

Vegetable Steamer

Perfectly steam meat, fish and vegetables in minutes with the included steaming rack which can be removed when not required. Stack Microsafe® containers on top of each other in the microwave to heat numerous things at once or freeze meal portions in the containers for reheating later.

The Microsafe™ Vegetable Steamer is dishwasher safe so cleaning up is quick and easy.



Overheating of foods high in oil, fats or sugar may cause the product to melt. Heating of any such substances must be carefully monitored (check every 30 seconds) and such substances should not be further heated once melted.

WARNING Container and it's contents may become very hot. Take extra care when draining hot water.



1

Add 1/2 cup of water to steamer and place rack inside. Add vegetables.



2

Put lid on and open vent. Microwave according to recommended cooking times below.



3

Remove from microwave using safe hold handles and serve immediately. Enjoy!



PEAS	BEANS	CARROTS	ZUCCHINI
4 minutes	4 minutes	4 minutes	5 minutes
BROCCOLI	CORN	CAULIFLOWER	POTATOES
5 minutes	6 minutes	7 minutes	8 minutes

Cooking Guidelines

The timing will vary according to the power of the microwave. Timings are based on a 1000W microwave oven.