Starport Foods



Shrimp Chow Mein with Classic Wok sauce



Ingredients: Serves 2

1/2 C. Classic Wok Sauce* (Starport 225)
 4 oz. Shrimp, shelled, de-veined medium

Egg noodles, cooked, (approx. 4oz.

fresh noodles)

1/4 each Red onions, sliced 1/4"

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2 stalks Celery, sliced 1/4"

½ each Red bell pepper, sliced ¼"

2 Tbsp. Vegetable oil

2 sprigs Cilantro, for garnish (optional)

*Other delicious flavors from Starport for Chow Mein are: **Garlic Sesame Sauce** (Starport 209), **Brown Stir Fry Sauce** (Gluten Free Starport 214) and **XOX Sweet Teriyaki** (Starport 217).



Instructions

- Cook egg noodles according to manufacturer's instructions.
 - Uncooked weight is about half of cooked fresh noodles.
- 2. Drain noodles and toss with 1 Tbsp. of oil to prevent sticking and set aside.
- 3. Heat pan on high heat, when hot, add oil, onions and celery and sauté about 30 seconds.
- 4. Add shrimp and bell peppers. Before stirring sear for about 30 seconds.
- 5. Add noodles and **Classic Wok Sauce** toss noodles until steaming hot and serve.



Noodle Option

- 1. Use steamed egg noodles (thin noodles) to make Chinese restaurant style pan fried crispy noodles.
- 2. Bring water to boil in a large pot, then add in steamed noodles, stir to loosen noodles about 30 seconds, remove and drain.
- 3. Toss noodles with 1 Tbsp. oil per pound of noodles.
- 4. Heat pan (or griddle), spread noodles and brown noodles like a pancake, flip to brown both sides of noodle cake. Top with stir fried ingredients.