Starport Foods



Beef and Broccoli with Brown Stir Fry Sauce



Ingredients

Serves 4

12 oz. Sirloin Steak, sliced ¼"x1"x2"

2 tsp. Cornstarch

¹/₂ C. **Brown Stir Fry Sauce*** (Starport 214)

34 lb. Broccoli, floret's2 cloves Garlic, minced2 Tbsp. Vegetable oil

* Other delicious sauces for this recipe:

Garlic Sesame Starport 444 XOX Teriyaki Starport 417 Classic Wok Sauce Starport 450



Instructions

- 1. Marinate sliced beef with 2 tsp. cornstarch and 1 Tbsp. oil about 15 minutes or more.
- 2. Boil water in a 4 quart pot; blanch half of the broccoli, bring water back to a boil for 30 seconds. Remove broccoli with a slotted spoon, put into a colander, drain and set aside.
- 3. When the water returns to a boil, blanch the remaining broccoli for 30 seconds, remove, drain and set aside.
- 4. Heat wok on high heat. When hot, add oil, then beef. Spread out beef evenly, without stirring, sear for 2 minutes.
- 5. Add garlic, turn beef and sear for another 2 minutes.
- 6. Add **Brown Stir fry Sauce** and broccoli and sauté until steaming hot. Remove and serve.