# fashion gear





## Powerful synergy from inside out

#### ENii are exceptional supplements with superior skincare - creating powerful synergy from the ılnside out.

Dr Johanna Ward has created three amazing skincare and supplement sets that offer a unique, effective and in-depth approach to skin health.

'Health is an 'Inside' job. The most powerful way to treat the skin and nurture it to back to skin health is by taking an Inside Out approach. "At ZENii we create synergy between what we put onto the skin and what we put into the body – because the skin reflects everything that it is exposed to," said Dr Ward.

"No cream can substitute for what the blood one being to the skin again blood one being to the skin again blood one being to the skin in a protect the skin again blood one being to the skin in a protect the skin again blood one being to the skin in a protect the skin again blood one being to the skin again blood one being the skin again blood o

blood can bring to the skin in terms of vitamins, minerals and essential fatty acids True anti-ageing combines skincare with nutrition and starts at the cellular level."

ZENii Skincare is a clinically proven, high performance range of topical skincare that offers everything for optimising skin health from the inside out. ZENii was created and formulated by multi-awardwinning Dr. Ward, one of the UK's leading skin doctors. Each product has been meticulously formulated to deliver the very best in clinically proven ingredients and micronutrients for exceptional skin health.

Dr Ward designed ZENii to help people minimise the impact that stress, pollution, toxins and free radical oxidation has on the skin. It is vegan, paraben free and made in the UK to the highest clinical standards.

The ZENii supplement range was designed to help optimise cellular health from within. Each product has been designed to support and boost cellular health. They combine powerful micronutrients to bridge nutritional gaps and correct deficiencies caused by poor food choices, poor gut health, chronic stress, toxin accumulation, pesticides pollution and the ageing process. The supplements are based upon the science of micronutrition and optimise not only the skin but the entire body and its systems at the cellular level.

#### The Antioxidant Blitz ZENii Antioxidant Power Serum & ZENii Vitality ProLuminous £121.50

Antioxidants act as a shield against environmental pollution, HEV light and UV damage. They are an essential part of maintaining skin health. Topical and internal antioxidant products work together to powerfully neutralise the effects of free radicals on our skin. Oxidation is one of the main ways that tissues age. Our body has a natural supply of antioxidants but we can top them up with nourishing foods and antioxidant supplements. As we age. we become less able to make our own

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antioxidants to defend against free radical damage. The synergistic inside out approach taps into this powerfully. Using both types of antioxidant product will boost vour natural defences and offer syneraistic

cellular protection. This dual combination will brighten and illuminate the skin, reduce pigmentation and offer long term protection for the skin.

ZENii Antioxidant Power Serum (NEW), This high calibre and potent antioxidant serum works as a shield to protect your skin from the ageing effects of environmental damage caused by UV radiation, pollution, toxins and chemi It powerfully neutralises free radicals to prevent premature ageing and sun damage. It is clinically evidenced to inhibit excess pigmentation.

ZENii ProLuminous is an antioxidantbased skin supplement that is clinically proven to help improve skin radiance, skin tone and skin health. The cutting edge combination of French melon and champagne grapeseed have high antioxidant capability (Superoxide

Dismutase) and protect the skin against oxidative stress

#### The Nutrient Blast ZENII Micronutrient Night Cream & ZENII Skin Fusion £139.50

This micronutrient combination delivers highly effective anti-ageing and is packed full of skin goodies to help estore, repair and regenerate your skin Night time is when vour skin cells repair themselves from the day's environmental nsults. Take ZENii Skin Fusion in the



morning to flood your cells with nourishing vitamins, minerals, hyaluronic acid and marine collagen and at night sleep sound in the knowledge that the repair cream does just that - repair. This dual approach is incredible for skin health - these two products together optimise cellular function and reduce collagen's fragmentation rate. The two taken together offer the most comprehensive inside and out beauty and

anti-ageing regime on the market. ZENii Micronutrient Repair Night Cream A deeply hydrating multivitamin for the skin with super hydrating sodium hyaluronate, retinol and vitamin C. This luxuriously nourishing and velvety retinol-based night cream fortifies and repairs cell damage as you sleep while reducing fine lines and

ZENii Skin Fusion is an incredible blend of high strength marine collagen (10,000mg), vitamins, minerals, hyaluronic acid and antioxidants in a highly bioavailable liquid form. It is the ultimate in anti-ageing and skin health support and is ideal for anyone looking to press pause on the ageing process.

### The Ultimate in Hydration ZENii Antioxidant Power Serum & ZENII ProHydrate £105.00

This is the ultimate Inside out hydration boost for thirsty skin. This super powerful hvaluronic serum effectively rehydrates the skin from the surface down whilst the Pro-hydrate supplement works at a cellular level to restore the skin's osmotic (water) balance. ZENii ProHydrate is clinically proven to improve skin hydration and elasticity through its patented hyaluronic acid complex combined with coconut water, vitamin c and zinc. The two products when used together are a super powerful hydration boost - beautifying nutrition at its best. Clinical trials show that ProHydrate improves skin moisturisation, elasticity and wrinkle depth after just 28 days.

ZENii Antioxidant Power Serum. This is super intense cellular hydration in a bottle - a magnet for skin hydration. Great for all skin types and sensitive or problem skin. Its main active ingredient is Sodium Hyaluronate which has a low molecular weight and is able to penetrate more deeply than Hyaluronic Acid alone. This light weight, oil free serum leaves the skin plumper, more hydrated and totally refreshed.

ZENii ProHydrate is an advanced skin hydrating supplement made from patented ExceptionHYAL hyaluronic acid, nutritious coconut water, MSM, Vitamin C & Zinc. It is clinically proven to support skin moisturisation and elasticity and is ideal for those needing extra hydration and micronutrient support