

WOMEN'S BEST

Pre-Workout Booster

Orange Mango Dream

Ingredients: Workout-Blend (L-Arginine Alpha-Ketoglutarate, L-Citrulline DL-Malate, Beta Alanine, L-Tyrosine, Creatine Monohydrate (Creapure®), Caffeine), Maltodextrin, Acid (Citric Acid, Malic Acid, L(+)-Tartaric Acid), Flavor, Sweetener (Sucralose, Acesulfame K), Anti-Caking Agent (Silicon Dioxide), Color (Beetroot Powder, Beta-Carotene).

Nutritional Value:

| | per 100 g | | per serving (10 g) |
|------------------|--------------------|------------------|--------------------|
| Energy | 1191 kJ / 278 kcal | Energy | 119 kJ / 28 kcal |
| Fat | < 0.5 g | Fat | < 0.5 g |
| - Saturated Fats | < 0.5 g | - Saturated Fats | < 0.5 g |
| Carbohydrates | 29 g | Carbohydrates | 2.9 g |
| - Sugars | 2.0 g | - Sugars | < 0.5 g |
| Protein | 15 g | Protein | 1.5 g |
| Salt | < 0.01 g | Salt | < 0.01 g |

Active Ingredients

| | per serving (10 g) |
|----------------------------------|--------------------|
| L-Arginine Alpha-Ketoglutarate | 2000 mg |
| L-Citrulline DL-Malate | 1600 mg |
| Beta Alanine | 1600 mg |
| L-Tyrosine | 400 mg |
| Creatine Monohydrate (Creapure®) | 341 mg |
| Caffeine | 100 mg |

Sour Peach Candy

Ingredients: Workout-Blend (L-Arginine Alpha-Ketoglutarate, L-Citrulline DL-Malate, Beta Alanine, L-Tyrosine, Caffeine), Maltodextrin, Acid (Citric Acid, Malic Acid, L(+)-Tartaric Acid), Flavor, Sweetener (Sucralose, Acesulfame K), Anti-Caking Agent (Silicon Dioxide), Color (Beetroot Powder, Beta-Carotene).

Nutritional Value:

| | per 100 g | | per serving (10 g) |
|------------------|--------------------|------------------|---------------------------|
| Energy | 1193 kJ / 278 kcal | Energy | 119 kJ / 28 kcal |
| Fat | < 0.5 g | Fat | < 0.5 g |
| - Saturated Fats | < 0.5 g | - Saturated Fats | < 0.5 g |
| Carbohydrates | 29 g | Carbohydrates | 2.9 g |
| - Sugars | 1.9 g | - Sugars | < 0.5 g |
| Protein | 15 g | Protein | 1.5 g |
| Salt | < 0.01 g | Salt | < 0.01 g |

Active Ingredients

| | per serving (10 g) |
|--------------------------------|---------------------------|
| L-Arginine Alpha-Ketoglutarate | 2000 mg |
| L-Citrulline DL-Malate | 1600 mg |
| Beta Alanine | 1600 mg |
| L-Tyrosine | 400 mg |
| Caffeine | 100 mg |

Tropical Punch

Ingredients: Workout-Blend (L-Arginine Alpha-Ketoglutarate, L-Citrulline DL-Malate, Beta Alanine, L-Tyrosine, Caffeine), Maltodextrin, Acid (Citric Acid, L(+)-Tartaric Acid, Malic Acid), Flavor, Sweetener (Sucralose, Acesulfame K), Anti-Caking Agent (Silicon Dioxide), Color (Beetroot Powder, Beta-Carotene).

Nutritional Value:

| | per 100 g | | per serving (10 g) |
|------------------|-------------------|------------------|---------------------------|
| Energy | 981 kJ / 228 kcal | Energy | 98 kJ / 23 kcal |
| Fat | < 0.5 g | Fat | < 0.5 g |
| - Saturated Fats | < 0.5 g | - Saturated Fats | < 0.5 g |
| Carbohydrates | 17 g | Carbohydrates | 1.7 g |
| - Sugars | 1.0 g | - Sugars | < 0.5 g |
| Protein | 15 g | Protein | 1.5 g |
| Salt | 0.01 g | Salt | < 0.01 g |

| Active Ingredients | per serving (10 g) |
|--------------------------------|---------------------------|
| L-Arginine Alpha-Ketoglutarate | 2000 mg |
| L-Citrulline DL-Malate | 1600 mg |
| Beta Alanine | 1600 mg |
| L-Tyrosine | 400 mg |
| Caffeine | 100 mg |

Mixed Berry

Ingredients: Workout-Blend (L-Arginine Alpha-Ketoglutarate, L-Citrulline DL-Malate, Beta Alanine, L-Tyrosine, Caffeine), Maltodextrin, Acid (Citric Acid, L(+)-Tartaric Acid, Malic Acid), Flavor, Sweetener (Sucralose, Acesulfame K), Anti-Caking Agent (Silicon Dioxide), Color (Blueberry Extract).

Nutritional Value:

| | per 100 g | | per serving (10 g) |
|------------------|-------------------|------------------|---------------------------|
| Energy | 973 kJ / 227 kcal | Energy | 97 kJ / 23 kcal |
| Fat | < 0.5 g | Fat | < 0.5 g |
| - Saturated Fats | < 0.5 g | - Saturated Fats | < 0.5 g |
| Carbohydrates | 16 g | Carbohydrates | 1.6 g |
| - Sugars | 1.2 g | - Sugars | < 0.5 g |
| Protein | 15 g | Protein | 1.5 g |
| Salt | < 0.01 g | Salt | < 0.01 g |

| Active Ingredients | per serving (10 g) |
|--------------------------------|---------------------------|
| L-Arginine Alpha-Ketoglutarate | 2000 mg |
| L-Citrulline DL-Malate | 1600 mg |
| Beta Alanine | 1600 mg |
| L-Tyrosine | 400 mg |
| Caffeine | 100 mg |

Watermelon Mint

Ingredients: Workout-Blend (L-Arginine Alpha-Ketoglutarate, L-Citrulline DL-Malate, Beta Alanine, L-Tyrosine, Caffeine), Maltodextrin, Acid (Citric Acid, L(+)-Tartaric Acid, Malic Acid), Flavor, Color (Beetroot Powder, Safflower Concentrate), Sweetener (Sucralose, Acesulfame K), Anti-Caking Agent (Silicon Dioxide).

Nutritional Value:

| | per 100 g | | per serving (10 g) |
|------------------|-------------------|------------------|--------------------|
| Energy | 977 kJ / 228 kcal | Energy | 98 kJ / 23 kcal |
| Fat | < 0.5 g | Fat | < 0.5 g |
| - Saturated Fats | < 0.5 g | - Saturated Fats | < 0.5 g |
| Carbohydrates | 16 g | Carbohydrates | 1.6 g |
| - Sugars | 1.3 g | - Sugars | < 0.5 g |
| Protein | 15 g | Protein | 1.5 g |
| Salt | 0.02 g | Salt | < 0.01 g |

Active Ingredients

| | per serving (10 g) |
|--------------------------------|--------------------|
| L-Arginine Alpha-Ketoglutarate | 2000 mg |
| L-Citrulline DL-Malate | 1600 mg |
| Beta Alanine | 1600 mg |
| L-Tyrosine | 400 mg |
| Caffeine | 100 mg |

Blueberry Acai

Ingredients: Workout-Blend (L-Arginine Alpha-Ketoglutarate, L-Citrulline DL-Malate, Beta Alanine, L-Tyrosine, Caffeine), Maltodextrin, Acid (Citric Acid, L(+)-Tartaric Acid, Malic Acid), Flavor, Sweetener (Sucralose, Acesulfame K), Anti-Caking Agent (Silicon Dioxide), Color (Allura Red AC*, Brilliant Blue FCF).

Nutritional Value:

| | per 100 g | | per serving (10 g) |
|------------------|-------------------|------------------|---------------------------|
| Energy | 986 kJ / 230 kcal | Energy | 99 kJ / 23 kcal |
| Fat | < 0.5 g | Fat | < 0.5 g |
| - Saturated Fats | < 0.5 g | - Saturated Fats | < 0.5 g |
| Carbohydrates | 17 g | Carbohydrates | 1.7 g |
| - Sugars | 1.0 g | - Sugars | < 0.5 g |
| Protein | 15 g | Protein | 1.5 g |
| Salt | < 0.01 g | Salt | < 0.01 g |

Active Ingredients

| | per serving (10 g) |
|--------------------------------|---------------------------|
| L-Arginine Alpha-Ketoglutarate | 2000 mg |
| L-Citrulline DL-Malate | 1600 mg |
| Beta Alanine | 1600 mg |
| L-Tyrosine | 400 mg |
| Caffeine | 100 mg |

Tropical Ice

Ingredients: Workout-Blend (L-Arginine Alpha-Ketoglutarate, L-Citrulline DL-Malate, Beta Alanine, L-Tyrosine, Caffeine), Maltodextrin, Acid (Citric Acid, L(+)-Tartaric Acid, Malic Acid), Flavor, Sweetener (Sucralose, Acesulfame K), Anti-Caking Agent (Silicon Dioxide), Color (Beetroot Powder, Beta-Carotene).

Nutritional Value:

| | per 100 g | | per serving (10 g) |
|------------------|-------------------|------------------|---------------------------|
| Energy | 988 kJ / 230 kcal | Energy | 99 kJ / 23 kcal |
| Fat | < 0.5 g | Fat | < 0.5 g |
| - Saturated Fats | < 0.5 g | - Saturated Fats | < 0.5 g |
| Carbohydrates | 17 g | Carbohydrates | 1.7 g |
| - Sugars | 1.1 g | - Sugars | < 0.5 g |
| Protein | 15 g | Protein | 1.5 g |
| Salt | 0.02 g | Salt | < 0.01 g |

Active Ingredients

per serving (10 g)

| | |
|--------------------------------|---------|
| L-Arginine Alpha-Ketoglutarate | 2000 mg |
| L-Citrulline DL-Malate | 1600 mg |
| Beta Alanine | 1600 mg |
| L-Tyrosine | 400 mg |
| Caffeine | 100 mg |

Exotic Fruits

Ingredients: Workout-Blend (L-Arginine Alpha-Ketoglutarate, L-Citrulline DL-Malate, Beta Alanine, L-Tyrosine, Caffeine), Maltodextrin, Flavor, Acid (Citric Acid, L(+)-Tartaric Acid, Malic Acid), Sweetener (Sucralose, Acesulfame K), Anti-Caking Agent (Silicon Dioxide), Color (Safflower Concentrate, Beta-Carotene).

Nutritional Value:

| | per 100 g | | per serving (10 g) |
|------------------|-------------------|------------------|--------------------|
| Energy | 984 kJ / 229 kcal | Energy | 98 kJ / 23 kcal |
| Fat | < 0.5 g | Fat | < 0.5 g |
| - Saturated Fats | < 0.5 g | - Saturated Fats | < 0.5 g |
| Carbohydrates | 19 g | Carbohydrates | 1.9 g |
| - Sugars | 1.1 g | - Sugars | < 0.5 g |
| Protein | 15 g | Protein | 1.5 g |
| Salt | 0.05 g | Salt | < 0.01 g |

Active Ingredients

| | per serving (10 g) |
|--------------------------------|--------------------|
| L-Arginine Alpha-Ketoglutarate | 2000 mg |
| L-Citrulline DL-Malate | 1600 mg |
| Beta Alanine | 1600 mg |
| L-Tyrosine | 400 mg |
| Caffeine | 100 mg |

Sweet Peach

Ingredients: Workout-Blend (L-Arginine Alpha-Ketoglutarate, L-Citrulline DL-Malate, Beta Alanine, L-Tyrosine, Caffeine), Maltodextrin, Acid (Citric Acid, L(+)-Tartaric Acid, Malic Acid), Flavor, Sweetener (Sucralose, Acesulfame K), Anti-Caking Agent (Silicon Dioxide), Color (Beetroot Powder, Beta-Carotene).

Nutritional Value:

| | per 100 g | | per serving (10 g) |
|------------------|-------------------|------------------|---------------------------|
| Energy | 989 kJ / 230 kcal | Energy | 99 kJ / 23 kcal |
| Fat | < 0.5 g | Fat | < 0.5 g |
| - Saturated Fats | < 0.5 g | - Saturated Fats | < 0.5 g |
| Carbohydrates | 18g | Carbohydrates | 1.8 g |
| - Sugars | 1.3 g | - Sugars | < 0.5 g |
| Protein | 15 g | Protein | 1.5 g |
| Salt | 0.05 g | Salt | < 0.01 g |

Active Ingredients

| | per serving (10 g) |
|--------------------------------|---------------------------|
| L-Arginine Alpha-Ketoglutarate | 2000 mg |
| L-Citrulline DL-Malate | 1600 mg |
| Beta Alanine | 1600 mg |
| L-Tyrosine | 400 mg |
| Caffeine | 100 mg |

Fruit Jungle

Ingredients: Workout-Blend (L-Arginine Alpha-Ketoglutarate, L-Citrulline DL-Malate, Beta Alanine, L-Tyrosine, Caffeine), Maltodextrin, Flavor, Acid (Citric Acid, L(+)-Tartaric Acid, Malic Acid), Sweetener (Sucralose, Acesulfame K), Anti-Caking Agent (Silicon Dioxide), Color (Safflower Concentrate, Beta-Carotene).

Nutritional Value:

| | per 100 g | | per serving (10 g) |
|------------------|-------------------|------------------|--------------------|
| Energy | 984 kJ / 229 kcal | Energy | 98 kJ / 23 kcal |
| Fat | < 0.5 g | Fat | < 0.5 g |
| - Saturated Fats | < 0.5 g | - Saturated Fats | < 0.5 g |
| Carbohydrates | 19 g | Carbohydrates | 1.9 g |
| - Sugars | 1.1 g | - Sugars | < 0.5 g |
| Protein | 15 g | Protein | 1.5 g |
| Salt | 0.05 g | Salt | < 0.01 g |

Active Ingredients

| | per serving (10 g) |
|--------------------------------|--------------------|
| L-Arginine Alpha-Ketoglutarate | 2000 mg |
| L-Citrulline DL-Malate | 1600 mg |
| Beta Alanine | 1600 mg |
| L-Tyrosine | 400 mg |
| Caffeine | 100 mg |

Summer Lemonade

Ingredients: Workout-Blend (L-Arginine Alpha-Ketoglutarate, L-Citrulline DL-Malate, Beta Alanine, L-Tyrosine, Caffeine), Maltodextrin, Flavor, Acid (Citric Acid, L(+)-Tartaric Acid, Malic Acid), Sweetener (Sucralose, Acesulfame K), Anti-Caking Agent (Silicon Dioxide), Color (Safflower Concentrate, Beta-Carotene).

Nutritional Value:

| | per 100 g | | per serving (10 g) |
|------------------|-------------------|------------------|--------------------|
| Energy | 984 kJ / 229 kcal | Energy | 98 kJ / 23 kcal |
| Fat | < 0.5 g | Fat | < 0.5 g |
| - Saturated Fats | < 0.5 g | - Saturated Fats | < 0.5 g |
| Carbohydrates | 19 g | Carbohydrates | 1.9 g |
| - Sugars | 1.1 g | - Sugars | < 0.5 g |
| Protein | 15 g | Protein | 1.5 g |
| Salt | 0.05 g | Salt | < 0.01 g |

| Active Ingredients | per serving (10 g) |
|--------------------------------|---------------------------|
| L-Arginine Alpha-Ketoglutarate | 2000 mg |
| L-Citrulline DL-Malate | 1600 mg |
| Beta Alanine | 1600 mg |
| L-Tyrosine | 400 mg |
| Caffeine | 100 mg |

Hawaiian Shave Ice

Ingredients: Workout-Blend (L-Arginine Alpha-Ketoglutarate, L-Citrulline DL-Malate, Beta Alanine, L-Tyrosine, Caffeine), Maltodextrin, Acid (Citric Acid, L(+)-Tartaric Acid, Malic Acid), Flavor, Sweetener (Sucralose, Acesulfame K), Anti-Caking Agent (Silicon Dioxide), Color (Beetroot Powder, Beta-Carotene).

Nutritional Value:

| | per 100 g | | per serving (10 g) |
|------------------|-------------------|------------------|---------------------------|
| Energy | 988 kJ / 230 kcal | Energy | 99 kJ / 23 kcal |
| Fat | < 0.5 g | Fat | < 0.5 g |
| - Saturated Fats | < 0.5 g | - Saturated Fats | < 0.5 g |
| Carbohydrates | 17 g | Carbohydrates | 1.7 g |
| - Sugars | 1.1 g | - Sugars | < 0.5 g |
| Protein | 15 g | Protein | 1.5 g |
| Salt | 0.02 g | Salt | < 0.01 g |

| Active Ingredients | per serving (10 g) |
|--------------------------------|---------------------------|
| L-Arginine Alpha-Ketoglutarate | 2000 mg |
| L-Citrulline DL-Malate | 1600 mg |
| Beta Alanine | 1600 mg |
| L-Tyrosine | 400 mg |
| Caffeine | 100 mg |

*May have an adverse effect on activity and attention in children.