Starport Foods



Mu Shu Pork



Ingredients

Single Serving (3 wraps/serving)

¹/₄ C. Classic Wok Sauce (Starport 450*)

Classic Hoisin Sauce Gluten Free (Starport 128)

2 Tbsp. Corn oil

6 oz. Marinated and velvetized pork strips, may use chicken ¾ C.

1 stalk Green onion, 2" long

1 each Egg, scrambled

4 oz. Cabbage shredded 1-1/4 C. ¹/₄ C. Bamboo shoot shredded

3/4 C. Shiitake mushroom, fresh, thin

slices

3 ea. Flour tortillas or rice paper

*Classic Wok Sauce may be substituted with Garlic Sesame Sauce (Starport 444), Brown Stirfry Sauce Gluten Free (Starport 214) or XOX Teriyaki Sauce (Starport 417).



Instructions

- 1. Slice pork or chicken into thin strips, 1/8" x 2" long, marinate and velvetize as shown below.
- 2. Marinated and velvetized meat may be portioned and refrigerated until order, then follow the instruction below.
- 3. Heat a wok at high heat, add 1 Tbsp. oil, then beaten egg. Stir and remove when cooked and chop into small pieces (this can be done ahead of time and refrigerated).
- 4. Add oil to hot wok and sear the pork about 30 seconds, and then add in cabbage, bamboo shoot, and mushrooms. Stir-fry until cabbage is slightly wilted, then add in cooked egg and green onions.
- 5. Add in **Classic Hoisin Sauce** and **Classic Wok Sauce** stir-fry another 30 seconds until steaming hot.
- 6. Remove and serve with warm tortilla or rice paper.

Pork Marinade and Velvetization

- 1. For 10 lbs. sliced or cubed pork, dissolve 0.4 lb. (1C.) **Marinade Seasoning** (Starport 356) in 1¹/₄ C. water and mix with 1 C. corn oil. Mix well then marinate meat for 30 minutes or more.
- 2. **To velvetize:** Oil blanch meat in deep fryer at 350°F in 2-pound batches for 60-80 seconds, unclumping the meat pieces with tongs. Meat may NOT be fully cooked. Remove and drain.
- 3. When cool, place in covered container and refrigerate until ready to use. Make batch daily.