

WINGS FOR LIFE WORLD RUN: APP RUN VANCOUVER

SUNDAY, MAY 5 4:00AM | LAMPLIGHTER

3:30AM CHECKED-IN WITH

WFL APP*

3:45AM READY TO RUN

4:00AM RUN!

4:30AM BRUNCH BEGINS

6:15AM ATHLETE ADDRESS

RACE BEGINS AT LAMPLIGHTER IN GASTOWN - 92 WATER ST.



RACE START/FINISH



LOOP START/FINISH



ROUTE



COVERED PORTION



WATER STATION

QUESTIONS? CALL BRITT 604.512.4651 OR ROB 778.318.6292





*RUNNERS MUST BE CHECKED IN PRIOR TO RACE START