

♩ = 90-130

Stick and Pad Exercises

All of these exercises are meant to be played on pads with sticks.
Any of these can easily be translated to playing on any surface required.

16th Note Grid

Snare Drum

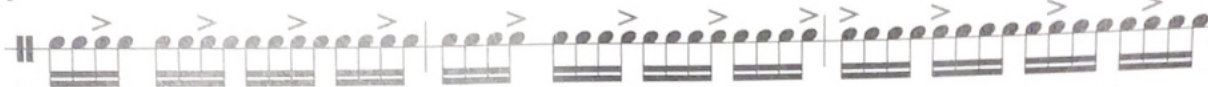


R l r l ...

r L r l ...

S.Dr.

3



r l R l ...

r l r L ...

R R L L

S.Dr.

6



R

R

L

L

R

R

L

L

R

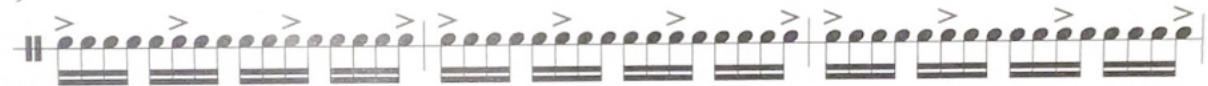
R

L

L

S.Dr.

9



R

L

R

L

R

L

R

L

R

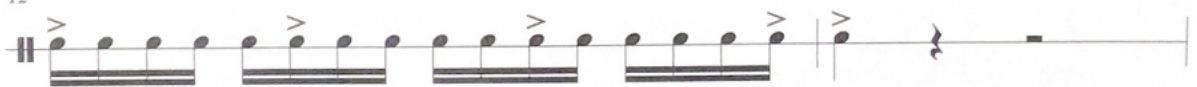
L

R

L

S.Dr.

12



R

L

R

L

R

14

Triplet Grid

S.Dr.



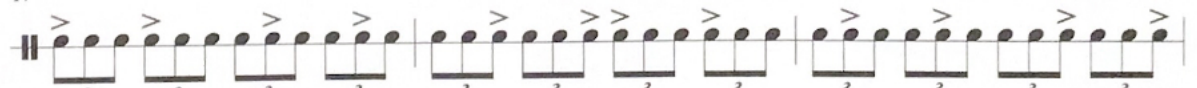
R l r L r l ...

r L r l R l ...

r l R l r L ...

S.Dr.

17



R

L

L

R

R

L

R

L

R

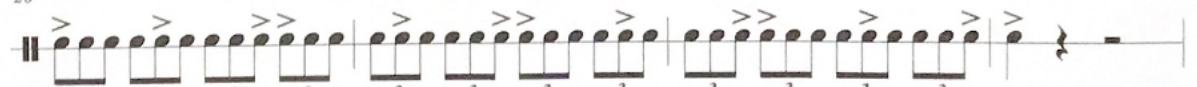
L

R

L

S.Dr.

20



R

R

R

L

L

R

R

L

L

L

R

R