**

### **Step #1**

You don't need to wash your face since you cleansed the night before. Rinse face off with water. Or rinse it while you're in the shower. Don't dry your face. Keep it damp for Step #3.

### **Step #2**

Shake up the Revive Rose Toner. Squirt a little into a cotton ball or in the palm of your hands. Spread all over your face, chin, and neck. Be careful around your eyes. Don't rinse off.

### **Step #3**

Shake up the Revive Facial Serum. Place 3-4 drops in the palms of your hands and gently press into your face, under your chin, and neck. If you wear makeup wait a minute or two for it to soak into your skin.

### **Step #4 (optional)**

If you have very dry skin apply a small amount of Revive Facial Crème on top of the serum.

**At the end of your day go back to the Evening Protocol.**

**Read on for your once a week spa session.**

## WEEKLY SPA TREATMENT

The spa treatment should be done once per week. Carve out about 30 minutes for you relaxing treatment. I like to do it on a Sunday evening. It's become a ritual, it feels cleansing and I'm treating myself to something special. I then follow with the daily evening protocol. You can choose to do this in the morning. Follow it with the daily morning protocol. Read through the directions so you can have everything ready the day your going to love yourself with the spa treatment.

### 1-CLEANSE

### 2-FACIAL STEAM

### 3-FACIAL SCRUB

### 4-FACIAL MASQUE

**1-CLEANSE:** After removing any makeup and cleanse your face with the Revive Face Wash.

**2-STEAM** - You'll need a large metal, ceramic or glass bowl.

(Don't use a plastic bowl, it leeches into the water)

A bath towel

4 cups of heated water

The Revive Essential Oil Blend for Facial Steam

## FACIAL STEAM DIRECTIONS

Heat water to almost boiling. Pour water into your bowl. Let it cool down for a few minutes. Add 2-3 drops of the essential oil blend to the hot water.

**DON'T USE MORE THAN 2-3 DROPS. ESSENTIAL OILS ARE POTENT AND MORE IS NOT BETTER!** Drape the towel over your head and the bowl to create a steam tent. Set your timer for 10 - 20 minutes, close your eyes and relax! Breathe in through your nose & out of your mouth. You should start to sweat thereby opening up your pores. If you can, stay in the steam tent for at least 10 minutes. 20 minutes is ideal.

Leave your skin damp as you go onto the next step.

### **3-FACIAL SCRUB**

Over a sink splash your face with warm water.

Put about a dime size amount of the Revive Facial Scrub in your palms.

With your fingertips gently massage the scrub into your skin, under your chin, neck, and chest. Massage until the granules dissolve. Rinse off with warm water.

### **4-FACIAL MASQUE**

The masque is dry. You'll add a wetting agent to make the masque.

You'll need a small paper cup or a small ceramic bowl. Choose from one of the wetting agents: full fat yogurt, milk, cream, aloe vera juice, mashed banana, mashed avocado, buttermilk, or plain water.

1 1/2 tsp. of The Revive Facial Masque dry clay

1/4 tsp. - 1/2 tsp. of a wetting agent.

Mix the dry masque with the wet ingredient you chose in a small dixie cup until you get an easy to spread consistency. If you put some on a spoon and held it upside there would be some dripping but most of it would stay on the spoon. If it isn't the right consistency add a little more clay or liquid to get it right. As long as you can easily spread the masque onto your skin without it dripping down your skin, it's the right consistency. Spread evenly all over your face, neck and upper chest, avoiding eyes. Allow masque to dry until it begins cracking.

Take off with warm water and a washcloth or rinse off in the shower.

### **5-TONE**

Shake the Revive Rose Toner and apply a small amount to face.

## **6-MOISTURIZE**

If you're doing the spa treatment in the morning use the Revive Facial Serum.  
If you're doing the spa treatment in the evening use the Revive Facial Crème.

## **7-LOOK IN THE MIRROR**

Look in the mirror and look into your eyes and repeat the following

"I love and appreciate myself. I am beautiful. My skin is beautiful!"

I want you to be successful. Contact me at  
[michele@madewithloveskincare.com](mailto:michele@madewithloveskincare.com)  
if you have any questions at all.

If you're still having skin problems (dryness, wrinkles, irritation) after using  
the Revive products it could be due to a food sensitivity problem.

I've helped so many people transform their difficult  
skin issues with the Inside-Out Clear Skin™ program.

To learn more about it and to see if you qualify for this program I offer  
a free discovery session. There's no further obligation or any pressure.

It's just a conversation to see how I can help you.

Contact me at [michele@madewithloveskincare.com](mailto:michele@madewithloveskincare.com)  
to schedule your free discovery session today.

Michele's an expert in the realm of natural health and healing.

She's a licensed massage therapist, craniosacral practitioner,  
energy healer, health kinesiologist, herbalist, motorcycle riding,  
dog loving, foodie.

Michele loves helping others live their best lives possible.

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