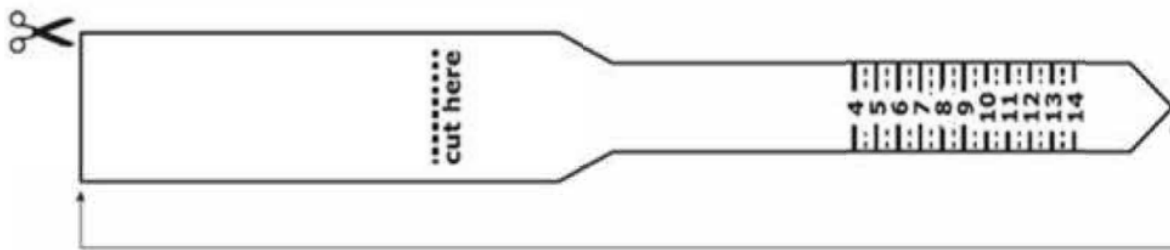


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## How to find your ring size

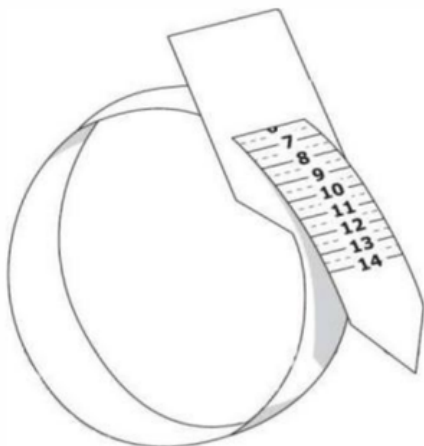
Use the steps below to find your size:

1. Print this document and make sure to uncheck the "fit to page" option on your printer's settings.
2. Cut out the sizer below.
3. Make a slot in the sizer by cutting along the dotted line.
4. Wrap the sizer around your finger with the numbers facing out.



Measure this length with a ruler to make sure it is 5" . If it is not, you'll need to readjust your printer.

5. Slide the pointer end of the sizer through the slot.
6. Move the sizer to the largest part of your finger and wrap comfortably. This may be the knuckle.
7. The number that lines up at the slot represents the ring size for that finger.



For any assistance in selecting or sizing, please email [hello@heilunhouse.com](mailto:hello@heilunhouse.com) or live chat us on our website at [heilunhouse.com](http://heilunhouse.com)



## INTERNATIONAL RING SIZE CHART

Circumference (mm)	Diameter (mm)	UK, Europe, &Australia	United States &Canada	CN/SG/JP	HK	Switzerland
44.2	14.1	F	3	4	6	4
44.8	14.3	F½	3¼	5		5¼
45.5	14.5	G	3½		7.5	
46.1	14.7	G½	3¾	6		6½
46.8	14.9	H	4	7	9	6¾
47.4	15.1	H½	4¼			7½
48.0	15.3	I	4½	8	10	8
48.7	15.5	J	4¾			8¾
49.3	15.7	J½	5	9	11	9¼
50.0	15.9	K	5¼			10
50.6	16.1	K½	5½	10	12	10½
51.2	16.3	L	5¾			11¼
51.9	16.5	L½	6	11	13	11¾
52.5	16.7	M	6¼	12		12½
53.1	16.9	M½	6½	13	14.5	13¼
53.8	17.1	N	6¾			13¾
54.4	17.3	N½	7	14	16	14½
55.1	17.5	o	7¼			15
55.7	17.7	O½	7½	15	17	15¾
56.3	17.9	p	7¾			16¼
57.0	18.1	P½	8	16		17
57.2	18.2				18	
57.6	18.3	Q	8¼			17½
58.3	18.5	Q½	8½	17	19	18¼
58.9	18.8	R	8¾			19
59.5	19.0	R½	9	18	20.5	19½
60.2	19.2	<b>S</b>	9¼			20¼
60.8	19.4	S½	9½	19	22	20¾
61.4	19.6	T	9¾			21½
62.1	19.8	T½	10	20	23	22
62.7	20.0	<b>U</b>	10¼	21		22¾
63.4	20.2	U½	10½	22	24	23¼
64.0	20.4	V	10¾			24
64.6	20.6	V½	11	23	25	24¾
65.3	20.8	<b>W</b>	11¼			25¼
65.9	21.0	W½	11½	24	26	26
66.6	21.2	X	11¾			26½
67.2	21.4	X½	12	25	27.75	27¼
67.8	21.6	y	12¼			27¾
68.5	21.8	<b>Z</b>	12½	26		28½
69.1	22.0	Z½	12¾			29
69.7	22.2		13	27	30	29¾
70.4	22.4	Z+1	13¼			30½
71.0	22.6		13½			31

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## How to measure a ring:

Print out a size chart of our ring circles.

Select a ring that properly fits the intended finger.

Place the ring over the printed circle sizes.

Match the inside diameter of the ring to the correct size circle.

If the ring falls between two sizes, order the larger size.

