



FC ROCKERS
SOCCER ACADEMY

2024

SPRING

SUMMER

FALL

WINTER



KICK OFF

FEB 12, 2024

Lets Build a Community Through the Joy of Soccer

We are thrilled to have you join our team. We are dedicated to nurturing talents and shaping the future of soccer.

Our Philosophy is to
Improve Following Skills



Agility & Muscle Coordination

Through the use of agility equipments, kids will experience a fun, engaging, and challenging practice session where they have to work on their muscle coordination



Soccer Skills

Each Soccer drill is designed to teach kids a specific skill which will be in their arsenal when they play a game of soccer, including passing, turning, pressure on the ball, and shooting.



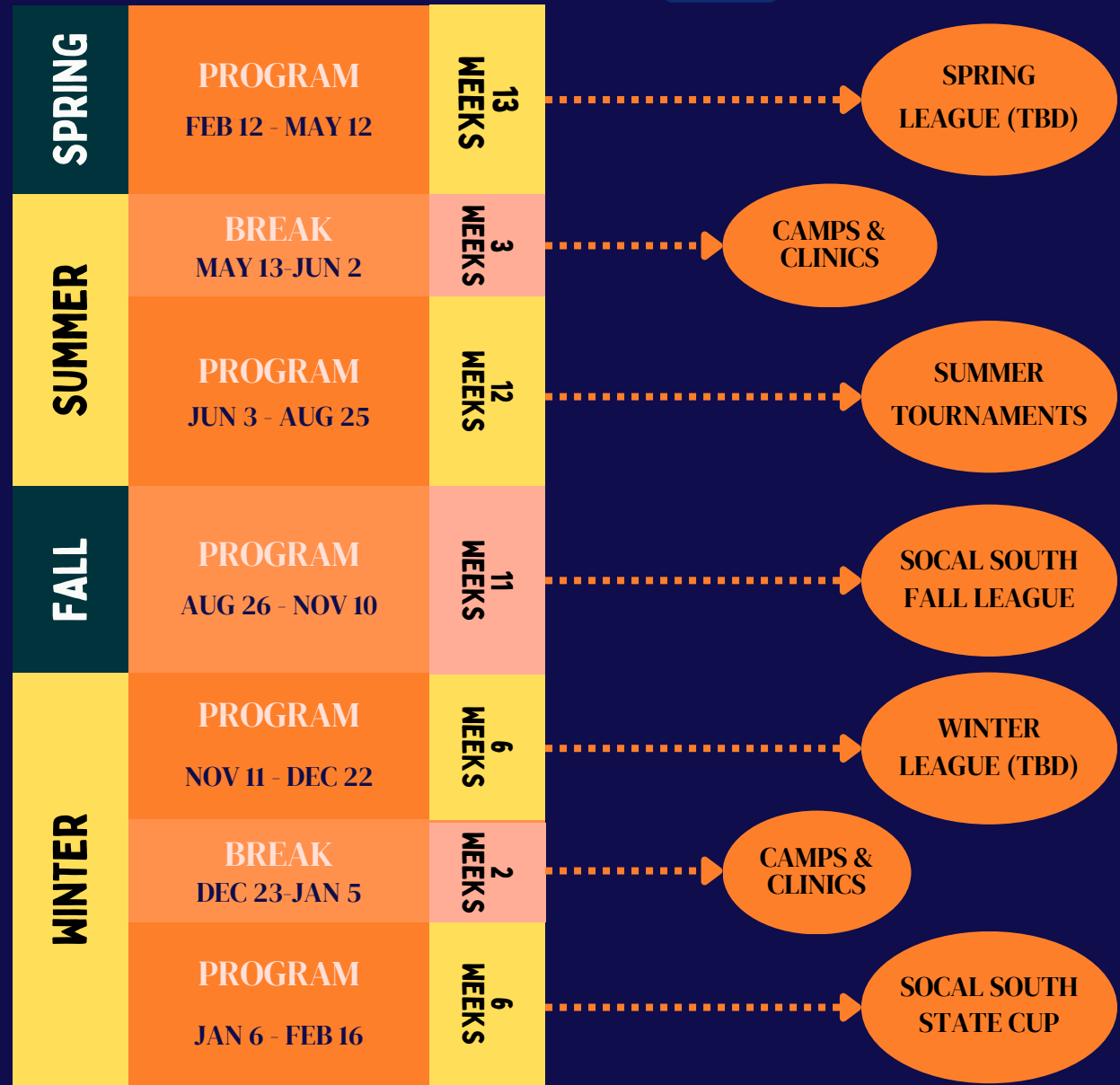
Team Skills

Soccer is a team game, therefore each of our practice sessions ends with a game like experience to teach the kids how to use their skills to help the team including game scanning, using full or half spaces, fluid formation and covering.



2024-2025

Calendar



PLAYER PATH

Spring 2024 (13 weeks)

2/12/2024 - 5/11/2024



Coach Assessment

Age

1 Basic Skills
Footwork/Touch

2 Physique
Strength/Stamina/Agility

3 Team Skills
Discipline/Team work/Attendance

4 Commitment
Loyalty/Passion/Confidence

5 Advanced Skills
Strategy/Positioning

6 Gameplay Skills
Dependability/Awareness

CLUB LEVEL FLIGHT 2/3

Player is ready to play in league games and tournaments that our Club is participating in based on coach assessment. Additionally, with top quality practice, diet and healthy lifestyle, he/she can improve the skills even further. Our Club teams play in lower divisions (Flight 2/3)

ACADEMY

Player is not yet ready to join Club program, but can focus on skill development in Spring and Summer to prepare for Fall. At the end of Spring, coaches will re-assess the skillset and recommends the player for the upcoming program.

JUNIORS

A special program with junior kids that are 6 years old or younger. At this age, the program is focused around building his/her love for soccer and starting to develop basic skills, footwork and touches.



PLAYER PATH

Summer 2024(12 weeks)

6/3/2024 - 8/25/2024



Coach Assessment

Age

1 Basic Skills
Footwork/Touch

2 Physique
Strength/Stamina/Agility

3 Team Skills
Discipline/Team work/Attendance

4 Commitment
Loyalty/Passion/Confidence

5 Advanced Skills
Strategy/Positioning

6 Gameplay Skills
Dependability/Awareness

CLUB LEVEL FLIGHT 2/3

Player is ready to play in league games and tournaments that our Club is participating in based on coach assessment. Additionally, with top quality practice, diet and healthy lifestyle, he/she can improve the skills even further. Our Club teams play in lower divisions (Flight 2/3)

PRE-CLUB LEVEL

The Academy level kids will be placed into 2 pools for Summer program. Based on assessment from the coaches, some kids have showed the skills to start preparing for competitive games. Therefore they will be offered a PreClub program in Summer so the can be re-evaluated for Fall to join Club.

ACADEMY

On the other hand, some kids need more time to develop the skills needed for competitive games which are beyond the 3 months program. Therefore, they will continue with Academy program in Summer.

JUNIORS

A special program with junior kids that are 6 years old or younger. At this age, the program is focused around building his/her love for soccer and starting to develop basic skills, footwork and touches. The previously trained junior kids can move into Academy, based on their learning and age group.



PLAYER PATH

Fall 2024(11 weeks)

8/26/2024 - 11/10/2024



Coach Assessment

Age

1

Basic Skills
Footwork/Touch

2

Physique
Strength/Stamina/Agility

3

Team Skills
Discipline/Team work/Attendance

4

Commitment
Loyalty/Passion/Confidence

5

Advanced Skills
Strategy/Positioning

6

Gameplay Skills
Dependability/Awareness

**CLUB LEVEL
FLIGHT 1/2/3**

**PRE-CLUB
LEVEL**

ACADEMY

JUNIORS

Player is ready to play in league games and tournaments that our Club is participating in based on coach assessment. Additionally, with top quality practice, diet and healthy lifestyle, he/she can improve the skills even further. Our Club teams play in top flight as well as lower divisions for new teams.

Players in PreClub program are re-evaluated, if ready, they will be offered to join the Club (usually our lower division teams) If not ready yet, they will be able to participate in PreClub program in Fall as well.

The Academy level players are re-evaluated and based on their performance, if coach decides they can prepare for competitive games in 3 month or less, they will be offered to join PreClub program.

A special program with junior kids that are 6 years old or younger. At this age, the program is focused around building his/her love for soccer and starting to develop basic skills, footwork and touches. The previously trained junior kids can move into Academy, based on their learning and age group.



PLAYER PATH

Winter 2024-2025(6 weeks)

11/12/2024 - 12/22/2024 (1st Half)



Coach Assessment

Age

1

Basic Skills
Footwork/Touch

2

Physique
Strength/Stamina/Agility

3

Team Skills
Discipline/Team work/Attendance

4

Commitment
Loyalty/Passion/Confidence

5

Advanced Skills
Strategy/Positioning

6

Gameplay Skills
Dependability/Awareness

CLUB LEVEL FLIGHT 1/2/3

Players at competitive level continue their journey in Winter with Off-season leagues. The lower division teams, based on their development, may be placed into top level flight games.

PRE-CLUB LEVEL

Players that participated in 2 back to back PreClub programs are usually able to move into Club program. But that depends on coaches evaluation and Club needs. If not, they can continue their growth in PreClub.

ACADEMY

Academy level kids should be able to show growth after 2-3 programs. At this stage, our competitive coaches will conduct scrimmages for this group and recommend them to join PreClub program.

JUNIORS

A special program with junior kids that are 6 years old or younger. At this age, the program is focused around building his/her love for soccer and starting to develop basic skills, footwork and touches. The previously trained junior kids can move into Academy, based on their learning and age group.



PLAYER PATH

Winter 2024-2025(6 weeks)

1/6/2025 - 2/16/2025 (2nd Half)



Coach Assessment

Age

1

Basic Skills
Footwork/Touch

2

Physique
Strength/Stamina/Agility

3

Team Skills
Discipline/Team work/Attendance

4

Commitment
Loyalty/Passion/Confidence

5

Advanced Skills
Strategy/Positioning

6

Gameplay Skills
Dependability/Awareness

CLUB LEVEL FLIGHT 1/2/3

Players at competitive level continue their journey in Winter with Off-season leagues. The lower division teams, based on their development, may be placed into top level flight games.

PRE-CLUB LEVEL

Players that participated in 2 back to back PreClub programs are usually able to move into Club program. But that depends on coaches evaluation and Club needs. If not, they can continue their growth in PreClub.

ACADEMY

Academy level kids should be able to show growth after 2-3 programs. At this stage, our competitive coaches will conduct scrimmages for this group and recommend them to join PreClub program.

JUNIORS

A special program with junior kids that are 6 years old or younger. At this age, the program is focused around building his/her love for soccer and starting to develop basic skills, footwork and touches. The previously trained junior kids can move into Academy, based on their learning and age group.



CLUB PROGRAM

Spring 2024

2/12/2024 - 5/12/2024



U9
BIRTH YEAR
2015/2016



U9
BIRTH YEAR
2015/2016



U10
BIRTH YEAR
2014/2015



U11
BIRTH YEAR
2013/2014



U13
BIRTH YEAR
2011/2012



TUE
4-5:30PM
CYPRESS PARK*

THU
4-5:30PM
CYPRESS PARK*

WED
4-5:30PM
CYPRESS PARK*

FRI
4-5:30PM
LAS LOMAS PARK*

TUE
4-5:30PM
CYPRESS PARK*

FRI
5:30-7PM
LAS LOMAS PARK*

TUE
4-5:30PM
CYPRESS PARK*

THU
4-5:30PM
CYPRESS PARK*

TUE
4-5:30PM
CYPRESS PARK*

FRI
5:30-7PM
LAS LOMAS PARK*

*SCHEDULE & FIELD ARE SUBJECT TO CHANGE BASED ON AVAILABILITY AND WEATHER CONDITIONS
*GAME SCHEDULES WILL BE PUBLISHED ONCE THE LEAGUE SCHEDULE IS OUT

13 WEEKS

2 WEEKLY PRACTICES

10 GAMES



ACADEMY PROGRAM

Spring 2024

2/12/2024 - 5/12/2024



U9
BIRTH YEAR
2015/2016/2017



WED
4-5:30PM
CYPRESS PARK*

FRI
4-5:30PM
LAS LOMAS PARK*

U11
BIRTH YEAR
2013/2014



WED
4-5:30PM
CYPRESS PARK*

FRI
4-5:30PM
LAS LOMAS PARK*

U13
BIRTH YEAR
2011/2012



TUE
4-5:30PM
CYPRESS PARK*

FRI
5:30-7PM
LAS LOMAS PARK*

*SCHEDULE & FIELD ARE SUBJECT TO CHANGE BASED ON AVAILABILITY AND WEATHER CONDITIONS
*GAME SCHEDULES WILL BE PUBLISHED WEEK BY WEEK

13 WEEKS
2 WEEKLY PRACTICES
WEEKEND SCRIMMAGES



**JUNIOR
ROCKERS**

Spring 2024

2/12/2024 - 5/12/2024

U6

**BIRTH YEAR
2018/2019**



SUN

**10:30-12PM
HARVARD PARK**

FRI

**5:30-7PM
LAS LOMAS PARK***

***SCHEDULE & FIELD ARE SUBJECT TO
CHANGE BASED ON AVAILABILITY AND
WEATHER CONDITIONS**

**13 WEEKS
2 WEEKLY PRACTICES**



Spring 2024

PRICING & DISCOUNTS

CLUB PROGRAM \$750

EARLYBIRD \$650 TILL FEB 1, 2024

ACADEMY PROGRAM \$600

EARLYBIRD \$525 TILL FEB 1, 2024

JUNIOR ROCKERS \$435

EARLYBIRD \$385 TILL FEB 1, 2024

**DOES NOT
INCLUDE JERSEYS
(JERSEYS ARE \$50
IF REQUIRED)**

**DOES NOT
INCLUDE \$4
GOTSPORT
SOFTWARE FEE**

Registration link for specific program will be sent you based on coaches recommendation

%20 FAMILY DISCOUNT:

APPLIES IF YOU REGISTER 2 KIDS OR MORE (APPLIES TO FULL PRICE ITEM)

%20 REFERRAL DISCOUNT:

APPLIES ONLY IF YOU REFERRED SOMEONE AND THEY REGISTERED IN WINTER 2023-2024 PROGRAM (APPLIES TO FULL PRICE ITEM)

LIMITED MONTHLY PAYMENT PLAN AVAILABLE, PLEASE CONTACT US FOR MORE INFO (IF YOU CHOOSE MONTHLY PAYMENT PLAN, NO OTHER DISCOUNT APPLIES WITH EXCEPTION OF EARLYBIRD)

DISCOUNTS DO NOT COMBINE



Spring 2024 vs Winter 2023-2024 Comparison

PRICING
&
DISCOUNTS

CLUB PROGRAM

WINTER 2023-2024

20 GAURANTEED PRACTICES
20 * \$30 = \$600

LEAGUE REGISTRATION FEE
\$50

ADMIN FEE
\$50

JERSEY FEE
\$50

\$750

SPRING 2024

22 GAURANTEED PRACTICES
22 * \$30 = \$660

LEAGUE REGISTRATION FEE
\$40

ADMIN FEE
\$50

\$750

ACADEMY PROGRAM

WINTER 2023-2024

20 GAURANTEED PRACTICES
20 * \$25 = \$500

ADMIN FEE
\$50

JERSEY FEE
\$50

\$600

SPRING 2024

22 GAURANTEED PRACTICES
22 * \$25 = \$550

ADMIN FEE
\$50

\$600

JUNIOR ROCKERS

WINTER 2023-2024

20 GAURANTEED PRACTICES
20 * \$17.5 = \$350

ADMIN FEE
\$50

JERSEY FEE
\$50

\$450

SPRING 2024

22 GAURANTEED PRACTICES
22 * \$17.5 = \$385

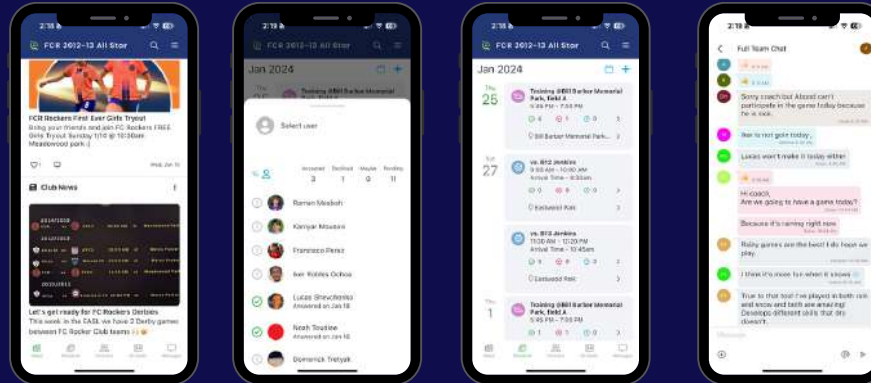
ADMIN FEE
\$50

\$435

Spring 2024

COMMUNICATION CHANNELS

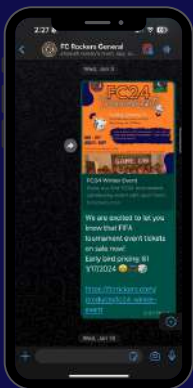
GOTSPORT APP



- CLUB & TEAM NEWS
- TEAM CHAT
- SCHEDULES
- RSVP FOR PRACTICES AND GAMES

support : <https://gotsport.zendesk.com/hc/en-us/sections/4420144>

WHATSAPP GROUP



- "FC ROCKERS GENERAL" GROUP
- GENERAL ANNOUNCEMENTS
- LOST & FOUND

Q&A SESSIONS



- VIA ZOOM
- SESSION 1:
 - SUN 1/28 - 6PM
- SESSION 2:
 - SUN 2/4 - 6PM
- MEETING LINKS WILL BE EMAILED 1 DAY BEFORE



Head Coach
FC Rockers

Ahmad Reza Abedzadeh

The former goalkeeper and the captain of Iran national team in World Cup 1998. He is known as the *Eagle of Asia* for his ability to protect the net. In 2009, he was named Iran's favorite player of last 30 years in Iranian National TV poll.



Professional Coaching

He has been coaching several clubs after retiring from playing soccer. His passion is to work with kids and inspire them to become a confident professional athlete. Coach Abedzadeh has been running FC Abedz Kids Soccer Academy in Iran for 10+ years.

What We Do

Abedzadeh joined FC Rockers in Summer 2023 to lead the coaching staff of the FC Rockers club teams. He is the head coach of our 2013/2014 and 2015/2016 teams.

Coach Profile

- 78 international appearances.
- Gold medal of 1990 Asian Games.
- Captain of Iran national team in FIFA World Cup 1998.
- Professional coaching since 2001.
- Official AFC A License Coach



Head Coach
FC Rockers

Ardy Amidi

Coach Ardy started his professional youth career in Iran and then moved to Germany in 2000 and played in Landes Liga for 2 years. He began his coaching career in 2012.

Professional Coaching

Prior to moving to USA, his teams won 2 championships in U14 and U16 levels in Tehran's Football league. He has also led boy's 2012 and girl's 2012 teams in Santa Ana district to win Engage 360 program championships.

What We Do

Coach Ardy joined FC Rockers in Fall 2023 as the head coach for U13 team. He will also lead the advanced training plan developments and player's analytics.

Coach Profile

- Official AFC B License Coach
- Certificate of Advanced Football Tactical Analysis from University of Barcelona.
- 10+ Years of Youth Coaching Experience
- Former IFC, Liverpool Social and FC Slammers youth team coach





Head Coach
FC Rockers

Shayan Hesabi

Coach Shayan started his professional youth career in Iran and then moved to USA to play for various UPSL teams. He began his coaching career in the USA and obtained his C license from US Soccer in 2022



Professional Coaching

Prior to moving to USA, Shayan played as a professional player for Rah Ahan Academy U10 and U13, Persepolis Academy U13 & U15, Esteghlal U19 and Saba Battery U21. When he moved to USA, he started playing in college and also UPSL teams LA Wolves and Disciples. Once his coaching career began, he started working with both youth and adults in various academies in southern CA.

What We Do

Coach Shayan joined FC Rockers in Fall 2023 as the head coach for U11 team. His goal is to prepare the team for CSL league in the coming Spring.

Coach Profile

- Official US Soccer C License Coach
- Head coach of Irvine FC adult (USPSL)
- Director Coaching of Irvine FC (SW Premier league)
- Coach of Real Madrid summer camp in Los Angeles
- Former coach of Liverpool So Cal Academy



Kantaro Ishitani

As a player, Kantaro played for Cal State Dominguez Hills toros. After he graduated, he started working for a soccer entertainment company called “FUTBOLEROS”. He did over 700 soccer shows, soccer events and soccer clinics with mainly showing all the freestyle soccer skills.

Head Coach
FC Rockers

Professional Coaching

2 years ago, Kantaro started coaching youth specifically for private and group training. He started his own club FC Pasion which participates in various U8, U9 competitions. Apart from being a youth soccer coach, Kantaro does Freestyle soccer.

What We Do

Kantaro joined FC Rockers in Fall 2023 to be the head coach for our U8 team. His goal is to prepare the team for the coming CSL league in Spring 2024. Kantaro designs his sessions to be very fun and engaging for the kids to learn and grow to love soccer.

Coach Profile

- Head coach of FC Pasion
- FUTBOLEROS freestylist
- US Soccer 11v11 and 9v9 licenses
- Cal State Dominguez Hills toros college soccer player



REFUND POLICY

- Admin fees are non-refundable
- Unused practice sessions are refundable at %50 (Before the 3rd week of program started, after that it is non-refundable)
- Monthly payment plans are non-refundable
- League registration is non refundable
- Jerseys, shorts, socks, jackets can be returned or exchanged if not worn and in original condition
- Private sessions can be rescheduled if we are notified 24 hours or more ahead of the scheduled time
- Private session packages are non-refundable

Contact:



949-414-4286



admin@fcrockers.com



@fc_rockers



www.fcrockers.com