

What if a question could change your life?

Choose a category, then a number. Play in a group or individually as journal prompts.

	LET GO	BE ME	DREAM	GROW	LOVE	SERVE	
1	Where have you found peace?	What is something new you tried recently and loved?	What was your childhood dream?	What challenge do you want to overcome?	What is one of the kindest things someone has ever done for you?	What does this world need more of?	1
2	What did you learn from your biggest regret?	What makes you lose track of time?	What is your perfect day?	What does success look like to you?	How do you show love to others?	Who are your heroes?	2
3	What do you spend too much time doing?	What moves you to tears or gives you goosebumps?	What do you dream of achieving one day?	What risk are you happy that you took?	What makes you feel loved?	What have you witnessed that has strengthened your faith in humanity?	3
4	What would you do if you were not afraid?	What is a defining moment in your life and how did it impact you?	If money was not an issue, how would you spend your time?	What can you do that you could not do a year ago?	What are you passionate about and want to spend more time doing?	If you could run your own country, what would it be like?	4
5	What do you want to let go of?	What is most important to you?	What question would you ask a fortune teller?	What are you working towards that you could use help with?	What random act of kindness could you perform right now?	How are you making a difference in this world?	5