

WOMEN'S BEST

# BCAA Amino

## Ice Tea Peach

**Ingredients:** BCAA 2:1:1 Amino Acid Blend (L-Leucine, L-Isoleucine, L-Valine), Inulin, Acid (Citric Acid, L(+)-Tartaric Acid, Malic Acid), Flavor, Sweetener (Acesulfame K, Sucralose), Thickener (Sodium Carboxymethyl Cellulose, Xanthan), Roasted **Barley** Malt Extract, Emulsifier (Sunflower Lecithin), Anti-Caking Agent (Silicon Dioxide), Acidity Regulator (Sodium Hydrogen Carbonate), Pyridoxine Hydrochloride (Vitamin B6).

### Nutritional Value:

	per 100 g		per serving (5 g)
Energy	1305 kJ / 310 kcal	Energy	65 kJ / 16 kcal
Fat	0.4 g	Fat	< 0.1 g
- Saturated Fats	< 0.1 g	- Saturated Fats	< 0.1 g
Carbohydrates	7.0 g	Carbohydrates	0.4 g
- Sugars	2.8 g	- Sugars	0.1 g
Protein	50 g	Protein	2.5 g
Salt	0.33 g	Salt	0.02 g

Amino Acids	per 15 g	per 10 g	per 5 g
L-Leucine (BCAA)	3750 mg	2500 mg	1250 mg
L-Isoleucine (BCAA)	1875 mg	1250 mg	625 mg
L-Valine (BCAA)	1875 mg	1250 mg	625 mg
Total Aminos	7500 mg	5000 mg	2500 mg
Vitamins	per 15 g	per 10 g	per 5 g
Vitamin B6	4.2 mg (300% NRV)	2.8 mg (200% NRV)	1.4 mg (100% NRV)

## Passion Mango

**Ingredients:** BCAA 2:1:1 Amino Acid Blend (L-Leucine, L-Isoleucine, L-Valine), Inulin, Acid (Citric Acid, L(+)-Tartaric Acid, Malic Acid), Flavor, Color (Safflower Concentrate), Sweetener (Acesulfame K, Sucralose), Thickener (Xanthan, Sodium Carboxymethyl Cellulose), Anti-Caking Agent (Silicon Dioxide), Acidity Regulator (Sodium Hydrogen Carbonate), Pyridoxine Hydrochloride (Vitamin B6).

### Nutritional Value:

	per 100 g		per serving (5 g)
Energy	1348 kJ / 319 kcal	Energy	67 kJ / 16 kcal
Fat	0.6 g	Fat	< 0.1 g
- Saturated Fats	< 0.1 g	- Saturated Fats	< 0.1 g
Carbohydrates	7.1 g	Carbohydrates	0.4 g
- Sugars	2.3 g	- Sugars	0.1 g
Protein	50 g	Protein	2.5 g
Salt	0.32 g	Salt	0.02 g

Amino Acids	per 15 g	per 10 g	per 5 g
L-Leucine (BCAA)	3750 mg	2500 mg	1250 mg
L-Isoleucine (BCAA)	1875 mg	1250 mg	625 mg
L-Valine (BCAA)	1875 mg	1250 mg	625 mg
Total Aminos	7500 mg	5000 mg	2500 mg
Vitamins	per 15 g	per 10 g	per 5 g
Vitamin B6	4.2 mg (300% NRV)	2.8 mg (200% NRV)	1.4 mg (100% NRV)

## Very Cherry

**Ingredients:** BCAA 2:1:1 Amino Acid Blend (L-Leucine, L-Isoleucine, L-Valine), Inulin, Acid (Citric Acid, L(+)-Tartaric Acid, Malic Acid), Flavor, Sweetener (Acesulfame K, Sucralose), Color (Hibiscus Blossom Extract, Azorubine\*), Thickener (Sodium Carboxymethyl Cellulose, Xanthan), Emulsifier (Sunflower Lecithin), Anti-Caking Agent (Silicon Dioxide), Acidity Regulator (Sodium Hydrogen Carbonate), Pyridoxine Hydrochloride (Vitamin B6).

### Nutritional Value:

	per 100 g		per serving (5 g)
Energy	1363 kJ / 322 kcal	Energy	68 kJ / 16 kcal
Fat	0.8 g	Fat	< 0.1 g
- Saturated Fats	0.2 g	- Saturated Fats	< 0.1 g
Carbohydrates	7 g	Carbohydrates	0.4 g
- Sugars	2.3 g	- Sugars	0.1 g
Protein	50 g	Protein	2.5 g
Salt	0.31 g	Salt	0.02 g

Amino Acids	per 15 g	per 10 g	per 5 g
L-Leucine (BCAA)	3750 mg	2500 mg	1250 mg
L-Isoleucine (BCAA)	1875 mg	1250 mg	625 mg
L-Valine (BCAA)	1875 mg	1250 mg	625 mg
Total Aminos	7500 mg	5000 mg	2500 mg
Vitamins	per 15 g	per 10 g	per 5 g
Vitamin B6	4.2 mg (300% NRV)	2.8 mg (200% NRV)	1.4 mg (100% NRV)

## Blue Raspberry

**Ingredients:** BCAA 2:1:1 Amino Acid Blend (L-Leucine, L-Isoleucine, L-Valine), Inulin, Acid (Citric Acid, L(+)-Tartaric Acid, Malic Acid), Flavor, Sweetener (Acesulfame K, Sucralose), Thickener (Sodium Carboxymethyl Cellulose, Xanthan), Emulsifier (Sunflower Lecithin), Anti-Caking Agent (Silicon Dioxide), Acidity Regulator (Sodium Hydrogen Carbonate), Pyridoxine Hydrochloride (Vitamin B6), Color (Brilliant Blue FCF).

### Nutritional Value:

	per 100 g		per serving (5 g)
Energy	1336 kJ / 317 kcal	Energy	67 kJ / 16 kcal
Fat	0.4 g	Fat	< 0.1 g
- Saturated Fats	< 0.1 g	- Saturated Fats	< 0.1 g
Carbohydrates	5.8 g	Carbohydrates	0.3 g
- Sugars	2.6 g	- Sugars	0.1 g
Protein	50 g	Protein	2.5 g
Salt	0.32 g	Salt	0.02 g

Amino Acids	per 15 g	per 10 g	per 5 g
L-Leucine (BCAA)	3750 mg	2500 mg	1250 mg
L-Isoleucine (BCAA)	1875 mg	1250 mg	625 mg
L-Valine (BCAA)	1875 mg	1250 mg	625 mg
Total Aminos	7500 mg	5000 mg	2500 mg
Vitamins	per 15 g	per 10 g	per 5 g
Vitamin B6	4.2 mg (300% NRV)	2.8 mg (200% NRV)	1.4 mg (100% NRV)

## Fruit Fusion

**Ingredients:** BCAA 2:1:1 Amino Acid Blend (L-Leucine, L-Isoleucine, L-Valine), Inulin, Acid (Citric Acid, L(+)-Tartaric Acid, Malic Acid), Color (Beetroot Powder, Beta-Carotene), Flavor, Sweetener (Acesulfame K, Sucralose), Thickener (Sodium Carboxymethyl Cellulose, Xanthan), Emulsifier (Sunflower Lecithin), Anti-Caking Agent (Silicon Dioxide), Acidity Regulator (Sodium Hydrogen Carbonate), Pyridoxine Hydrochloride (Vitamin B6).

### Nutritional Value:

	per 100 g		per serving (5 g)
Energy	1334 kJ / 316 kcal	Energy	67 kJ / 16 kcal
Fat	< 0.1 g	Fat	< 0.1 g
- Saturated Fats	< 0.1 g	- Saturated Fats	< 0.1 g
Carbohydrates	6.8 g	Carbohydrates	0.3 g
- Sugars	2.7 g	- Sugars	0.1 g
Protein	50 g	Protein	2.5 g
Salt	0.29 g	Salt	0.01 g

Amino Acids	per 15 g	per 10 g	per 5 g
L-Leucine (BCAA)	3750 mg	2500 mg	1250 mg
L-Isoleucine (BCAA)	1875 mg	1250 mg	625 mg
L-Valine (BCAA)	1875 mg	1250 mg	625 mg
Total Aminos	7500 mg	5000 mg	2500 mg
Vitamins	per 15 g	per 10 g	per 5 g
Vitamin B6	4.2 mg (300% NRV)	2.8 mg (200% NRV)	1.4 mg (100% NRV)

---

## Watermelon

**Ingredients:** BCAA 2:1:1 Amino Acid Blend (L-Leucine, L-Isoleucine, L-Valine), Inulin, Acid (Citric Acid, L(+)-Tartaric Acid, Malic Acid), Flavor, Color (Beetroot Powder, Beta-Carotene), Sweetener (Acesulfame K, Sucralose), Thickener (Xanthan, Sodium Carboxymethyl Cellulose), Anti-Caking Agent (Silicon Dioxide), Acidity Regulator (Sodium Hydrogen Carbonate), Pyridoxine Hydrochloride (Vitamin B6).

### Nutritional Value:

	per 100 g		per serving (5 g)
Energy	1300 kJ / 309 kcal	Energy	65 kJ / 16 kcal
Fat	< 0.1 g	Fat	< 0.1 g
- Saturated Fats	< 0.1 g	- Saturated Fats	< 0.1 g
Carbohydrates	6.7 g	Carbohydrates	0.3 g
- Sugars	3.9 g	- Sugars	0.2 g
Protein	50 g	Protein	2.5 g
Salt	0.29 g	Salt	0.01 g

Amino Acids	per 15 g	per 10 g	per 5 g
L-Leucine (BCAA)	3750 mg	2500 mg	1250 mg
L-Isoleucine (BCAA)	1875 mg	1250 mg	625 mg
L-Valine (BCAA)	1875 mg	1250 mg	625 mg
Total Aminos	7500 mg	5000 mg	2500 mg
Vitamins	per 15 g	per 10 g	per 5 g
Vitamin B6	4.2 mg (300% NRV)	2.8 mg (200% NRV)	1.4 mg (100% NRV)

---

## Ice Tea Lemon

**Ingredients:** BCAA 2:1:1 Amino Acid Blend (L-Leucine, L-Isoleucine, L-Valine), Inulin, Acid (Citric Acid, L(+)-Tartaric Acid, Malic Acid), Flavor, Sweetener (Acesulfame K, Sucralose), Roasted **Barley** Malt Extract, Thickener (Sodium Carboxymethyl Cellulose, Xanthan), Emulsifier (Sunflower Lecithin), Anti-Caking Agent (Silicon Dioxide), Acidity Regulator (Sodium Hydrogen Carbonate), Pyridoxine Hydrochloride (Vitamin B6).

### Nutritional Value:

	per 100 g		per serving (5 g)
Energy	1329 kJ / 315 kcal	Energy	67 kJ / 16 kcal
Fat	< 0.1 g	Fat	< 0.1 g
- Saturated Fats	< 0.1 g	- Saturated Fats	< 0.1 g
Carbohydrates	6.4 g	Carbohydrates	0.3 g
- Sugars	2.6 g	- Sugars	0.1 g
Protein	50 g	Protein	2.5 g
Salt	0.29 g	Salt	0.01 g

	per 15 g	per 10 g	per 5 g
<b>Amino Acids</b>			
L-Leucine (BCAA)	3750 mg	2500 mg	1250 mg
L-Isoleucine (BCAA)	1875 mg	1250 mg	625 mg
L-Valine (BCAA)	1875 mg	1250 mg	625 mg
Total Aminos	7500 mg	5000 mg	2500 mg
<b>Vitamins</b>			
Vitamin B6	4.2 mg (300% NRV)	2.8 mg (200% NRV)	1.4 mg (100% NRV)

## Rainbow Candy

**Ingredients:** BCAA 2:1:1 Amino Acid Blend (L-Leucine, L-Isoleucine, L-Valine), Inulin, Acid (Citric Acid, L(+)-Tartaric Acid, Malic Acid), Sweetener (Acesulfame K, Sucralose, Saccharin), Flavor, Color (Beetroot Powder), Thickener (Sodium Carboxymethyl Cellulose, Xanthan), Emulsifier (Sunflower Lecithin), Anti-Caking Agent (Silicon Dioxide), Pyridoxine Hydrochloride (Vitamin B6).

### Nutritional Value:

	per 100 g		per serving (5 g)
Energy	1337 kJ / 316 kcal	Energy	67 kJ / 16 kcal
Fat	0.6 g	Fat	< 0.1 g
- Saturated Fats	< 0.1 g	- Saturated Fats	< 0.1 g
Carbohydrates	7.3 g	Carbohydrates	0.4 g
- Sugars	3.2 g	- Sugars	0.2 g
Protein	50 g	Protein	2.5 g
Salt	0.29 g	Salt	0.01 g

	per 15 g	per 10 g	per 5 g
<b>Amino Acids</b>			
L-Leucine (BCAA)	3750 mg	2500 mg	1250 mg
L-Isoleucine (BCAA)	1875 mg	1250 mg	625 mg
L-Valine (BCAA)	1875 mg	1250 mg	625 mg
Total Aminos	7500 mg	5000 mg	2500 mg
<b>Vitamins</b>			
Vitamin B6	4.2 mg (300% NRV)	2.8 mg (200% NRV)	1.4 mg (100% NRV)



## Honey Dew

**Ingredients:** BCAA 2:1:1 Amino Acid Blend (L-Leucine, L-Isoleucine, L-Valine), Inulin, Acid (Citric Acid, L(+)-Tartaric Acid, Malic Acid), Sweetener (Acesulfame K, Sucralose), Flavor, Thickener (Sodium Carboxymethyl Cellulose, Xanthan), Emulsifier (Sunflower Lecithin), Anti-Caking Agent (Silicon Dioxide), Color (Beetroot Powder, Beta-Carotene), Pyridoxine Hydrochloride (Vitamin B6).

### Nutritional Value:

	per 100 g		per serving (5 g)
Energy	1329 kJ / 315 kcal	Energy	67 kJ / 16 kcal
Fat	0.7 g	Fat	< 0.1 g
- Saturated Fats	0.2 g	- Saturated Fats	< 0.1 g
Carbohydrates	4.1 g	Carbohydrates	0.2 g
- Sugars	2.4 g	- Sugars	0.1 g
Protein	50 g	Protein	2.5 g
Salt	0.18 g	Salt	< 0.01 g

Amino Acids	per 15 g	per 10 g	per 5 g
L-Leucine (BCAA)	3750 mg	2500 mg	1250 mg
L-Isoleucine (BCAA)	1875 mg	1250 mg	625 mg
L-Valine (BCAA)	1875 mg	1250 mg	625 mg
Total Aminos	7500 mg	5000 mg	2500 mg
Vitamins	per 15 g	per 10 g	per 5 g
Vitamin B6	4.2 mg (300% NRV)	2.8 mg (200% NRV)	1.4 mg (100% NRV)

---

## Coconut Mango

**Ingredients:** BCAA 2:1:1 Amino Acid Blend (L-Leucine, L-Isoleucine, L-Valine), Inulin, Acid (Citric Acid, L(+)-Tartaric Acid, Malic Acid), Sweetener (Acesulfame K, Sucralose), Flavor, Thickener (Sodium Carboxymethyl Cellulose, Xanthan), Emulsifier (Sunflower Lecithin), Anti-Caking Agent (Silicon Dioxide), Pyridoxine Hydrochloride (Vitamin B6), Color (Beta-Carotene).

### Nutritional Value:

	per 100 g		per serving (5 g)
Energy	1321 kJ / 313 kcal	Energy	66 kJ / 16 kcal
Fat	0.8 g	Fat	< 0.1 g
- Saturated Fats	0.3 g	- Saturated Fats	< 0.1 g
Carbohydrates	4.1 g	Carbohydrates	0.2 g
- Sugars	2.3 g	- Sugars	0.1 g
Protein	50 g	Protein	2.5 g
Salt	0.18 g	Salt	< 0.01 g

Amino Acids	per 15 g	per 10 g	per 5 g
L-Leucine (BCAA)	3750 mg	2500 mg	1250 mg
L-Isoleucine (BCAA)	1875 mg	1250 mg	625 mg
L-Valine (BCAA)	1875 mg	1250 mg	625 mg
Total Aminos	7500 mg	5000 mg	2500 mg
Vitamins	per 15 g	per 10 g	per 5 g
Vitamin B6	4.2 mg (300% NRV)	2.8 mg (200% NRV)	1.4 mg (100% NRV)

## Lychee

**Ingredients:** BCAA 2:1:1 Amino Acid Blend (L-Leucine, L-Isoleucine, L-Valine), Inulin, Acid (Citric Acid, L(+)-Tartaric Acid, Malic Acid), Flavor, Sweetener (Acesulfame K, Sucralose), Thickener (Sodium Carboxymethyl Cellulose, Xanthan), Emulsifier (Sunflower Lecithin), Anti-Caking Agent (Silicon Dioxide), Acidity Regulator (Sodium Hydrogen Carbonate), Pyridoxine Hydrochloride (Vitamin B6).

### Nutritional Value:

	per 100 g		per serving (5 g)
Energy	1389 kJ / 329 kcal	Energy	70 kJ / 17 kcal
Fat	0.7 g	Fat	< 0.1 g
- Saturated Fats	0.3 g	- Saturated Fats	< 0.1 g
Carbohydrates	11 g	Carbohydrates	0.6 g
- Sugars	2.3 g	- Sugars	0.1 g
Protein	50 g	Protein	2.5 g
Salt	0.31 g	Salt	0.02 g

Amino Acids	per 15 g	per 10 g	per 5 g
L-Leucine (BCAA)	3750 mg	2500 mg	1250 mg
L-Isoleucine (BCAA)	1875 mg	1250 mg	625 mg
L-Valine (BCAA)	1875 mg	1250 mg	625 mg
Total Aminos	7500 mg	5000 mg	2500 mg
Vitamins	per 15 g	per 10 g	per 5 g
Vitamin B6	4.2 mg (300% NRV)	2.8 mg (200% NRV)	1.4 mg (100% NRV)

## Raspberry Lemonade

**Ingredients:** BCAA 2:1:1 Amino Acid Blend (L-Leucine, L-Isoleucine, L-Valine), Inulin, Acid (Citric Acid, L(+)-Tartaric Acid, Malic acid), Sweetener (Acesulfame K, Sucralose), Color (Beetroot Powder, Azorubine\*, Beta-Carotene, Ponceau 4R\*), Flavor, Thickener (Sodium Carboxymethyl Cellulose, Xanthan), Emulsifier (Sunflower Lecithin), Anti-Caking Agent (Silicon Dioxide), Pyridoxine Hydrochloride (Vitamin B6).

### Nutritional Value:

	per 100 g		per serving (5 g)
Energy	1350 kJ / 319 kcal	Energy	68 kJ / 16 kcal
Fat	0.6 g	Fat	< 0.1 g
- Saturated Fats	0.2 g	- Saturated Fats	< 0.1 g
Carbohydrates	5.5 g	Carbohydrates	0.3 g
- Sugars	3.4 g	- Sugars	0.2 g
Protein	50 g	Protein	2.5 g
Salt	0.18 g	Salt	< 0.01 g

Amino Acids	per 15 g	per 10 g	per 5 g
L-Leucine (BCAA)	3750 mg	2500 mg	1250 mg
L-Isoleucine (BCAA)	1875 mg	1250 mg	625 mg
L-Valine (BCAA)	1875 mg	1250 mg	625 mg
Total Aminos	7500 mg	5000 mg	2500 mg
Vitamins	per 15 g	per 10 g	per 5 g
Vitamin B6	4.2 mg (300% NRV)	2.8 mg (200% NRV)	1.4 mg (100% NRV)

\*May have an adverse effect on activity and attention in children.