



Article

Screening of Antifungal and Antibacterial Activity of 90 Commercial Essential Oils against 10 Pathogens of Agronomical Importance

Caroline De Clerck ^{1,*,†}, Simon Dal Maso ^{1,†}, Olivier Parisi ¹, Frédéric Dresen ¹, Abdesselam Zhiri ² and M. Haissam Jijakli ^{1,*}

- ¹ Integrated and Urban Plant Pathology Laboratory, Gembloux Agro-Bio Tech (Liege University), Passage des Déportés 2, 5030 Gembloux, Belgium; S.DalMaso@uliege.be (S.D.M.); oparisi@gmail.com (O.P.); Frederic.Dresen@uliege.be (F.D.)
- ² Pranarom International, Avenue des Artisans 37, 7822 Ghislenghien, Belgium; azhiri@pranarom.com
- * Correspondence: Caroline.declerck@uliege.be (C.D.C.); MH.Jijakli@uliege.be (M.H.J.)
- [†] These authors contributed equally to this work.

Received: 2 September 2020; Accepted: 3 October 2020; Published: 7 October 2020

Abstract: Nowadays, the demand for a reduction of chemical pesticides use is growing. In parallel, the development of alternative methods to protect crops from pathogens and pests is also increasing. Essential oil (EO) properties against plant pathogens are well known, and they are recognized as having an interesting potential as alternative plant protection products. In this study, 90 commercially available essential oils have been screened in vitro for antifungal and antibacterial activity against 10 plant pathogens of agronomical importance. EOs have been tested at 500 and 1000 ppm, and measures have been made at three time points for fungi (24, 72 and 120 h of contact) and every two hours for 12 h for bacteria, using Elisa microplates. Among the EOs tested, the ones from Allium sativum, Corydothymus capitatus, Cinnamomum cassia, Cinnamomum zeylanicum, Cymbopogon citratus, Cymbopogon flexuosus, Eugenia caryophyllus, and Litsea citrata were particularly efficient and showed activity on a large panel of pathogens. Among the pathogens tested, Botrytis cinerea, Fusarium culmorum, and Fusarium graminearum were the most sensitive, while Colletotrichum *lindemuthianum* and *Phytophthora infestans* were the less sensitive. Some EOs, such as the ones from A. sativum, C. capitatus, C. cassia, C. zeylanicum, C. citratus, C. flexuosus, E. caryophyllus, and L. citrata, have a generalist effect, and are active on several pathogens (7 to 10). These oils are rich in phenols, phenylpropanoids, organosulfur compounds, and/or aldehydes. Others, such as EOs from Citrus sinensis, Melaleuca cajputii, and Vanilla fragrans, seem more specific, and are only active on one to three pathogens. These oils are rich in terpenes and aldehydes.

Keywords: essential oil; biocontrol; antifungal; antibacterial; biopesticide

1. Introduction

Fruits, vegetables, and cereals are important components of the human diet at every age [1]. The increased demand for these commodities exert significant pressure on the environment, leading to intensive agriculture and the use of chemical pesticides. However, the use of these chemicals, and the resulting presence of their residues in food and water, are leading to several health safety breakdowns. Moreover, the use of chemical pesticides affects the environment and the biodiversity. The constant (and sometimes inadequate) use of pesticides is also responsible of the development of pathogen resistances leading to possible food safety issues [2].

Foods 2020, 9, 1418 2 of 12

Today, the demand for a reduction of chemical pesticides, and for the development of alternative ways to protect crops from pathogens and pests, is growing [3]. In response, research and development in the field of biopesticides has grown exponentially in the last 20 years.

Among the natural alternatives to chemical pesticides, products based on plant extracts and/or plant essential oils (EOs) have received increasing attention because of their generally recognized as safe (GRAS) compounds, due to their very low human toxicity, high volatility, and rapid degradation [4].

Essential oils possess a strong odor and are produced by aromatic plants as secondary metabolites [5]. They are usually obtained from several plant parts by steam hydrodistillation [6]. They are made of a mixture of volatile compounds (between 20 and 100), even if they are, in most cases, characterized by two or three main compounds, representing the major part of the EO (20–70%). As an example, EO of *Citrus limon* is composed, in majority, of limonene and β -pinene [7,8]. Two kinds of molecules can enter in the composition of essential oils: terpenes and terpenoids (e.g., limonene, linalool); and aromatic and aliphatic molecules (e.g., cinnamaldehyde, safrole) [9]. All of these components are characterized by a low molecular weight [10].

Essential oils were known, for a long time, for their antimicrobial and medicinal properties. The latter have, among others, led to the development of aromatherapy, where they are used as bactericide (e.g., tea tree and cinnamon EOs), fungicide (*Lavandula spica* EO), or virucid (*Cinnamomum camphora*) [5,11].

In the last 20 years, the antibacterial and antifungal properties of essential oils have been assessed against a large variety of plant pathogens in order to determine their potential as alternative plant protection products [6,12]. The complex composition of essential oils is interesting, as they could act as multisite chemicals, lowering the risk of resistance [13].

Furthermore, essential oils are composed by low molecular weight molecules and are highly volatile. This property is of great interest, particularly when used on fresh products or during postharvest applications. However, this advantage, in terms of residue reduction, is also a major inconvenience for crop application, which has to be overcome by a formulation allowing to maintain the efficacy of the product [14].

In this study, the in vitro efficacy of 90 commercially available essential oils against 10 plant pathogens of agronomical importance has been assessed. This is, to our knowledge, the largest screening for antifungal and antibacterial activity of EOs made so far.

2. Materials and Methods

2.1. Essential Oils

The 90 essential oils (EOs) tested in our study were supplied by Pranarom International (Ghislenghien, Belgium) (Table 1).

 Table 1. List of essential oils tested in this study.

Num. Plant Num. code species code		Plant species	Num. code	Plant species		
1	Allium sativum	31	Eucalyptus citriodora Ct citronnellal	61	Corydothymus capitatus	
2	Trachysper mum amni	32	Eucalyptus globulus	62	Origanum heracleoticum	
3	Anethum graveolens	33	Eucalyptus dives CT. Piperitone	63	Origanum compactum	
4	Illicum verum	34	Eucalyptus smithii	64	Cymbopogon martini var. motia	
5	Pimpinella anisum	35	Eucalyptus radiata ssp radiata	65	Citrus paradisi	
6	Melaleuca alternifolia	36	Foeniculum vulgare	66	Citrus aurantium ssp amara	
7	Ocimum basilicum ssp basilicum	37	Gaultheria fragrantissima	67	Pinus pinaster	
8	Ocimum sanctum	38	Pelargonium x asperum	68	Pinus pinaster térébenthine	
9	Copaifera officinalis	39	Zingiber officinale	69	Pinus sylvestris	
10	Pimenta racemosa	40	Laurus nobilis	70	Piper nigrum Cinnamomum camphora ct	
11	Styrax benzoe	41	Lavendula angustifolia ssp angustifolia			
12	Citrus bergamia	42	Lavendula x burnatii clone grosso	72		
13	Fokienia hodginsii	43	Cymbopogon citratus	73	Rosmarinus officinalis ct cinéole	
14	Aniba rosaeodora var. amazonica	44	Leptospermum petersonii	74	Rosmarinus officinalis ct verbenone	
15	Melaleuca cajputii	45	Citrus aurantifolia	75	Amyris balsamifera	
16	Cinnamomu m cassia	46	Litsea citrata	76	Abies alba	
17	Cinnamomu m zeylanicum	47	Citrus reticulata	77	Abies balsamea	
18	Carum carvi	48	Cinnamosma fragrans	78	Abies sibirica	
19	Cedrus atlantica	49	Origanum majorana ct thujanol	79	Salvia lanvandulifolia	
20	Cedrus deodara	50	Thymus mastichina	80	Salvia officinalis	
21	Juniperus virgiana	51	Mentha x citrata	81	Satureja hortensis	
22	Apium graveolens var. dulce	52	Mentha arvensis	82	Satureja montana	
23	Cymbopogo n nardus	53	Mentha x piperita	83	Thymus satureioides	
24	Cymbopogo n winterianus	54	Mentha pulegium	84	Thymus vulgaris ct 1 à linalol	

Foods 2020, 9, 1418 4 of 12

25	Cymbopogo n giganteus	55	Monarda fistulosa	85	Thymus vulgaris ct thymol		
26	Citrus limon	56	Myristica fragrans	86	Thuya occidentalis		
27	Coriandrum sativum	57	Myrtus communis ct cinéole	us communis ct cinéole 87			
28	Ситіпит сутіпсит	58	Myrtus communis ct acétate de myrtényle	88	Cymbopogon flexuosus		
29	Cupressus semperviren s var. stricta	59	Melaleuca quinquenervia ct cinéole	89	Vetiveria zizanoides		
30	Canarium luzonicum	60	Citrus sinensis	90	Eugenia caryophyllus		

2.2. Fungal and Bacterial Strains

The 10 host-pathogen combinations used in this study are listed in Table 2. All of the cultures were carried out at a 16D:8N photoperiod on the most appropriate solid media (see Table 2). The Potato dextrose agar (PDA) (Merck) medium was prepared according to the manufacturer's instructions (39 g of powder in 1 L of water). The Luria-Bertani-agar (LB-agar) medium was composed of 10 g/L of peptone 5g/L of yeast extract, 10g/L of NaCl, and 15 g/L of agar. The V8 medium was made with 100 mL/L of V8 juice, 200 mg/L of CaCO₃, and 20 g of agar. For in vitro screening procedures in liquid medium, pathogens have been cultured in the same media without the addition of agar. All of the media were autoclaved during 20 min at 120 °C.

		•			
Host Plant/Environment	Pathogen	Culture Conditions (Medium, Temperature (°C))			
Wheat	Fusarium graminearum	PDA, 23 °C			
vvneat	Fusarium culmorum	V8, 23 °C			
Sugar beet	Cercospora beticola	V8, 23 °C			
	Phytophthora infestans	V8, 16 °C			
Potato (tuber)	Pectobacterium carotovorum	LB-Agar, 23 °C			
	Pectobacterium atrosepticum	LB-Agar, 23 °C			
Apple and peer (fruit)	Botrytis cinerea	PDA, 23 °C			
Apple and pear (fruit)	Penicillium expansum	PDA, 23 °C			
Bean	Colletotrichum lindemuthianum	V8, 23 °C			
Soils	Pythium ultimum	PDA, 23 °C			

Table 2. List of the pathogens tested in this study and their culture conditions.

PDA (Potato dextrose agar); LB-Agar (Luria-Bertani-agar).

2.3. Making of a Stable EO Emulsion

EOs are not water soluble. In order to get homogenous and stable emulsions, a formulation was developed to get a final EO concentration of 1000 ppm (maximum dose tested in the in vitro screening). The EOs were first diluted in ethanol in a ratio of 16.7:83.3%. Half a milliliter of this solution was then mixed with 555 µL of Tween 20 and 26.71 mL of distilled water, in order to get an EO concentration of 0.3%. For the in vitro screening procedure, this emulsion was diluted to reach the desired final EO concentration (see Section 2.4.2).

2.4. In vitro Screening Procedure

2.4.1. Determination of the Pathogens Kinetic Growth

The aim of this step was to determine the optimal growth conditions for each of the pathogens tested (exponential growth phase between 0 h and 48 h, followed by a growth plateau).

The kinetic growth of each pathogen in liquid media was determined using 96 wells ELISA microplates, following the method developed and validated by [15]. Three dilutions (3x, 30x, and 300x) of the medium and three concentrations (104, 105, and 106 spores/mL) of spores' suspensions were tested for each fungus (except for P. infestans, for which suspensions of 104, 105, and 0.3 106 Foods **2020**, 9, 1418 5 of 12

spores/mL were tested). For bacteria, three dilutions of the medium (3x, 30x, 300x) and three bacterial suspensions (106, 107, and 108 bacteria/mL) were tested.

Each well was filled with one volume of culture medium, one volume of the pathogen suspension in culture medium, and one volume of water containing 2% of tween 20. The plates were then incubated in the dark at 23 °C. Pathogen growth was assessed by measuring the optic density at 630 nm with a spectrophotometer (Thermo, LabSystems Multiskan RC 351, Chantilly, VA, USA) every 24 h for 144 h. Sixteen replicates (wells) were made for each growing condition (medium and pathogen concentrations). Conditions giving the best pathogen growth are listed in Table 3, and will be the growth conditions selected to go further in the EO screening tests.

Pathogen	Selected Growth Conditions				
Fusarium graminearum	3 times diluted PDB/10 ⁵ spores/mL				
Fusarium culmorum	3 times diluted V8/105 spores/mL				
Cercospora beticola	3 times diluted V8/105 spores/mL				
Phytophthora infestans	300 times diluted V8/0.3 106 spores/mL				
Pectobacterium carotovorum	3 times diluted LB/107 CFU/mL				
Pectobacterium atrosepticum	3 times diluted LB/107 CFU/mL				
Penicillium expansum	3 times diluted PDB/10 ⁵ spores/mL				
Botrytis cinerea	3 times diluted PDB/10 ⁵ spores/mL				
Colletotrichum lindemuthianum	3 times diluted V8/106 spores/mL				
Pythium ultimum	3 times diluted PDB/10 ⁵ spores/mL				

Table 3. Pathogen growth conditions selected for the screening tests.

2.4.2. Screening

The in vitro screening method in liquid medium is similar to the method used to determine pathogen kinetic growth (see Section 2.4.1). In 96-well ELISA plates—each well was filled with one volume of the selected medium at the optimal concentration (see Table 3), one volume of the pathogen at the optimal suspension (see Table 3), and one volume of the selected EO emulsion (see Section 2.3) at 500 and 1000 ppm (final concentration), except for *P. infestans*, for which EOs have only be tested at 1000 ppm. The plates were incubated in the dark at 23 °C. Growth was assessed by measuring the optic density at 630 nm with a spectrophotometer (Thermo, LabSystems Multiskan RC 351, Chantilly, VA, USA) after 24, 72, and 120 h (for fungi) or every 2 h during 12 h (for bacteria).

Figure 1 shows the wells repartition on the plate for an optimal screening procedure, minimizing the contaminations, following [16].

01	02	03	04	05	water	T1	T5	
01	02	О3	04	05	water	T1	T5	
01	02	О3	04	05	water	T2	T'	
01	02	О3	04	05	water	T2	T'	
01	02	О3	04	05	water	Т3		
01	02	О3	04	05	water	T3		
01	02	03	04	05	water	T4		X'
01	02	О3	04	O5	water	T4		X'

06	07	08	09	010	water		T6	T10	
06	07	08	09	010	water		T6	T10	
06	07	08	09	010	water		T7	T'	
06	07	08	09	010	water		T7	T'	
06	07	08	09	010	water		T8		
06	07	08	09	010	water		T8		
06	07	08	09	010	water	·	T9		X'
06	07	08	09	010	water		T9		X'

Figure 1. Objects repartition on the ELISA plate for an optimal screening procedure. O1 to O10 represent the tested objects (essential oils (Eos)), T1 to T10 represent negative controls (without

pathogen), T' is the culture medium only and X' is the growth control (medium and pathogen). Eight replicates (wells) were made by object.

The efficacy of each EO against each pathogen was calculated using the following formula (1):

Efficacy of treatment n (%) =
$$\frac{(X' - X_0) - (X_n - X_{n0})}{(X' - X_0)} \times 100$$
 (1)

where X' is the optical density of the non-treated growth control at time "t", X0 is the optical density of the non-treated growth control at time "0", Xn is the optical density of treatment "n" at time "t" and Xn0 is the optical density of treatment "n" at time "0". The values of the negative control Tn (negative control for treatment n: EO and medium only) and T' (medium only) are also checked to be sure that no contaminations occurred. Heat maps were created using the "ggplot2" package of the R software using the mean of the eight replicates for each couple "EO x Pathogen x Time".

3. Results

3.1. Evaluation of the Effect of the 90 EOs on the 10 Pathogens

3.1.1. P. expansum

At 500 ppm, 20 compounds have shown an interesting effect on *P. expansum* growth (efficacy comprised between 67 and 100%) lasting at least 24 h (see Figure 2). In general, the efficacy of the EOs at 500 ppm do not last very long (around 24 h), with some exceptions, for which the activity lasts more than 120 h: *A. sativum*, *C. cassia*, *C. zeylanicum*, and *E. caryophyllus*.

At 1000 ppm, 20 compounds have shown an efficacy comprised between 67 and 100% lasting at least 24 h. In this case, there is also an increasing number of compounds keeping high efficiencies upon time: A. sativum, C. cassia, C. zeylanicum, C. citratus, C. flexuosus, Leptospermum petersonii, L. citrata, C. capitatus, Origanum heracleoticum, Origanum compactum, and E. caryophyllus.

In particular, EOs of *Monarda fistulosa* at 500 ppm and *O. heracleoticum* at 1000 ppm completely inhibited *P. expansum* during the first 24 h.

3.1.2. B. cinerea

At 500 ppm, 35 EOs have shown high activities (efficacies comprised between 67 and 100%) against *B. cinerea*, lasting at least 24 h. However, the growth inhibition was observed with a delay of at least 48 h for most of them (23/35). Moreover, EOs of *C. cassia*, *C. zeylanicum*, *C. citratus*, *C. flexuosus*, and *Pimpinella anisum* completely inhibited the pathogen growth from 72 h of contact, while EOs of *Myristica fragrans* and *Thymus vulgaris* ct. thymol showed 100% efficacies from 120 h of contact with the oil.

At 1000 ppm, the majority of the tested EOs (54) have shown efficacies between 67 and 100%. Among these, 34 showed efficiencies higher than 67%, lasting at least 72 h. EOs of *A. sativum*, *Cuminum cyminum*, *Eucalyptus dives*, *Lavendula angustifolia*, *Lavendula x burnetii*, and *Mentha pulegium* completely inhibited the growth of the pathogen the first 24 h and EO of *Copaifera officinalis* showed 100% of efficacy the first 72 h. In addition, oil from *Satureja hortensis* and *T. vulgaris* ct. thymol showed 100% efficacies from, respectively, 72 h and 120 h of contact with the EOs.

The pathogen was completely inhibited by EO of *C. capitatus* at 500 as well as 1000 ppm.

3.1.3. C. beticola

At 500 ppm, 14 EOs have shown efficacies between 67 and 100% against *C. beticola*, lasting at least 72 h. In particular, EOs of *A. sativum*, *C. cassia*, *C. zeylanicum*, *Canarium luzonicum*, *C. capitatus*, *C. flexuosus*, and *E. Caryophyllus* have shown activities lasting more than 120 h.

At 1000 ppm, 22 EOs have been highly efficient in reducing the pathogen growth (100% inhibition during the first 24 h). Moreover, 26 more have shown inhibition between 67 and 100%,

lasting at least 24 h. However, only three EOs kept a high efficacy during the whole period of screening: *L. petersonii, Vetiveria zizanioides, E. caryophyllus*.

This is also the only pathogen for which EOs of *C. cassia* and *C. zeylanicum* have efficacies lower than 50% at 1000 ppm.

3.1.4. F. culmorum

At 500 ppm, 20 EOs showed maximal activities (67–100%) against the pathogen, lasting at least 24 h. In particular, EOs of *A. sativum*, *C. cassia*, *C. zeylanicum*, *C. citratus*, and *E. caryophyllus* completely inhibited the growth of *F. culmorum* up to 120 h of culture. EOs of *A. sativum*, *C. cassia*, and *C. citratus* completely inhibited the growth of *F. culmorum* for 120 h at this concentration, while EOs of *C. capitatus*, *C. zeylanicum*, *L. citrata*, and *O. heracleoticum* inhibited it completely during the first 24 h, and oil of *C. flexuosus* during the first 72 h.

At 1000 ppm, 61 EOs had efficacies comprised between 67 and 100% lasting at least 24 h. For 18 of these EOs the effect lasted for at least 120 h. Moreover, EOs of *A. sativum*, *C. cassia*, *C. flexuosus*, and *L. citrata* completely inhibited the growth of the pathogen during the 120 h of the test. In addition, 26 other EOs showed efficacies of 100% lasting at least 24 h.

3.1.5. F. graminearum

At 500 ppm, 75 of the 90 EOs tested had efficacies comprised between 67 and 100%, lasting at least 24 h. In addition, 21 EOs provided 100% of inhibition lasting at least 24 h, including *A. sativum*, *C. cassia*, and *C. zeylanicum*.

At 1000 ppm, almost all of the EOs (78) showed efficacies superior to 67%, lasting at least 24 h. Moreover, 29 EOs provided a complete inhibition of the pathogen, lasting at least 24 h, including EOs of *C. cassia* and *C. capitatus*.

Interestingly, EOs of *E. caryophyllus* at 500 ppm and of *C. capitatus*, at 1000 ppm, completely inhibited the growth of the pathogen during 120 h.

Some EOs (*C. sinensis* and *V. fragrans* auct., among others) have shown high activities (more than 67) during the first 24 h at 500 ppm, while their maximal efficacy at 1000 ppm never exceeded 50%.

3.1.6. P. ultimum

At 500 ppm, 37 EOs have shown efficacies between 67 and 100%, lasting at least 24 h. Interestingly, it can observed that EOs of *A. sativum* and *E. caryophyllus* completely inhibit the pathogen for at least 120 h.

At 1000 ppm, 61 EOs have efficacies greater than 67%, lasting at least 24 h, among which 12 have an activity lasting 120 h. EOs of *C. capitatus*, *C. citratus*, and *O. heracleoticum* completely inhibited the pathogen growth for at least 120 h.

3.1.7. C. lindemuthianum

At 500, only eight EOs have shown activities greater than 67%, lasting at least 24 h. EOs of *A. sativum, C. cassia, C. zeylanicum,* and *E. caryophyllus* showed the best results over time.

At 1000 ppm, three EOs have shown activities greater than 67%, lasting at least 24 h. EOs of *A. sativum, C. citratus,* and *L. citrata* are the most efficient EOs in this case.

None of the oils tested provided a total inhibition of the pathogen.

3.1.8. P. infestans

At 1000 ppm, 10 EOs showed efficacies higher than 67% lasting at least 24 h. Among these, only five EOs showed efficacies greater than 67% during 120 h. EOs of *C. cassia*, *C. flexuosus*, *C. zeylanicum*, and *M. pulegium* completely inhibited the pathogen for at least 120 h.

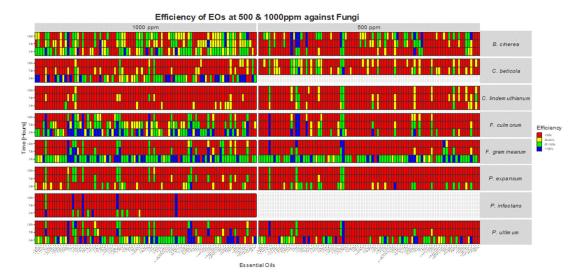


Figure 2. Heat map showing the efficiency of the 90 EOs at 500 and 1000 ppm on the growth of eight plant fungal pathogens after 24 to 120 h of contact in liquid medium in vitro. Red squares represent efficiencies below 50% of growth reduction. Yellow squares represent reduction of growth comprised between 50 and 66%. Efficiencies between 67 and 99% are represented by green squares, while blue squares show a complete inhibition of the organism.

3.1.9. P. carotovorum (PCC)

At 500 ppm, four EOs are causing 100% inhibition, lasting at least 12 h: *A. sativum, C. capitatus, C. cassia*, and *C. citratus* (See Figure 3).

At 1000 ppm, the same four EOs caused a complete inhibition of the pathogen, in addition to the one of *O. heracleoticum*.

3.1.10. P. atrosepticum (PCA)

Two EOs completely inhibited the bacterium at the two concentrations tested: *C. cassia* and *E. caryophyllus*.

At 1000 ppm, nine additional EOs caused a total inhibition: A. sativum, C. capitatus, C. citratus, C. flexuosus, Cymbopogon martini, C. zeylanicum, L. citrata, L. petersonii, and O. heracleoticum.

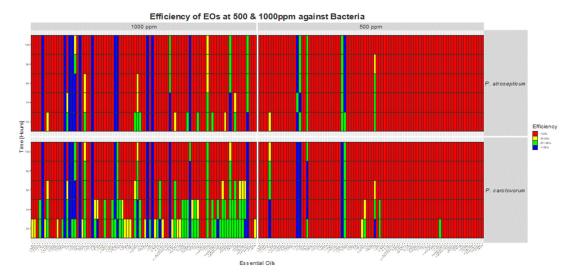


Figure 3. Heat map showing the efficiency of the 90 EOs at 500 and 1000 ppm on the growth of two plant bacterial pathogens after 2 to 12 h of contact in liquid medium in vitro. Red squares represent

Foods 2020, 9, 1418 9 of 12

efficiencies below 50% of growth reduction. Yellow squares represent reduction of growth comprised between 50 and 66%. Efficiencies between 67 and 99% are represented by green squares, while blue squares show a complete inhibition of the organism.

4. Discussion

In this study, the efficacy of 90 commercial essential oils against 10 plant pathogens of agronomical importance was studied.

Similar to the majority of the papers about antifungal and antibacterial effects of EOs [17,18], a dose dependent response was observed for almost all of the EOs tested in this study, the effects being stronger at 1000 ppm than at 500 ppm.

However, they were some exceptions. This is, for example, the case of *C. lindemuthianum* and *C. beticola*, for which most of the EOs showing activities were more effective at 500 ppm than at 1000 ppm. While this is not commonly found in the literature, there are some studies showing similar results [19,20]. Possible explanations are that diluted EOs could diffuse easier in aqueous environments, or that a higher rate of polymerization in concentrated EOs may reduce their antimicrobial activity [20,21].

In most of the cases, the comparison between screenings at 500 and 1000 ppm tend to show that the EO concentrations influence the time of their effectiveness on pathogens, with more concentrated formulations giving longer protection. This fact is certainly due to the high volatility of EOs.

Some EOs, such as the ones from *A. sativum, C. capitatus, C. cassia, C. zeylanicum, C. citratus, C. flexuosus, E. caryophyllus,* and *L. citrata,* have a generalist effect, and are active on several pathogens (between 7 and 10). These oils are rich in phenols, phenylpropanoids, organosulfur compounds, and/or aldehydes, known in the literature to have antifungal effects (thymol and carvacrol for *C. capitatus* [22]; neral and geranial for *C. citratus, C. flexuosus,* and *L. citrata* [23]; eugenol for *E. caryophyllus* and *C. zeylanicum* [24]; cinnamaldehyde for *C. cassia* and *C. zeylanicum* [25]; and diallyl di and tri-sulfide for *A. sativum* [26]).

Others, such as EOs from *C. sinensis*, *M. cajputii*, and *V. fragrans*, seem more specific, and are only active on one to three pathogens. These oils are rich in terpenes (limonene, myrcene, and pinenes for C. sinensis [27]; elemene, caryophyllene, terpinolene, humulene for *M. cajputii* [28]), and aldehydes (vanillin for *V. fragrans*) [29].

Some pathogens are more sensitive to the EOs tested, such as *B. cinerea* and the two *Fusarium* species. Some studies have already reported that fact [12,30].

Pathogens, such as *C. lindemuthianum* and *P. infestans*, seem less sensitive. Studies showing efficacies of EOs against *C. lindemuthianum* exist in the literature, but are indeed scarce: Khaledi and al [31] showed that EO of *Bunium persicum* was effective, while [32] showed effects for peppermint EO and winter green oil.

The moderate sensitivity of *P. infestans* to EOs was already reported in the literature [33] and could be explained by the fact that it is an oomycete, differing from fungi in cell wall composition and lifecycle, among others [34]. *P. ultimum*, another oomycete tested in our study, was affected by more EOs than *P. infestans*, but the observed effects were limited in time (lasting for only the first 24 h). All of the EOs having an effect on *P. infestans* also showed an activity on *P. ultimum*, except for *C. cyminum*.

For some pathogens, such as *F. graminearum*, *C. beticola*, and *P. ultimum*, the inhibition effect is very high the first 24 h, then it decreases or disappears. This result could indicate that these pathogens are more sensitive to EOs in the form of spores.

The opposite situation was observed with *B. cinerea*, where most of the efficient EOs only become active after at least 24 h of contact with the pathogen. This delayed efficacy could indicate that, in the case of this pathogen, the EOs are more efficient on the mycelium rather than on spores.

For bacteria, we observed that EOs are more efficient at 1000 ppm. PCC seem more sensitive. In general, after 10 h of contact, EOs showing an effect on PCA, which is less sensitive, are also acting on PCC. The most efficient EOs for bacteria are the same as the ones showing high activities for fungi

(*C. cassia, E. caryophyllus, C. capitatus, A. sativum,* etc.). EOs rich in carvacrol, like the one of *C. capitatus,* were already found to be effective against PCC [35]. No oil showed specific activity against bacteria.

5. Conclusions

The number of studies available in the literature about fungicidal and fungistatic effects of essential oils, as well as their mechanism of action, is growing, and it is now commonly accepted that EOs have great potential in the development of new biopesticides [6,12].

In our study, 90 EOs were tested on eight fungal pathogens and two bacterial pathogens of agronomical importance. This is, to our knowledge, the largest in vitro screening of EOs made so far. This study allowed us to have a global vision of a large panel of EO efficacies, and to identify several interesting candidates, acting on a large range of pathogens: EOs of *A. sativum, C. capitatus, C. cassia, C. zeylanicum, C. citratus, C. flexuosus, E. caryophyllus,* and *L. citrata*. These oils could be promising candidates in the development of new biopesticides.

However, we have to be careful, as all of our tests have been made in vitro. The promising effects that we have observed need to be confirmed in vivo and, in particular, phytotoxic activities, which are often reported for Eos, will have to be studied [36]. We agree with [6], stating that more studies about the mode of action of EOs, the synergic effect among them or their components, and the identification of their more active components are required. More knowledge is also needed about the effect of these EO applications on the environment (beneficial organisms, soil microbiota, etc.), and on human health, even if the high volatility of EOs should minimize these effects.

Author Contributions: Conceptualization, O.P. and M.H.J.; methodology, O.P. and F.D.; formal analysis, O.P., C.D.C., and S.D.M.; investigation, C.D.C.; writing—original draft preparation, C.D.C. and S.D.M.; writing—review and editing, C.D.C., S.D.M., O.P., and M.H.J.; supervision, M.H.J.; funding acquisition, A.Z., M.H.J. All authors have read and agreed to the published version of the manuscript.

Funding: This research was funded by Pranarom International and Wallonia DGO6 (grant n°6282).

Conflicts of Interest: The authors declare no conflict of interest. The funders had no role in the design of the study; in the collection, analyses, or interpretation of data; in the writing of the manuscript, or in the decision to publish the results.

References

- Antunes, M.D.C.; Cavaco, A.M. The use of essential oils for postharvest decay control. A review. Flavour Fragr. J. 2010, 25, 351–366.
- Andersen, E.J.; Ali, S.; Byamukama, E.; Yen, Y.; Nepal, M.P. Disease Resistance Mechanisms in Plants. Genes (Basel) 2018, 9, 339.
- World Health Organization; FAO. Global Situation of Pesticide Management in Agriculture and Public Health: Report of A 2018 WHO-FAO Survey; World Health Organization: Geneva, Switzerland, 2019; ISBN 9789241516884.
- 4. Bajpai, V.K.; Kang, S.; Xu, H.; Lee, S.G.; Baek, K.H.; Kang, S.C. Potential roles of essential oils on controlling plant pathogenic bacteria Xanthomonas species: A review. *Plant Pathol. J.* **2011**, 27, 207–224.
- Bakkali, F.; Averbeck, S.; Averbeck, D.; Idaomar, M. Biological effects of essential oils—A review. Food Chem. Toxicol. 2008, 46, 446–475.
- Nazzaro, F.; Fratianni, F.; Coppola, R.; Feo, V. De Essential Oils and Antifungal Activity. *Pharmaceuticals* (Basel) 2017, 10, 86.
- Ben Hsouna, A.; Ben Halima, N.; Smaoui, S.; Hamdi, N. Citrus lemon essential oil: Chemical composition, antioxidant and antimicrobial activities with its preservative effect against Listeria monocytogenes inoculated in minced beef meat. *Lipids Health Dis.* 2017, 16, 146.
- 8. Himed, L.; Merniz, S.; Monteagudo-Olivan, R.; Barkat, M.; Coronas, J. Antioxidant activity of the essential oil of citrus limon before and after its encapsulation in amorphous SiO2. *Sci. Afr.* **2019**, *6*, e00181.
- Morsy, N.F.S. Chapter 11-Chemical Structure, Quality Indices and Bioactivity of Essential Oil Constituents, Active Ingredients from Aromatic and Medicinal Plants. In: Active Ingredients from Aromatic and Medicinal Plant; El-Shemy, H.A. Eds.; IntechOpen: London, 2017; pp. 175–206, ISBN: 978-953-51-2976-9.

10. Baser, K.H.C., Buchbauer, G. *Handbook of Essential Oils : Science, Technology, and Applications, Second Edition.* Eds; CRC press New York, 2015; ISBN 9781466590472.

- 11. Ali, B.; Al-Wabel, N.A.; Shams, S.; Ahamad, A.; Khan, S.A.; Anwar, F. Essential oils used in aromatherapy: A systemic review. *Asian Pac. J. Trop. Biomed.* **2015**, *5*, 601–611.
- 12. Raveau, R.; Fontaine, J.; Lounès-Hadj Sahraoui, A. Essential Oils as Potential Alternative Biocontrol Products against Plant Pathogens and Weeds: A Review. *Foods* 2020, *9*, 365.
- Prasad, M.N.N.; Bhat, S.S.; Sreenivasa, M.Y. Antifungal activity of essential oils against Phomopsis azadirachtae—The causative agent of die-back disease of neem. *Int. J. Agric. Technol.* 2010, 6, 127–133.
- 14. Moretti, M.D.L.; Sanna-Passino, G.; Demontis, S.; Bazzoni, E. Essential oil formulations useful as a new tool for insect pest control. *AAPS PharmSciTech* **2002**, *3*, E13–E13.
- 15. Kouassi, K.H.S.; Bajji, M.; Brostaux, Y.; Zhiri, A.; Samb, A.; Lepoivre, P.; Jijakli, H. Development and application of a microplate method to evaluate the efficacy of essential oils against Penicillium italicum Wehmer, Penicillium digitatum Sacc. and Colletotrichum musea (Berk. & M.A. Curtis) Arx, three postharvest fungal pathogens of fruits. Biotechnol. Agron. Société Environ. 2012, 16, 325–336.
- Kouassi, K.H.S.; Bajji, M.; Jijakli, H. The control of postharvest blue and green molds of citrus in relation with essential oil–wax formulations, adherence and viscosity. *Postharvest Biol. Technol.* 2012, 73, 122–128.
- 17. Dianez, F.; Santos, M.; Parra, C.; Navarro, M.J.; Blanco, R.; Gea, F.J. Screening of antifungal activity of 12 essential oils against eight pathogenic fungi of vegetables and mushroom. *Lett. Appl. Microbiol.* **2018**, 67, 400–410.
- 18. Palfi, M.; Konjevoda, P.; Karolina Vrandečić, J.Ć. Antifungal activity of essential oils on mycelial growth of Fusarium oxysporum and Bortytis cinerea. *Emirates J. Food Agric.* **2019**, *31*, 544–554.
- Gakuubi, M.M.; Maina, A.W.; Wagacha, J.M. Antifungal Activity of Essential Oil of Eucalyptus camaldulensis Dehnh. against Selected Fusarium spp. Int. J. Microbiol. 2017, 2017, 8761610.
- Hood, J.R.; Wilkinson, J.M.; Cavanagh, H.M.A. Evaluation of Common Antibacterial Screening Methods Utilized in Essential Oil Research. J. Essent. Oil Res. 2003, 15, 428–433.
- Osée Muyima, N.Y.; Nziweni, S.; Mabinya, L.V. Antimicrobial and antioxidative activities of Tagetes minuta, Lippia javanica and Foeniculum vulgare essential oils from the Eastern Cape Province of South Africa. J. Essent. Oil Bear. Plants 2004, 7, 68–78.
- 22. Chavan, P.S.; Tupe, S.G. Antifungal activity and mechanism of action of carvacrol and thymol against vineyard and wine spoilage yeasts. *Food Control* **2014**, *46*, 115–120.
- Leite, M.C.A.; Bezerra, A.P.d.B.; de Sousa, J.P.; Guerra, F.Q.S.; Lima, E.d.O. Evaluation of Antifungal Activity and Mechanism of Action of Citral against Candida albicans. *Evid. Based. Complement. Alternat.* Med. 2014, 2014, 378280.
- Schmidt, E.; Jirovetz, L.; Wlcek, K.; Buchbauer, G.; Gochev, V.; Girova, T.; Stoyanova, A.; Geissler, M. Antifungal Activity of Eugenol and Various Eugenol-Containing Essential Oils against 38 Clinical Isolates of Candida albicans. *J. Essent. Oil Bear. Plants* 2007, 10, 421–429.
- OuYang, Q.; Duan, X.; Li, L.; Tao, N. Cinnamaldehyde Exerts Its Antifungal Activity by Disrupting the Cell Wall Integrity of Geotrichum citri-aurantii. Front. Microbiol. 2019, 10, 55.
- Li, W.-R.; Shi, Q.-S.; Dai, H.-Q.; Liang, Q.; Xie, X.-B.; Huang, X.-M.; Zhao, G.-Z.; Zhang, L.-X. Antifungal activity, kinetics and molecular mechanism of action of garlic oil against Candida albicans. Sci. Rep. 2016, 6, 22805.
- González-Mas, M.C.; Rambla, J.L.; López-Gresa, M.P.; Blázquez, M.A.; Granell, A. Volatile Compounds in Citrus Essential Oils: A Comprehensive Review. Front. Plant Sci. 2019, 10, 12.
- 28. Sharif, Z.M.; Kamal, A.F.; Jalil, N.J. Chemical composition of melaleuca cajuputi powell. *Int. J. Eng. Adv. Technol.* **2019**, *9*, 3479–3483.
- 29. Sun, R.; Sacalis, J.N.; Chin, C.K.; Still, C.C. Bioactive aromatic compounds from leaves and stems of Vanilla fragrans. *J. Agric. Food Chem.* **2001**, *49*, 5161–5164.
- 30. Simas, D.L.R.; de Amorim, S.H.B.M.; Goulart, F.R.V.; Alviano, C.S.; Alviano, D.S.; da Silva, A.J.R. Citrus species essential oils and their components can inhibit or stimulate fungal growth in fruit. *Ind. Crops Prod.* **2017**, *98*, 108–115.
- Khaledi, N.; Hassani, F. Antifungal activity of Bunium persicum essential oil and its constituents on growth and pathogenesis of Colletotrichum lindemuthianum. J. Plant Prot. Res. 2018, 58, 431–441.
- 32. Kumar, A.; Kudachikar, V.B. Antifungal properties of essential oils against anthracnose disease: A critical appraisal. *J. Plant Dis. Prot.* **2018**, 125, 133–144.

33. Quintanilla, P.; Rohloff, J.; Iversen, T.-H. Influence of essential oils on Phytophthora infestans. *Potato Res.* **2002**, *45*, 225–235.

- 34. Clavaud, C.; Aimanianda, V.; Latge, J.-P. Chapter 4.3—Organization of Fungal, Oomycete and Lichen (1,3)-β-Glucans. In *Chemistry, Biochemistry, and Biology of 1-3 Beta Glucans and Related Polysaccharides*; Bacic, A., Fincher, G.B., Stone, B.A., Eds.; Academic Press: San Diego, CA, USA, 2009; pp. 387–424, ISBN 978-0-12-373971-1.
- Hajian-Maleki, H.; Baghaee-Ravari, S.; Moghaddam, M. Efficiency of essential oils against Pectobacterium carotovorum subsp. carotovorum causing potato soft rot and their possible application as coatings in storage. *Postharvest Biol. Technol.* 2019, 156, 110928.
- 36. Werrie, P.-Y.; Durenne, B.; Delaplace, P.; Fauconnier, M.-L. Phytotoxicity of Essential Oils: Opportunities and Constraints for the Development of Biopesticides. A Review. *Foods* **2020**, *9*, 1291.



© 2020 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (http://creativecommons.org/licenses/by/4.0/).