

Light Foods

BREAKFAST

Sourdough Toast **v gf*** (a) (g)

Two slices of sourdough toast with your chosen topping;

- Butter
- Jam
- Marmalade
- Peanut butter
- Marmite
- Chocolate spread
- Vegan spread **vg**

Banana Bread

- Toasted and buttered
- Toasted with yoghurt, honey and cinnamon sugar

Granola **v gf** (h)

Gluten free oats, served with yoghurt, honey & cinnamon sugar, or alternatively;

- Whole milk
- Semi-skimmed milk
- Oat milk **vg**
- Almond milk **vg**
- Coconut milk **vg**
- Soy milk **vg**

Assorted Pastries **v** (a) (g)

Baked fresh every morning, please see our baked cake or ask staff for details.

3.00 Smashed Avocado **v** 7.50

Choose from;

- Sourdough bread **vg**
- Homemade feta & chilli cornbread (g)
- Gluten free bread **gf**

Served with either;

- Hazelnut & pistachio dukkah **vg** (h)
- Homemade labneh & chilli flakes

3.00 Smoked Salmon on Toast **gf*** (d) 7.50

Served with homemade labneh on sourdough toast, finished with dill and fresh lemon.

3.00

TOASTED SANDWICHES

Available Monday - Friday

New Yorker (a) (g) 5.50

Pastrami, emmental, pickles, sauerkraut & mayonnaise.

Italiano **v** (a) (g) 5.00

Green pesto, black olive tapenade, sundried tomato, mozzarella & basil.

Grilled Cheese **vg** (a) 5.00

Jalapeño & grilled vegan cheese.

v vegetarian **vg** vegan **gf** gluten free **gf*** gluten free substitute available

Allergens; (a) Cereals containing gluten (b) Crustaceans (c) Eggs (d) Fish (e) Peanuts (f) Soya (g) Milk and/or lactose (h) Nuts (l) Celery (m) Mustard (n) Sesame seed (o) Sulphur dioxide and sulphites (p) Lupins (r) Molluscs

If you have any food allergies, please speak to a member of our staff.

