

User manual

I. Appearance description



Wireless headset + Smart Bracelet

II. Instruction for the initial use

Thank you for purchasing our 2 in 1 Wireless headset + Smart Bracelet T89. Please read it carefully when you use this device for the first time, which will help you to have better using experience. When turn on the device at the first time, to check the power and charge it if needed.

1. The charging method of the charger is shown in the figure below:



Schematic diagram of bracelet charging

Schematic diagram of headset charging

Charging bracelet:

use magnetic suction wire and get close to automatic suction to charge.

Headset: put it back into the base of bracelet and then will be automatically charged. When the power is full, it will be disconnected automatically also.

2. Software download

A: search and download "WearFit2.0" from the APP Store on ios
B: android can search and download "WearFit2.0" from Google play, app treasure, and other app markets.
C: it can be downloaded by scanning the QR code directly.



Note: To ensure that the data are valid, please input the true gender, height, weight and age in the personal data of APP.

Hand ring on/off operation

The device is switched off by pressing the touch key "■" 3 seconds and enters the time interface. After 5 seconds without any operation, the device automatically switches off.

III. The main function of the bracelet (BLE)

Equipment requirements:
Android 4.4 and above, ios 8.0 and above, support bluetooth 4.2 and above mobile phone.

3. BLE connecting device and pairing

- BLE connection: Search the device model and connect it under the device interface > setting of APP. After the connection is successful, the device model (T89) will be displayed under APP's "My Device". At the same time, the Bluetooth symbol can be seen in the upper left corner of the time interface on the device. If you can not see the symbol, indicating that the connection is unsuccessful, please retry. When the connection is successful, time will be synchronized automatically.
- After the first connection is successful, it will be automatically connected to the host as long as power on and stay in the signal range.
- If the APP needs to connect with other devices, the last bound device should be unbound at first and then to connect with a new one.

Note: The connection of the device can not be connected under the Bluetooth function of the mobile phone. It must be in the app before the device can be connected.

4. Attention for connecting and matching

- Ensure that the Bluetooth of the mobile phone is on;
- Ensure that the device is fully charged. Please power it on or charge it before use;
- Ensure that the device is within 50cm of the mobile phone when paired;
- If the Android phone can not find the device in the mobile phone app, please check whether "youBand" is allowed to use Bluetooth in the mobile phone permission setting;
- Make sure that the headphones are removed from the bracelet base when they are paired; If you can't find Bluetooth, put the headset back into the bracelet base and then take out of them again.

III. The main function of the bracelet (BLE)

- | | | |
|------------------------|----------------------|---|
| Step down | Sleep monitoring | Intelligent anti lost |
| Distance | Sedentary remind | Vibrating to remind |
| The alarm clock | Bluetooth headset | Shutdown (long press to shutdown) |
| Calories | The bluetooth music | Caller ID (display name and number) |
| Heart rate monitor | Light up | Message (WeChat, QQ, SMS, Facebook, Whatsup, Twitter, Instagram, etc) |
| Blood pressure monitor | Shake to take Selfie | |

The main interface

As shown on the left, it is the default diagram of the main interface system of the bracelet. There are 6 kinds of standby interface choices. To replace other interfaces, please press the function key to vibrate in the standby interface and click to switch. The interface displays Bluetooth connection status, battery power information, weather, time and date content.

Step interface

Click the touch key "■" once in the main interface of the device to enter the movement interface, display the current number of steps, and automatically turn off the screen and standby after 5 seconds of no operation.

Calorie interface

Click the touch key "■" once in the main interface of the device to enter the Kari interface, which shows the current consumption of calories, and automatically turns off the screen and standby after 5 seconds of no operation.

Mileage interface

Click the touch key "■" once in the main interface of the equipment to enter the mileage interface, which displays the current walking distance, and automatically turns off the screen and standby after 5 seconds of no operation.

Two-way anti lost

In the app side to find the bracelet function, click "+" to find the bracelet, the bracelet will have 5m or 10 seconds of vibration. There is a function to find the phone under the menu of other functions of the bracelet. Click to find the phone, and the phone will ring.

Heart rate manual test

Long press the touch key "■" in the heart rate interface to enter the heart rate monitoring, and the measured results will continuously measure and display the real-time heart rate. Whether the results are measured or not, the equipment will automatically turn off the screen and stand by after 60 seconds of the test.

Blood pressure interface

Press the touch button "■" on the blood pressure interface for a long time to enter the blood pressure interface and start testing. The time it takes to get the results depends on the body of the user, and it takes a long time to get the results. Please wait patiently. During the test, it shows that it is -- / - or xx/xx. Please check whether the device sensor is completely close to the skin, test whether the posture is correct, and keep your body relaxed and still during the test. No matter whether the result is measured or not, the device automatically turns off the screen and standby after a maximum of 70 seconds. The blood pressure measured on the device is not saved.

SpO2 Test

Press the touch button "■" at the blood oxygen interface to enter the blood oxygen monitoring, and the measured results will continuously measure and display the real-time blood oxygen value, regardless of whether the results are measured or not, the equipment will automatically turn off the screen and stand by after 60 seconds of testing. The heart rate measured on the device will not be saved.

Sleep

Long press the touch key "■" in the sleep monitoring interface to enter sleep monitoring, and the sleep quality over a period of time will be displayed on APP.

Message interface

When there is a new message, the device vibrates and displays the content of the message, the corresponding message displays the right icon, and the bracelet saves the contents of the last three messages.

Sports mode

In the sports mode, there are five sports modes for you to choose, and choose the corresponding sports mode to operate, including running mode, cycling mode, mountain climbing mode, basketball mode and football mode. The long monitoring results are carried out in the corresponding motion mode.

Other Features

Under other function menus, there are 6 function choices, including stopwatch, finding mobile phone, music control, brightness adjustment, device MAC number, and shutdown function.

Device ID interface

When connecting the bracelet APP, there is connection management under the device management of APP. Click to find, the same MAC number appears as in the ID interface, and click on the bracelet to bind APP.

Brightness

Adjust the brightness under the menu of other functions, long press to enter the brightness adjustment, and select the brightness you want.

Shutdown

The shutdown function under the menu of other functions, long press to shut down the device.

Sedentary reminder interface

This function needs to be turned on and set on the app side first. When the device detects that the wearer has reached the set value for the duration of sitting or relative rest, the vibration reminds you that it is time to get up and move.

The alarm clock interface

In this APP, when the device detects that the duration of the wearer's sitting or relative rest has reached a set value, the vibration reminds the wearer that it is time to get up and move.

Shake to take Selfie

Enter the photo interface through APP, click the touch button "■" or quickly shake your wrist and take photos by remote control.

Raise to light

enter the wrist lifting display function through APP, choose whether to turn it on or off and set it on the app side. When the device detects the wrist lifting action of the wearer, wait 3 seconds to display the bright screen.

Note: the equipment must be connected with the APP, wrist lift display function to be effective.

IV. Attention

- It is forbidden to use an adapter with a charging voltage > 5V and a charging current > 2A. The charging time is 60 minutes;
- It is forbidden to charge with water stains;
- No soaking, swimming, diving, hot shower;
- This product does not support waterproofing. Please remove it when washing hands, raining, strenuous exercise, etc, which may be driven by water
- This device is an electronic monitoring product and can not be used as a medical reference. The data is for reference only.
- Blood pressure test method: Please keep relaxed and still during the test and make sure that the bracelet is at the same height as the heart, and do not speak during the test;
- Wearing the device during strenuous exercise may cause it fall off, damage or loss.

V. Frequently asked questions

- Q: What about failed upgrades?
A: If failed at the first time, please reconnect the "WearFit2.0" device to the APP and the system will automatically remind the upgrade.
- Q: Why is the heart rate (sleep) test not accurate?
A: The device is used to monitor the movement of the human body through electronic sensors. It belongs to consumer products. It is normal for certain errors to occur. Please treat the data objectively.
- Q: Where can I set APP permissions?
A: Android Phone-Settings-Access Management-Find "WearFit2.0" App-Set it Trust
1. If the mobile phone is equipped with a security management or a cleaning acceleration app, set "WearFit2.0" to a white list (trust list);
Q: How to set the time display?
A: The device synchronizes the time display of the mobile phone. The phone is set to 12 hours, and the device is also displayed to 12 hours.
Q: When a Call comes, there's a reminder on the device, but no sound in the headset?
A: There will be a delay on the Bluetooth earphone when the call is made. You can answer it several times later. If the call is answered by the phone, please check whether the voice channel is from the phone or the headset. If it is from the phone, needs to be switched to the headset. Because it is set to answer the calling by the already-connected device.
- Q: I was wearing headphones, but I couldn't hear the ringtone when I get a call.
A: Make sure that the headset and phone are within a valid Bluetooth connection distance. If the phone is connected to a lot of other Bluetooth devices, please remove the invalid connection in the Bluetooth settings of the phone.

VI. Basic parameters

Master chip:	Hs6620
Weight:	35g
Photoelectric sensing:	Bluetooth 4.2
Data transfer:	Bluetooth 5.0
Battery Type:	Polymer lithium battery
Battery capacity:	150mAh
Charging voltage:	5V
Charging current:	80mA
Working temperature:	-5 ~ 45°C
Waterproof grade:	IP67
The headset material:	ABS+ silicone
Working time:	3-4days
Body material:	ABS+PC
Standby time:	7-10days
OS requirements:	Android 4.4 and above
Mobile phone bluetooth:	4.2, iOS8.0以上

VII. Instruction for the use of Bluetooth headset

- headphone pairing: remove the headset from the ring host, have a boot tone, turn on Bluetooth in the phone setting, find the corresponding Bluetooth (T89L) and pair the connection, (the headset has been connected before the factory). After the pairing is done, only the name of the main Bluetooth is displayed, with "L". After the pairing is successful, the "connected" is seen in the setting, indicating that the product connection is successful.
- after the headphone pairing is successful, return to the bracelet host, and then remove the ear from the bracelet host to automatically boot and automatically connect.
- If the earphone is disconnected from the phone or the earphone is not connected, the phone needs to be reconnected to bluetooth. Clear the previously connected bluetooth model (T89L) in the bluetooth setting of the mobile phone, and then search the connection of bluetooth model (T89L);
- 1) Turn off both headphones at the same time. 2) Turn on both headphones at the same time and don't let your hands go until the red and blue lights on the indicator light of the two headphones flicker alternately, then release your hand at the same time, quick-sync press two headphones for six times and the two headphones will turn off automatically. 3) Turn on the two earphones at the same time and let them go immediately. When only one light of the left or right earphones flickers, the pairing is successful (or put the two earphones into the bracelet charging bin at the same time, cover the bracelet cover and then open the cover for automatic pairing).

VIII. Warning

Please follow the doctor's instructions and measure the results in turn. Self-diagnosis is treatment. The users who suffering from blood circulation disorders, blood diseases, please use it under the guidance of the doctor for treatment. The results of this product are for reference only, can not be as any medical use and basis.

VIII. Warning

B: The headphone's middle touch key is a Bluetooth headset special button for answering calls.

C: Answer
If there is a call, when the headset is in the base of the bracelet, just need to take them out from the base for automatic connection.

Double click the button to answer the phone;
Put the headset back to the base during the calling, as long as the other side did not cut off the calling, the phone answer will be automatically switched.

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