SH-G697

Home use functional trainer



23 high and low positions adjustable

Adjust different heights by pulling the adjuster, Adapt to the needs of different heights and muscle groups

High position

(17-23 gears)

High position pull-down, High chest clip, triceps press down

Medium position

(9-16 gears)

Seated rowing, Seated back pull, external rotation, internal rotation

Low position

(1-8 gears)

Thigh adduction and abduction, seated chest push, lift



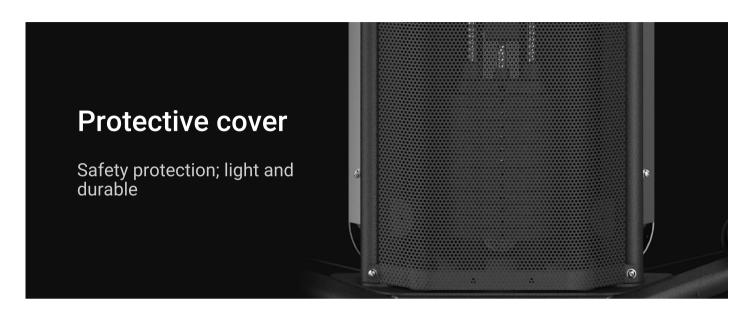


Occupying an area of less than 1.4m²

Home anaerobic gym -brings strength training into the room



Craftsmanship details







Product parameters





Home use functional trainer

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Form of resistance	The maximum weight is 66kg per group, and the minimum adjustment weight is 5kg
Protection cover	Front and rear protection of weight stack: steel plate baking paint + protective mesh
Fastener	Stainless steel material
Dimension	1393mm939mm*2116mm
Packing dimension	Box A:2340*850*210mm Box B:1840*840*240mm
Product weight	Box A:N.W. :50KG; G.W. :60KG Box B:N.W. :62KG; G.W. :72KG