## **Starport Foods**



## **Mongolian Beef**



**Ingredients:** Foodservice Size

3 C.	Spicy Szechuan Sauce (Gluten Free
	Starport 422)

1 C. Sugar

2.5 lbs. Beef, sliced 1x1x½" marinated (see below)
2 C. Crispy Seasoning Batter (Starport 354)

1 lb. Celery, sliced 1/4"

1.5 lb. Red bell pepper, sliced 1/4"

1 lb. Onions, sliced 1/4"

.5 lb. Baby corn, cut in ½" length

.1 lb. Green onions, chopped

2 Tbsp. Garlic-Ginger infusion (see below).5 lb. Rice sticks, fried (see process below)

<sup>1</sup>/<sub>4</sub> C. Vegetable oil



Note: Rice sticks not shown

Recipe: Mongolian Beef

## Instructions

- 1. Mix 3 C. Spicy Szechuan Sauce and 1 C. of sugar and set aside.
- 2. Slice beef and marinate using instructions below.
- 3. Coat marinated beef with Crispy Seasoning Batter.
- 4. Divide beef into 2 batches and deep fry each batch at 350°F for 3-5 minutes until crispy. Remove, drain and set aside.
- 5. Oil blanch red bell pepper in fryer at 350°F for 50-60 seconds, remove, drain and set aside.
- 6. Heat wok or griddle on high heat, add oil then spread onions and celery on wok or griddle and let sear 30 seconds without stirring. Add garlic-ginger infusion and stir-fry for 20-30 seconds.
- 7. Add baby corn, stir-fry until hot (about 2 minutes), then add **Spicy Szechuan Sauce** and sugar mix.
- 8. Continue to stir-fry until steaming hot, add fried beef and oil blanched red bell peppers, ½ of the green onions and mix well.
- 9. Place on a bed of fried rice sticks and garnish with green onions.

For cook to order – Portion velvetized beef and refrigerate until order. When order, quickly refry beef about 20 second, then cook the onions, celery, bell peppers and baby corns as above.

\*Garlic/ginger – Mix 2 parts of crushed fresh garlic with one part of finely minced fresh ginger root. Place in pan, add enough oil to cover, and heat and stir until it reaches 170°F, remove and refrigerate.

**To Marinate Beef:** For 10 lbs. sliced or cubed beef, dissolve 0.4 lb. (1C.) **Marinade Seasoning** (Starport 356) in 1¼ C. water then add 1 C. corn oil. Mix well and marinate meat for 30 minutes or more.

**Rice stick preparation:** Deep-fry ¼ lb batch of rice sticks at 350°F until fully expanded and fluffy, about 20 seconds. Do not fry too long or noodles will turn brown. Drain on paper towels.