

Drug Information Sheet("Kusuri-no-Shiori")

Internal

Revised: 08/2022

The information on this sheet is based on approvals granted by the Japanese regulatory authority. Approval details may vary by country. Medicines have adverse reactions (risks) as well as efficacies (benefits). It is important to minimize adverse reactions and maximize efficacy. To obtain a better therapeutic response, patients should understand their medication and cooperate with the treatment.

Brand name: ATELEC Tablets 20

Active ingredient: Cilnidipine

Dosage form: white oval tablet with split line, major axis: approx. 16.4 mm, minor axis: approx. 7.3 mm, thickness: approx. 5.3 mm

Imprint or print on wrapping: アテレック錠 20, 高血圧症の薬です, アテレック錠 20mg, AJ1 20, ATELEC Tablets 20



Effects of this medicine

This medicine exerts calcium antagonistic action on vascular smooth muscle to dilate blood vessels, and consequently lowers blood pressure. It also exerts the same action on sympathetic nerve to control heart beat and blood pressure increase under stress.

It is usually used to treat hypertension.

The following patients may need to be careful when using this medicine. Be sure to tell your doctor and pharmacist.

- If you have previously experienced any allergic reactions (itch, rash, etc.) to any medicines or foods.
If you are a patient with liver dysfunction.
- If you are pregnant, possibly pregnant or breastfeeding.
- If you are taking any other medicinal products. (Some medicines may interact to enhance or diminish medicinal effects. Beware of over-the-counter medicines and dietary supplements as well as other prescription medicines.)

Dosing schedule (How to take this medicine)

- Your dosing schedule prescribed by your doctor is((to be written by a healthcare professional))
- In general, for adults, take 5 to 10 mg of the active ingredient at a time, once a day after breakfast. It should be adjusted according to your age and symptoms. The dose can be increased to 20 mg of the active ingredient once a day. However, for severe hypertension, take 10 to 20 mg once a day after breakfast. This preparation contains 20 mg of the active ingredient in a tablet. Strictly follow the instructions.
- Sudden withdrawal of this medicine may worsen your condition.
- If you miss a dose, take a dose as soon as possible when you remember that you missed a dose. However, if it is almost time for the next dose, skip the missed dose and continue your regular dosing schedule. You should never take two doses at one time.
- If you accidentally take more than your prescribed dose, consult with your doctor or pharmacist.
- Do not stop taking this medicine unless your doctor instructs you to do so.

Precautions while taking this medicine

- You may feel dizziness etc., caused by decreased blood pressure. Pay attention when working at heights or operating dangerous machinery such as driving a car.
- An ingredient in grape fruit juice may intensify this medicine's effect. Do not drink it as much as possible while taking this medicine.

Possible adverse reactions to this medicine

The most commonly reported adverse reactions include rash, redness, itch, photosensitivity, headache, dull headache, dizziness, stiff shoulder, dizziness on standing up, facial flushing, palpitation, heat sensation, nausea/vomiting, abdominal pain, edema (of face, legs, etc.), generalized fatigability and frequent urination. If any of these symptoms occur, consult with your doctor or pharmacist.

The symptoms described below are rarely seen as initial symptoms of the adverse reactions indicated in brackets. If any of these symptoms occur, stop taking this medicine and see your doctor immediately.

- generalized fatigability, loss of appetite, yellowing of the skin and the white of eyes [liver dysfunction, jaundice]
- nose/gum bleeding, subcutaneous bleeding [thrombocytopenia]

The above symptoms do not describe all the adverse reactions to this medicine. Consult with your doctor or pharmacist if you notice any symptoms of concern other than those listed above.

Storage conditions and other information

- Keep out of the reach of children. Store away from light, heat and moisture.
- Discard the remainder. Do not store them. If you do not know how to discard, consult with your dispensing pharmacy or medical institution about how to discard them. Do not give this medicine to anyone else.

For healthcare professional use only

For further information, talk to your doctor or pharmacist.