| January | February | March | April | April | May | May | June | July | August | September | October |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Seed indoor | Seed indoor | Seed indoor | Seed indoor | Starts | Seed indoor | Starts | Seed outdoor | Seed outdoor | Seed outdoor | Seed outdoor | Seed outdoor |
| Artichoke | Artichoke | Broccoli | LATE APRIL | Artichoke* | Basil | Artichoke | Arugula | Arugula | Arugula* | Arugula* | Fava beans* |
| Arugula | Asparagus | Cabbage | Basil | Arugula | Cucumber | Arugula | Asian greens | Asian greens* | Asian greens | Asian greens* | Garlic (cloves)* |
| Endive | Broccoli | Cauliflower | Cucumber | Asian Greens | Melon | Basil 5/15 | Basil* $6 / 1$ | Basil | Beets | Beets | Onion (sets)* |
| Fava Beans | Cabbage | Celeriac | Melon | Beets |  | Beans | Beans* 6/1 | Beans | Broccoli raab | Cabbage (for | Shallots (bulbs)* |
| Kale | Cauliflower | Celery | Pumpkin | Broccoli* | Seed outdoor | Broccoli | Beets | Beets* 7/1 | Cabbage (early)* | spring) |  |
| Leeks | Celeriac | Eggplant* | Squash, summer | Brussels Sprouts | Arugula | Cabbage (early | Broccoli | Broccoli* 7/1 | 8/1 | Endive |  |
| Lettuce | Celery | Leeks | Squash, winter | Cabbage (early | Asian greens | and late) | Bruss. sprouts* | Brussels Sprouts | Cauliflower | Fava beans* |  |
| Mustard | Chard | Lettuce |  | types)* | Basil 5/15 | Carrots | Cabbage (late)* | Cabbage (early) | Chard* 8/1 | Garlic (cloves)* | Cover Crops* |
| Onions* | Chives | Peppers* |  | Carrots | Beans* 5/15 | Cauliflower | 6/1 | Carrots* 7/1 | Cilantro | Lettuce* |  |
| Peas | Choi | Scallions | HARDEN | Cauliflower* | Beets | Celeriac | Carrots* 6/15 | Cauliflower* 7/1 | Collards | Kale |  |
| Scallions | Eggplant 2/15* | Tomatoes* | OFF | Celeriac* 4/15 | Broccoli | Celery | Cauliflower | Chard | Kale | Onions (sets)* | Starts |
| Spinach | Endive | Tomatillos* | SEEDLINGS | Celery* 4/15 | Brussels sprouts* | Chard | Chard | Cilantro | Lettuce* | Radish* | Bok Choi |
|  | Kale | Seed outdoor |  | Chard | Cabbage | Collards | Cilantro | Collards 7/1 | Mustard greens | Salad greens* | Cabbage (over |
|  | Kohlrabi | Arugula* | Seed outdoor | Choi | Carrots | Corn 5/15 | Corn* | Corn* until 7/15 | Peas | Shallots (bulb)* | wintering) |
| Seed outdoor | Leeks* | Asian greens | Arugula | Cilantro | Cauliflower | Cucumbers | Cucumbers* 6/1 | Fennel | Radish |  | Lettuce |
| Radish | Lettuce | Asparagus* | Asian greens | Collards | Celeriac | 5/15 | Dill | (bulbing)* 7/15 | Salad greens |  | Salad greens |
|  | Onion* | (crown) | Asparagus | Dill | Celery | Dill | Endive | Kale* | Spinach* 8/1 | Cover Crops* |  |
|  | Parsley | Chard* | (crown) | Endive* | Chard | Eggplant | Kale | Kohlrabi 7/1 | Swiss chard |  |  |
| * Indicates best | Peppers 2/15* | Cilantro | Beets* | Fennel | Choi | (cover) * 5/15 | Kohlrabi* | Lettuce | Turnips | Starts |  |
| times and | Tomatillo | Choi | Broccoli* | (bulbing)* | Cilantro | Fennel | Lettuce | Parsnips |  | Kale | November |
| methods of | Tomatoes 2/15* | Fava Beans | Brussels sprouts | Jer. Artichoke* | Collards* | (bulbing) | Melons* 6/1 | Peas | Starts | Lettuce |  |
| planting. | Seed outdoor | Garlic (cloves) Kale | Cabbage (early types)* | Kale* <br> Kohlrabi | Dill 5/15 <br> Fennel (bulbing) | Jer. Artic Kale | Parsnips <br> Pumpkins* 6/1 | Scallions | EARLY | Salad greens | Seed outdoor |
| Shading | Arugula* | Mustard greens* | Carrots* 4/1 | Leeks* | Kale | Kohlrabi | Rutabaga* | Spinach | AUGUST |  | Fava beans |
| indicates either | Asparagus* | Peas* 3/1 | Cauliflower* | Lettuce | Kohlrabi | Leeks | Scallions | Squash, summer | Basil |  | Garlic (cloves) |
|  | (crowns) | Potatoes (tuber) | Celeriac* 4/15 | Mustard Greens | Leeks (over | Lettuce | Squash, (all) * | until 7/15 | Broccoli |  | Onion (sets) |
|  | Cilantro | Scallions | Celery* 4/15 | Peas | wintering) | Peppers (cover) | 6/1 | Turnips* 7/1 | Cabbage |  | Shallot (bulbs) |
|  | Fava beans | Spinach* | Chard* | Radicchio | Lettuce | * 5/15 | Turnips | $\underline{\text { Starts }}$ | Carrots |  |  |
| Overwintering | Garlic (cloves) | Starts | Choi* | Salad greens | Parsnips* | Radicchio | $\underline{\text { Starts }}$ | Artichoke | Cauliflower |  |  |
| Crop | Mustard Greens Onion* | Artichoke Arugula | Cilantro* <br> Collards | Scallions <br> Sorrel | Potatoes * <br> (tubers) | Salad Greens <br> Scallions | Artichoke <br> Basil* | Basil* <br> Broccoli* | Collards Dill |  | Cover Crops (some) |
| Please note: | Onion* <br> Onion Bunches* | Arugula <br> Asian greens | Collards <br> Dill | Sorrel <br> Spinach | (tubers) <br> Pumpkin 5/15 | Scallions <br> Sorrel | Basil* <br> Beans | Broccoli* <br> Bruss. sprouts* | Dill <br> Fennel (bulbing) |  |  |
| Planting times | Onion sets* | Broccoli* | Endive* |  | Radicchio | Spinach | Broccoli | Cabbage* |  |  | December |
| may be altered | Peas* | Cabbage (early) | Fennel (bulbing) |  | Radish | Squash (all) | Brussels | Carrots* | THROUGH |  |  |
| depending on | Potatoes (tubers) | Ch | Jer. Artichoke |  | Rutabaga |  | sprouts* | iflowe | AUGUST |  | Collect seed |
| elevation, | Radish Scallions | Choi | (tuber) | Herbs to | Salad greens | Tomatoes (cover)*5/15 | Cauliflower | Collards* | Artichoke |  | catalogs, pour a |
| location, and | Scallions | Cilantro | Kale | Plant any day | Scallions | (cover)*5/15 | Celery | Corn* until 7/15 | Asian greens |  | cup of tea and |
| the use of a | Spinach* | Green onions Jer. Artichoke* | Kohlrabi* <br> Lettuce* | of the year | Spinach* Squash, summer | Tomatillo (cover)*5/15 | Corn* <br> Cucumbers | Cucumbers <br> Eggplant 'til | Cilantro <br> Kale* |  | plan for next |
| cloche or row | Starts | (tuber) | Mustard Greens | Chives | $5 / 15$ | (cover)*5/15 | Eggplant* | $7 / 15$ | Leeks |  |  |
| cover. | Artichoke | Kale* | Peas 4/1 | Parsley | Squash, winter |  | Leeks | Kale* | Lettuce |  |  |
|  | Peas | Lettuce | Potatoes (tubers) | Parsley | 5/15 |  | Melons | Leeks | Mustard greens* |  | Organize your |
|  | Garlic | Mustard greens | Radicchio | Rosemary | Turnips |  | Peppers* | Lettuce | Salad greens |  | garden journal. |
|  | Onions | Onion | Radish |  |  |  | Pumpkins | Peppers 'til 7/15 | Scallions |  |  |
|  | Scallions | Peas | Scallions |  |  |  | Squash (all) * | Squash, summer | Spinach* |  |  |
|  |  | Salad greens | Sorrel |  |  |  | Swiss chard | untl 7/15 |  |  |  |
|  |  | Spinach | Spinach* |  |  |  | Tomatoes* |  |  |  |  |
|  |  |  | Turnips* |  |  |  |  |  |  |  |  |

Spacing guidelines

| Veggie | Plant <br> Spacing | Row spacing |
| :---: | :---: | :---: |
| Artichoke | 24" | 3-6' |
| Asian greens | 6-12" | 18-24" |
| Asparagus | 1 crown/foot | 4-6' |
| Beans (bush) | 2-3" | 18-36" |
| Pole | 2-3" | 3-4' |
| Fava | 3-5" | 12-30" |
| Beets | Thin to 3-4" | 16" |
| Brussel sprouts | 24" | $24^{\prime \prime}$ |
| Broccoli | 12-24" | 18-36" |
| Cabbage | 18-24" | 2-4' |
| Cauliflower | 12-24" | $30^{\prime \prime}$ |
| Carrots | Thin to 1-3" | 12-16" |
| Celery | 12" | 18" |
| Collards | 12-16" | 24-36" |
| Corn | Thin to 8-12" | 24-30" |
| Cucumber | Hills 3' | $3{ }^{\prime}$ |
| Eggplant | 12-18" | 2-3' |
| Garlic | 4-6" | 12-18" |
| Kale | 18-24" | 24" |
| Kohlrabi | 3-8" | 12-18" |
| Leeks | 4-5" | 12-18" |
| Lettuce ( leaf) | 10-14" | 16-18" |
| Iceberg/Romaine | 12-16" | 16-18" |
| Melons | 3-4' | 5-6' |
| Onions (large) | 5" | 16-24" |
| Green onions | 2" | 12-18" |
| Parsley | 6-8" | 12-18" |
| Parsnips | Thin to 3-4" | 12-18" |
| Peas | 1" | 18-24" |
| Peppers | 12-18" | 24-30" |
| Potatoes | 12" 4-6"deep | 12-24" |
| Pumpkin bush | 6-8' | 3-4' |
| Pumpkin lg. | 4-5' | 8-10' |
| Radish | Thin to 1-2" | 8-12" |
| Shallots | 4-6" | 12-18" |
| Spinach | Thin to 3" | 12-18" |
| Swiss chard | 2-3" | 18-24" |
| Squash (bush) | $24^{\prime \prime}$ | One per bed |
| Squash (vine) | 36" | One per bed |
| Tomatoes | $\begin{aligned} & \hline \text { D18-24"' } \\ & \text { I20-30" } \end{aligned}$ | $\begin{gathered} 12-1 "^{\prime \prime} \\ 2-3 \prime \\ \hline \end{gathered}$ |

## References

The Maritime Northwest Garden Guide by Seattle Tilth

The Old Farmer's Almanac
Territorial Seed Catalogue
Growing Vegetables West of the Cascades, Steve Solomon


Plant beets and carrots when dandelions are blooming.

- Farmer's Almanac


# Veggie Calendar 

Guidelines, tips and timing for planting vegetables


PORTLAND

Introduction

It is so rewarding to eat vegetables from your own garden. Here in the Willamette Valley, our mild winters offer a year-round harvest. The success of this harvest hinges heavily on getting the plants in the ground at the appropriate time. This pamphlet provides a rough guideline for when to start your seeds and set out your transplant starts. This timetable is tailored for the Willamette Valley. If you are at a higher elevation, or a colder zone, these times may need to be adjusted in order to fit your weather patterns. Move up planting times by one month if you have a cold frame. A spacing guide is also provided to help you plan your garden.

Proper soil preparation is essential to a successful harvest. Till a healthy dose (about a $1 / 2$ inch) of organic material, such as manures, into the soil before planting. In addition, add some organic fertilizer to the planting area. The amount of fertilizer varies with each vegetable. Research these details in the reference sources listed on the back of this pamphlet. Steve Solomon provides excellent specifics for vegetables such as cold, heat and day length sensitivities in Growing Vegetables West of the Cascades. Enjoy the fruits of your labor and love!

