

QUARTZ JAPAN CHRONOGRAPH WITH DATE

AVI-8

SETTING THE DATE & TIME

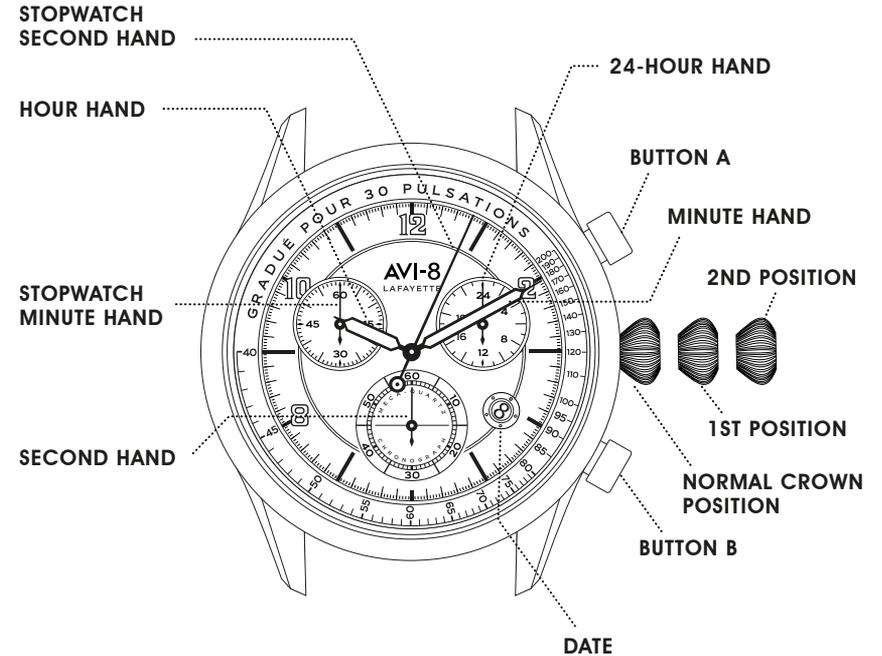
1. Pull the crown out to the 2nd position.
 2. Turn the crown clockwise until the previous day's date appears.
 3. Pull out the crown to 2nd position when the second hand is at the 12 o'clock position. It will stop on the spot.
 4. Turn the crown to set the hour, minute and 24-hour hands to the desired time as the hour hand moves, the 24-hour hand also moves correspondingly.
- * When the crown is at 2nd position. Do not press any button.
5. Otherwise, the chronograph hands will move. Push the crown back into the 1st position in accordance with a time signal.
- * Do not set the date between 9:00PM and 1:00AM. Otherwise, the day may not change properly. If it is necessary to set the date during that time period, first change the time to any time outside it, set the date and then reset the correct time.

HOW TO USE STOP WATCH

The measured time is indicated by the stopwatch hands that move independently of the center hands. The stopwatch can measure up to 60 minutes in seconds.

1) Standard Measurement

1. Press Button A to start
2. Press Button A to stop
3. Press Button B to reset



1) Accumulated elapsed time measurement 1. Press Button A to start

2. Press Button A to stop

3. Press Button B to restart

(Restarting and stopping can be repeated as many time as necessary by pressing Button A. For resetting, please press Button A to stop the stopwatch and then press Button B to reset.)

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