

# FREQUENTLY ASKED QUESTIONS

#### When and how often should I use my device?

Your NuFACE Trinity or Mini Device is safe and gentle enough to use every day. For the first 60 days, we recommend using your device at least 5 days a week for at least 5 minutes per treatment, up to 1 treatment per 24 hours. Once desired results are achieved, use your device 2-3 times a week for maintenance.

# What are NuFACE Gel Primers and why are they essential to use?

Our Gel Primers are specially formulated to activate your microcurrent treatment by increasing skin conductivity. We've also enriched our Hydrating Leave-On Gel Primer with Japanese Snow Mushroom and hyaluronic acid for an extra boost of hydration.

#### When will I see results?

Some will see lifting and contouring results instantly; however, results will vary based on skin type and skin condition. Optimal results are achieved with regular use. Be sure to take a before and after photo to compare the results!

# FREQUENTLY ASKED QUESTIONS

#### Can I use my NuFACE Device over makeup?

We recommend using your NuFACE Device on clean skin free of any makeup, oil-based products, or moisturizers to ensure your best experience and results.

#### How do I clean my device?

Slightly dampen a soft, lint-free cloth with water or rubbing alcohol. **Do not immerse device in water at any time.** 

### Will I feel anything?

Facial skin sensitivity varies from person to person. It's completely normal to not feel any sensation at all. If you do experience any tingling, lower the intensity level, avoid hair follicles and add more Gel Primer to the area you are treating.

For more answers to your questions, visit MyNuFACE.com/pages/FAQ

NUFACE

QUICK START









# Before You Power Up...

#### CHARGE

your new NuFACE Microcurrent Skincare device for **12 hours** before your first treatment and read enclosed User Manual.

#### REMEMBER

the two (2) spheres must remain in direct contact with your skin during treatment to ensure results.

Take a before photo to track your skin's transformation!

#### 1. PREP

Cleanse your skin with an oil-free cleanser. Apply a mask-like layer of NuFACE Hydrating Leave-On Gel Primer. Do not rub in; area should appear wet.

#### 2.LIFT

Push the ON/OFF button on your device and wait for the BEEP to begin. Follow protocol as illustrated for Neck, Cheeks, and Forehead. Complete treatment on one side, and repeat on the other. Visit our website at MyNuFACE.com for more advanced treatment instructions.

#### 3.FINISH

After completing both sides of the face and neck, massage in remaining Gel Primer for added skincare benefits.

### JOIN THE CONVERSATION!

Be sure to follow us @MyNuFACE and share your results with #MyNuFACE



#### NECK

Place spheres slightly off center, avoiding the midline of the neck. Glide toward back of neck using light pressure until you hear the beep.

Complete 1-2-3 sequence 3 times.



## CHEEKS

Place spheres on nasolabial fold and glide toward ear avoiding the eye area until you hear the beep.

Complete 1-2-3 sequence 3 times.



### **FOREHEAD**

Place spheres slightly above brow and glide toward hairline until you hear the beep.

Complete 1-2-3 sequence 3 times.

