



Nascent Iodine

Iodine is an essential mineral for normal healthy thyroid, immune and whole-body health.



What makes Nascent Iodine different?

Nascent iodine is formed when the iodine molecule is broken down to produce charged atoms of this essential nutrient. The liberated paramagnetic iodine atoms are able to hold an electromagnetic charge for optimal uptake.

Iodine is a trace element naturally present in some foods, added to some types of salt, and is available as a dietary supplement. Iodine is an essential component of the thyroid hormones thyroxine (T4) and triiodothyronine (T3). Thyroid hormones regulate many important biochemical reactions including metabolic activity, protein and enzyme synthesis. Hormones are also required for proper skeletal and central nervous system development in fetuses and infants.

Thyroid function is primarily regulated by thyroid-stimulating hormone (TSH), also known as thyrotropin. It is secreted by the pituitary gland to control thyroid hormone production and secretion. TSH secretion increases thyroidal uptake of iodine and stimulates the synthesis and release of T3 and T4.

Iodine supports many physiological functions including healthy immune response, normal healthy breast, uterus, ovary, testicle, bladder, prostate and brain function. Iodine sufficiency during pregnancy is important for proper fetal development including normal healthy brain and nerve function.

Nascent Iodine contains iodine is a high bioavailable form that supports normal healthy menstrual cycles and bladder / prostate health.