Correct Toes adapt to many foot shapes, and may be modified* to accommodate many more. **Estimate your size by following the steps below.**

1. Cut out template(s) along the dotted black line.
2. Position 🅳 at the webbing between your big toe and 2nd toe of your right foot.
3. Keep 🅳 in place, while you check the alignment of 🅴 with the webbing between your 4th toe and pinky toe. Compare to the examples.

- Steps 1 - 3 are sufficient for most people, if you still have questions continue to steps 4 - 5.

4. Spread big toe and pinky toe outward, aligned to the spacer template, as if the spacer is actually between your toes. How does the stretch feel?
   - Correct Toes flex, and won't spread toes quite as far as you pull them in this step.
   - If the stretch hurts, try a smaller size or consider modification*.

5. Check toe width and girth - do your middle 3 toes fit between the spacer indicators?
   - Correct Toes should not squeeze tightly, or strangle toes.
   - Flip the cutout over to check your left foot, if desired.

*Watch a demonstration of this process, and the modification video on our Youtube channel: [http://www.youtube.com/correcttoes](http://www.youtube.com/correcttoes)

On the cusp? Consider picking the larger size and making modifications to trim the Correct Toes down, if needed. If you need a different size our company policy allows for returns or exchanges, even if modified (from our modification chart), within 30 days of purchase.

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This document is 8.5" x 11" - PRINTER SETTINGS:
**Be sure to print 'Actual Size', and do not 'fit to page' or 'scale'.**
To verify printed accuracy, measure the distance from 🅳 to 🅴 as indicated above.