



BOOK of TEA

2012 EDITION

PURVEYORS OF OVER 90 PREMIUM LOOSE LEAF TEAS,
BREWED TO ORDER OR TO ENJOY AT HOME

666 W. HUNTINGTON DR.
MONROVIA, CA 91016
626.303.2283 TEL
WWW.THELOOSETEAS.COM



ROOIBOS, AN HERB UNIQUELY GROWN IN THE SOUTH AFRICAN CEDARBERG MOUNTAINS, IS NATURALLY CAFFEINE-AND CALORIE-FREE, RICH IN MANY ESSENTIAL VITAMINS AND MINERALS, AND CONTAINS POWERFUL ANTIOXIDANTS, IT IS SAID TO RELIEVE HEADACHES, DISTURBED SLEEP PATTERNS, LIGHT DEPRESSION AND HYPERTENSION

PURE ROOIBOS

ORGANIC ROOIBOS This superior grade is prized for its flavor and myriad of health benefits \$12.00/4OZ, \$21.50/1/2LB, \$39.00/1LB

BLENDED ROOIBOS

HAWAIIAN DIVINE A full-bodied blend of rooibos, pineapple and coconut \$10.00/4OZ, \$17.50/1/2LB, \$34.00/1LB

CHOCOLATE MINT ROOIBOS A comforting blend of rooibos, peppermint, calendula petals, and cocoa bean- a favorite during winter time \$11.00/4OZ, \$19.50/1/2LB, \$37.50/1LB

ORGANIC ROMAN PROVENCE A fruity floral blend of rosehip shells, rose petals, lavender, dried currants and dried elderberries \$12.00/4OZ, \$21.50/1/2LB, \$40.00/1LB

BOURBON STREET VANILLA Our top selling caffeine-free blend, consisting of vanilla, calendula petals, cocoa bean and almond flakes \$10.00/4OZ, \$17.50/1/2LB, \$29.50/1LB

BLUEBERRY ROOIBOS Antioxidant rich and flavorful wild blueberries perfectly complement with the profile of full-bodied rooibos \$10.00/4OZ, \$18.00/1/2LB, \$34.00/1LB

GEORGIA PEACH A blend with sweet peach notes made with calendula petals and blackberry leaves \$11.00/4OZ, \$20.50/1/2LB, \$37.50/1LB





BLENDED ROOIBOS (CONTINUED)

CREAMY CARAMEL A rich blend of rooibos with caramel bits and safflower blossoms, a wonderfully indulgent treat with a touch of milk and sugar \$12.00/4OZ, \$21.00/1/2LB, \$40.00/1LB

ISLAND FRUIT ALLURE A truly unique blend that captures the tropics in a cup---made with green rooibos, mango, papaya, and peach bits, orange peels and marigold flowers \$16.00/4OZ, \$28.00/1/2LB, \$54.00/1LB

CHOCOLATE CHAI Chocolate chips added to cardamom, ginger and cinnamon creates a sweet and spicy caffeine-free twist to popular chai \$13.00/4OZ, \$22.50/1/2LB, \$43.50/1LB

ORGANIC JAMAICAN RED Strong and fruity body with complex tropical spices that includes hibiscus, lemongrass, schizandra berries, rosehips, licorice root, orange peel, passion fruit and natural essential oils of clove oil \$16.00/4OZ, \$28.00/1/2LB, \$54.00/1LB

MACADAMIA ROOIBOS Captivating and rich, with the creamy, nutty essence of macadamia \$15.00/4OZ, \$26.00/1/2LB, \$52.00/1LB

CINNAMON SPICE A spicy blend to warm those rainy, chilly nights \$10.00/4OZ, \$17.50/1/2LB, \$34.00/1LB

SUMMER SPICE A summertime blend of nuts and spice that consists of ginger, almonds, coconuts, apple bits, cinnamon and cardamom pepper \$13.00/4OZ, \$23.50/1/2LB, \$43.50/1LB

*Drink your tea slowly and reverently, as if it is the axis
on which the world earth revolves - slowly, evenly,
without rushing toward the future. ~Thich Nat Hahn*





GREEN TEA IS PICKED AND QUICKLY HEATED BY STEAMING OR FIRING TO SEAL IN THE HEALTH BENEFITS. WELL-KNOWN GREENS ARE FROM JAPAN AND CHINA

PURE GREEN

ORGANIC JADE GREEN A special grade of Chinese green tea produced in the higher elevation tea gardens of western Hubei, China, it has a mellow and refreshing character that's smooth with low astringency \$14.00/4OZ, \$24.50/1/2LB, \$45.00/1LB

ORGANIC DRAGONWELL The most famous green tea from China, known for its refreshing energy and remarkable flavor. The uniform sword-shaped leaves are indicative of superior quality \$21.00/4OZ, \$36.50/1/2LB, \$71.50/1LB

ORGANIC SENCHA Produced by steaming early spring tea leaves before drying as opposed to pan-firing. Steamed teas from China and Japan have a higher concentration of chlorophyll, vitamins, and other beneficial health elements than other styles of green tea \$14.00/4OZ, \$26.50/1/2LB, \$47.00/1LB

MATCHA Famous stone ground tea that purifies and invigorates \$16.00/4OZ, \$28.00/1/2LB, \$54.00/1LB

BLENDED GREEN

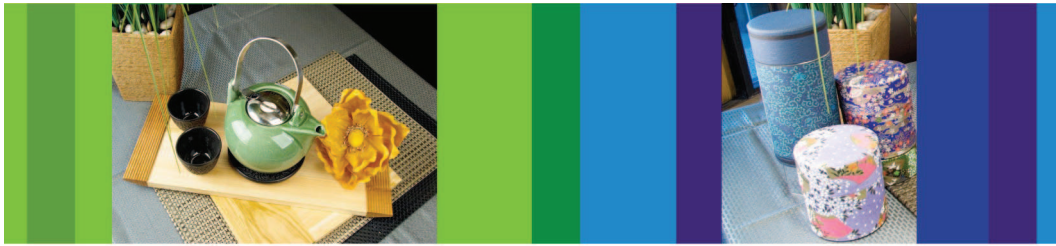
ALMOND WALNUT A blend of Chinese green tea leaves, brittle candy and pineapple bits, coconut shavings, walnuts, almonds \$12.00/4OZ, \$21.00/1/2LB, \$40.00/1LB

BLUE MANGO A blend of green tea leaves with notes of mango for an exotic fruit pungency, pineapple cubes for added highlight and mallow petals for a clean finish \$10.00/4OZ, \$17.50/1/2LB, \$34.00/1LB

GENMAICHA A specialty Japanese blend of sencha and fire-toasted rice \$11.00/4OZ, \$19.50/1/2LB, \$36.50/1LB

LONG ISLAND STRAWBERRY A blend of sencha, sweet strawberry pieces and papaya bits \$11.00/4OZ, \$18.50/1/2LB, \$34.50/1LB





GREEN TEA (CONTINUED)

RAINDROP A succulent blend of sencha, strawberries, orange peels and everlasting petals \$12.00/4OZ, \$21.00/1/2LB, \$39.50/1LB

ORGANIC JASMINE GREEN A blend of green tea leaves with fresh jasmine blossoms by traditional technique. Its infusion imparts a sweet and soothing fragrance \$13.00/4OZ, \$24.50/1/2LB, \$41.50/1LB

ORGANIC JASMINE PEARL The most tender green tea leaves and buds are hand-rolled into small pearls and infused with the essence of fresh jasmine blossoms \$23.00/4OZ, \$40.00/1/2LB, \$78.00/1LB

ORGANIC KYOTO CHERRY ROSE A blend of sencha with bold cherry notes scented with rose petals \$12.00/4OZ, \$20.50/1/2LB, \$38.50/1LB

ORGANIC MOROCCAN MINT A blend of the finest peppermint and special quality gunpowder green tea \$12.00/4OZ, \$20.50/1/2LB, \$38.50/1LB

ORGANIC ORANGE BLOSSOM A blend of sweet scented blossoms and citrus fruits \$12.00/4OZ, \$21.00/1/2LB, \$40.00/1LB

OO LONG TEA IS A SEMI-FERMENTED TEA WITH DISTINCTIVE FRAGRANCES FROM A LIGHT OXIDATION PROCESS. AUTHENTIC OOLONG IS RESTRICTED TO A FEW REGIONS OF CHINA AND TAIWAN

PURE OOLONG

NANTOU'S LILAC A tea from the mountainous region of Nantou, Taiwan. The tightly rolled leaves and connected stem unfurl slowly revealing a new character with each subsequent infusion \$20.00/4OZ, \$35.00/1/2LB, \$68.00/1LB

MONKEY PICKED OOLONG Perhaps the most fabled and highest quality tea in China, known for its complexity. The tightly rolled leaves burst with flavor and a slightly fruity aftertaste \$40.00/4OZ, \$78.00/1/2LB, \$138.00/1LB





OOLONG TEA (CONTINUED)

SNOW PEAR OOLONG An oolong with an infusion reminiscent of orchids and lilacs, and a sweetness that comes from the processing and skill of the tea master who makes it \$24.00/4OZ, \$42.00/1/2LB, \$82.00/1LB

BLENDED OOLONG

ORGANIC CITRON OOLONG Aromatic oolong bursting with citrus notes, with jasmine flowers, lemon myrtle and natural essential orange oils \$18.00/4OZ, \$31.50/1/2LB, \$61.00/1LB

COCONUT OOLONG Creamy smooth coconut, perfectly balanced with oolong \$22.00/4OZ, \$41.00/1/2LB, \$79.00/1LB

EARL OF OOLONG An exciting change of pace for earl grey tea lovers, strong notes of bergamot pair exquisitely with oolong leaves \$24.00/4OZ, \$42.00/1/2LB, \$82.00/1LB

BLACK TEA, OR RED TEA, AS IT IS KNOWN IN CHINA, IS A RESULT OF THE COMPLETE OXIDATION OF THE TEA LEAVES. IT IS KNOWN FOR ITS ROBUST, FULL-BODIED FLAVOR

PURE BLACK TEA

ORGANIC KEEMUN SUPERIOR An exquisite tea from China, made with only sprouting tips of the tea plant and composed of only pure buds. Keemun was known for centuries as "the world's finest black tea bar none" \$32.00/4OZ, \$56.00/1/2LB, \$110.00/1LB

ORGANIC DARJEELING 2ND FLUSH Made with new grown tips a few months after the first harvest of the year, it is often referred to as the "champagne" of teas \$20.00/4OZ, \$35.00/1/2LB, \$68.00/1LB





BLACK TEA (CONTINUED)

HOUSE ASSAM Orange pekoe grade, strong and full-flavored \$10.00/4OZ,
\$18.00/1/2LB, \$34.00/1LB

ORGANIC LAPSANG SOUCHONG Produced in the Wuyi Mountains and dried over
burning pine to give it an intensely smoky flavor and aroma \$24.00/4OZ,
\$42.00/1/2LB, \$82.00/1LB

ORGANIC GOLDEN YUNNAN Made of big golden buds and uniform shaped leaves that
make an unbelievably tippy infusion \$16.00/4OZ, \$28.00/1/2LB, \$54.00/1LB

ORGANIC ENGLISH BREAKFAST A blend of black tea from Ceylon for flavor, Assam for
strength, and Kenya for color \$10.00/4OZ, \$17.50/1/2LB, \$31.00/1LB

ORGANIC IRISH BREAKFAST A tea known for its strength and high caffeine content.
Recommended for coffee drinkers making the switch to tea \$10.00/4OZ,
\$17.50/1/2LB, \$34.00/1LB

HOUSE CEYLON An orange pekoe Ceylon that is reminiscent of honey and a light
toffee flavor \$10.00/4OZ, \$17.50/1/2LB, \$32.00/1LB

BLENDED BLACK TEA

ALMOND BISCOTTI Enjoy the warm, toasty taste of this full-leaf black tea blend with
almonds, cinnamon and safflowers. Biscotti in a cup! Excellent iced, hot or with milk!
\$12.00/4OZ, \$21.00/1/2LB, \$40.00/1LB

ORGANIC EARL GREY A blend of black tea leaves and natural oils from the bergamot
fruit. \$12.00/4OZ, \$21.00/1/2LB, \$39.00/1LB

EARL DE LA CREME A sweet and creamy twist to classic earl grey, with cornflower
petals, vanilla extract and natural bergamot oils \$12.00/4OZ, \$21.00/1/2LB,
\$40.00/1LB





BLACK TEA (CONTINUED)

BLACK CURRANT Classic blend of black tea leaves, hibiscus petals, calendula petals and sweet orange peels \$11.00/4OZ, \$19.50/1/2LB, \$34.50/1LB

ORGANIC MASALA CHAI An intensely spicy tea comprised of black tea leaves, green cardamom, cinnamon, black pepper, licorice root, ginger, clove and peppermint \$13.00/4OZ, \$24.50/1/2LB, \$42.50/1LB

MANGO BLOSSOM Sweet and succulent tropical notes in this blend with rose buds, sunflower petals and natural mango flavor \$12.00/4OZ, \$21.00/1/2LB, \$39.00/1LB

FRENCH BLEND A classic blend of vanilla, jasmine, lavender and black tea leaves from Ceylon, Nilgiri, Assam and Kenya \$9.00/4OZ, \$15.50/1/2LB, \$30.50/1LB

LYCHEE BLACK A blend of Chinese black tea leaves cured with the essence of sweet lychee fruit \$11.00/4OZ, \$19.00/1/2LB, \$37.50/1LB

CRANBERRY POMEGRANATE Sweet pomegranates, cranberries and raspberries round out this heart healthy blend \$13.00/4OZ, \$24.50/1/2LB, \$43.50/1LB

CHOCOLATE CAPPUCCINO Sweet and strong Assam tea paired with chocolate, perfect for mornings or for coffee lovers making the switch to tea \$13.00/4OZ, \$24.50/1/2LB, \$42.50/1LB

PEACH APRICOT A blend of black tea leaves with peaches and apricots \$9.00/4OZ, \$15.50/1/2LB, \$30.50/1LB

ROSE A blend of black tea leaves and rose petals that is reminiscent of a tea rose garden \$9.00/4OZ, \$15.50/1/2LB, \$30.50/1LB

SOURSOP A blend of black tea leaves with hibiscus petals and natural oils of the soursop fruit- wonderful as an iced tea! \$10.00/4OZ, \$17.50/1/2LB, \$34.00/1LB





OUR **SIGNATURE BLENDS** ARE CREATED BY OUR TEA SPECIALISTS TO MAXIMIZE THE HEALTH BENEFITS OF THE VARIETY OF TEAS AND HERBS AVAILABLE

SIGNATURE BLENDS

REST TEA Rest easy at night with a cup made from organic green rooibos, linden, German chamomile, jasmine blossoms, red rooibos, lavender, lemon myrtle and peppermint \$18.00/4OZ, \$31.50/1/2LB, \$61.00/1LB

IMMUNE BOOSTER An all-organic blend of German chamomile, peppermint, ginger, organic white tea buds, lemongrass, lemon verbena and cardamom \$18.00/4OZ, \$31.50/1/2LB, \$61.00/1LB

HARMONY A natural way to control cramps and other minor symptoms of premenstrual discomfort. A blend of raspberry leaves, chamomile blossoms, chaste tree berries, juniper berries, linden blossoms and a touch of dong qual \$18.00/4OZ, \$31.50/1/2LB, \$61.00/1LB

SECRET GARDEN A blend of white peony white tea, sencha green tea, darjeeling black tea, gunpowder green tea, dragowell green tea, jasmine pearl green tea, mango, pineapple, papaya, orange peels, strawberry, red currants and sour cherry and apricot bits \$19.00/4OZ, \$33.00/1/2LB, \$64.50/1LB

THE TEA REVOLUTION

OUR BELIEFS ARE NOT ONLY CENTERED AROUND BREWING A GREAT CUP OF TEA, BUT TO ALSO REVOLUTIONIZE THE WAY PEOPLE THINK ABOUT TEA. START A TEA REVOLUTION IN YOUR LIFE!



HERBAL TEAS, OR TISANES, ARE NOT TEAS. THEY DO NOT CONTAIN ANY TEA LEAVES BUT ARE FORMULATED TO BE PREPARED LIKE TEA. THEY ARE MADE FROM BOTANICALS, HERBS, FRUITS AND FLOWERS. TISANES ARE CAFFEINE- AND CALORIE-FREE

HERBAL TEA and TISANES

ORGANIC ECHINACEA Echinacea is one of the most popular herbs for the alleviation of the common cold and flu. It is recommended that one drinks it at the first sign of cold or flu symptoms; not recommended for daily usage \$12.00/4OZ, \$21.00/1/2LB, \$38.00/1LB

ORGANIC PEPPERMINT Distinctive and calming, this tea promotes clarity \$13.00/4OZ, \$24.00/1/2LB, \$45.50/1LB

ORGANIC GERMAN CHAMOMILE For centuries, people have used chamomile as a cure-all. Its calming effects are said to aid in sleeping, nerves and stress \$12.00/4OZ, \$21.00/1/2LB, \$39.50/1LB

ORGANIC GINGER Recommended for the alleviation of nausea, vomiting, abdominal bloating, easing of sore throats and digestion. The BEST remedy for nausea. \$11.00/4OZ, \$19.00/1/2LB, \$37.50/1LB

ORGANIC RED GINSENG An energizing tea that helps against mental and physical stress \$14.50/4OZ, \$26.00/1/2LB, \$49.50/1LB

ORGANIC HIBISCUS Sweet and tart, this herb is well regarded as especially useful for general well being \$14.00/4OZ, \$26.00/1/2LB, \$48.50/1LB

ORGANIC LAVENDER BLOSSOMS A calming tea cherished for its sweet scent and myriad of benefits \$12.00/4OZ, \$21.00/1/2LB, \$40.00/1LB

CHRYSANTHEMUM BLOSSOMS Aromatic flower that cools and aids in recovery \$26.00/4OZ, \$49.50/1/2LB, \$92.00/1LB





HERBAL TEA (CONTINUED)

ORGANIC TURMERIC GINGER Sweet licorice root and ginger paired with the healing and anti-inflammatory properties of turmeric \$18.00/4OZ, \$31.50/1/2LB, \$61.50/1LB

ORGANIC RASPBERRY LEAVES Raspberry leaves have been used medicinally for centuries by indigenous cultures; it is said to relieve colds, sore throats and diarrhea. In pregnancy, it is used to help with nausea and to ease labor and delivery \$12.00/4OZ, \$21.00/1/2LB, \$38.50/1LB

MANGO SPLASH A summertime favorite with mango, pineapple and dried tangerines \$13.00/4OZ, \$24.50/1/2LB, \$43.50/1LB

RASPBERRY LEMONADE A blend of hibiscus blossoms, grapes, papaya, lemon grass, rose hip peels, orange peels, lemon peels, pineapple, mango and natural lemon extract \$13.00/4OZ, \$25.50/1/2LB, \$45.50/1LB

BERRY MADNESS A full-flavored tea with deep, resonating notes of hibiscus and currants \$12.00/4OZ, \$19.50/1/2LB, \$36.50/1LB

FRUIT FUSION A delicious medley of red fruit and flowers, including hibiscus, strawberries and raspberries for a light and refreshing treat \$13.00/4OZ, \$24.50/1/2LB, \$42.00/1LB

PINEAPPLE A blend that brings out the sweet and sour flavors of the island favorite pineapple fruit- a house favorite \$13.00/4OZ, \$24.50/1/2LB, \$44.00/1LB

GOJI TREASURES Sweet melon flavors paired with antioxidant rich and anti-aging goji berries. \$13.00/4OZ, \$24.50/1/2LB, \$44.00/1LB





WHITE TEA IS THE LEAST PROCESSED AND LEAST CAFFEINATED TEA. THE LEAVES ARE HANDPICKED, STEAMED AND DRIED. PRODUCTION OF WHITE TEA IS INDIGENOUS TO A SMALL AREA OF NORTH FUJIAN, CHINA. THE HIGHEST QUALITY TEAS ARE PICKED EARLY IN THE SPRING WHEN THE BUDS ARE TIGHTLY ENCLOSED IN THE NEW LEAVES. WHITE TEAS ARE KNOWN FOR THEIR COOLING AND DETOXIFYING PROPERTIES.

PURE WHITE

ORGANIC SNOW BUDS A rare white tea that is hand-harvested in very limited quantities on high mountain peaks in Fujian. Its one leaf and top bud is covered in silvery white down is indicative of reserve quality white tea \$17.00/4OZ, \$29.50/1/2LB, \$57.50/1LB

BLENDED WHITE

ORGANIC SILVER NEEDLE JASMINE A calming and fragrant tea, scented with aromatic jasmine blossoms \$24.00/4OZ, \$42.00/1/2LB, \$82.00/1LB

RASPBERRY CHAMPAGNE A refreshing and light blend reminiscent of the tropics \$22.00/4OZ, \$39.00/1/2LB, \$74.00/1LB

CHRYSANTHEMUM BLOSSOM SILVER NEEDLE Long cherished aromatic flower that cools and calms, blended with silver needle white tea \$23.00/4OZ, \$40.00/1/2LB, \$78.00/1LB

ORGANIC PEACH WHITE An exquisite blend of white tea leaves, jasmine flowers, osthmanthus flowers, natural peach flavor and natural oil of the mandarin citrus fruit \$22.00/4OZ, \$38.50/1/2LB, \$75.00/1LB

STRAWBERRY WHITE A blend of white tea with strawberries, papaya and a touch of green tea \$20.00/4OZ, \$35.00/1/2LB, \$68.00/1LB





PUERH HAS LONG BEEN TREASURED AS AN INDISPENSABLE PART OF DAILY HEALTH. KNOWN AS A "DIET" TEA, PUERH IS KNOWN TO DISPEL GREASE AND TOXINS AND IS DRANK AFTER AN ESPECIALLY HEAVY MEAL. LIKE WINE, PUERH AGES WELL IF STORED PROPERLY

BLENDDED PUERH

ORGANIC PUERH GINGER A blend of organic ginger, orange peel, and puerh leaves developed for soothing and regulating digestion as well as for purging toxins from the body \$14.00/4OZ, \$26.50/1/2LB, \$46.50/1LB

ORGANIC BLOOD ORANGE PUERH Citrus notes balances sweet and tart with full-bodied puerh \$18.00/4OZ, \$31.50/1/2LB, \$61.50/1LB

PURE ENERGY! **YERBA MATE** IS EXTREMELY POPULAR THROUGHOUT LATIN AMERICA FOR ITS INVIGORATING ENERGY AND ROBUST VITAMIN, MINERAL AND ANTIOXIDANT CONTENT

MATE

ORGANIC YERBA MATE It is the most popular herbal tea in South America and its flavor is mildly astringent \$11.00/4OZ, \$19.50/1/2LB, \$36.50/1LB

TIRAMISU Roasted yerba mate, chocolate chip, and coffee make a for a wonderful morning tea \$12.00/4OZ, \$21.00/1/2LB, \$40.00/1LB

ORGANIC LEMON MATE Bright citrus notes comprised of mate, lemongrass, lemon myrtle, licorice root and orange peel \$13.00/4OZ, \$22.00/1/2LB, \$40.50/1LB

ORGANIC GINGER MATE Full-bodied, energetic and blended with spices \$13.00/4OZ, \$22.00/1/2LB, \$40.50/1LB

ORGANIC MINT MATE Sweet, smooth and invigorating, a special blend of the sweetness of our organic peppermint with the woody and bold flavors of Amazonian Yerba Mate \$12.00/4OZ, \$21.00/1/2LB, \$40.00/1LB

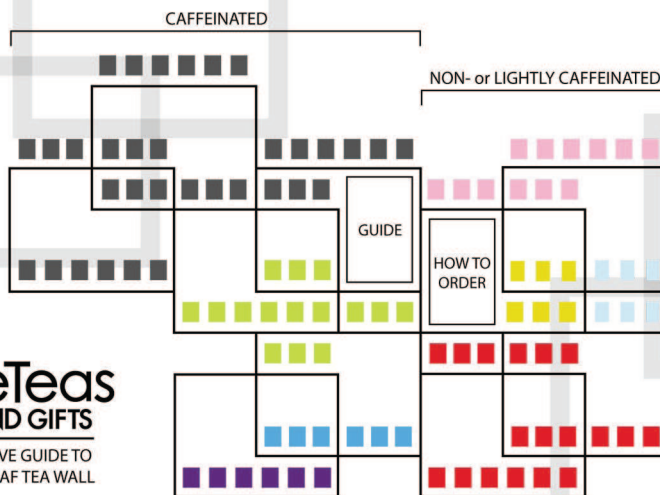


TEA 101
 4oz OF TEA
 BREWS APPROX.
 40-50 8oz CUPS
 OF TEA
 \$12/4oz
 = \$0.30/CUP
 \$7/4oz
 = \$0.17/CUP

The LooseTeas

CAFÉ AND GIFTS

AN INTERACTIVE GUIDE TO
 OUR LOOSE LEAF TEA WALL



Rooibos

Rooibos is a herb, which is naturally caffeine- and calorie-free, rich in many essential vitamins, minerals and contains powerful anti-oxidants.

CAFFEINE
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FUNCTIONS



Herbal Teas or Tisanes

Herbal teas are not teas, as they do not contain tea leaves. They are made from botanicals, herbs, fruits and flowers and are caffeine- and calorie-free.

CAFFEINE
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FUNCTIONS



Signature Blends

Our signature blends are created by our tea specialists to maximize the health benefits of the variety of teas and herbs available.

CAFFEINE
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FUNCTIONS



White Tea

White tea leaves are handpicked, steamed and dried. High quality teas are picked early in the spring when the buds are tightly enclosed.

CAFFEINE
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FUNCTIONS



Green Tea

Green tea is picked and quickly heated by steaming or firing to seal in the health benefits. This tea should not be over-cooked, as to destroy their subtle notes.

CAFFEINE
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FUNCTIONS



Yerba Mate

Pure energy! Yerba Mate is extremely popular throughout Latin America for its invigorating energy and robust vitamin, mineral and anti-oxidant content.

CAFFEINE
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FUNCTIONS



Oolong Tea

Oolong tea is a semi-fermented tea with distinctive fragrances. Production of authentic oolong teas is restricted to a few geographic regions of China and Taiwan.

CAFFEINE
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FUNCTIONS



Black Tea

Black tea, or red tea as it is known in China, is a result of the complete oxidation of its tea leaves. It is known for its robust, full-bodied flavors and energy level.

CAFFEINE
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FUNCTIONS



Legend

	ANTI-AGING		COOLING		HANGOVERS		PMS
	CALMING		DETOXIFYING		HEADACHES		SLEEP
	CANCER-FIGHTING		DIGESTION		HEART HEALTH		TOOTH HEALTH
	COLD/FLU FIGHTING		ENERGY		NAUSEA		WEIGHT CONTROL

RECOMMENDATIONS

- + Add more tea leaves for a stronger brew. Don't oversteep.
- + Let your palate be your guide. Don't restrict yourself to only one type of tea. Experiment!
- + Check thelooseteas.com to discover your tea style and for tips and additional recommendations.
- + Make a 2nd brew with the same tea leaves! Just steep for 1-2 additional minutes, in addition to the standard steeping time.
- + Use boiling water to brew black, rooibos teas and water just off the boil to brew green, white and oolong teas.

TEA STORAGE

Tea is vulnerable to air, light, heat, odor and moisture. When exposed to any of the above elements, tea will quickly become stale and lose its freshness.

To ensure freshness and quality, we recommend air-tight and light-evasive containers. Our resealable foil bags are intended for short-term storage.

NOTES