



Lunch Menu





LET US HELP

Dinner on the Table cooks quality, made from scratch meals, that are delicious, nutritious and delivered to your door. We cater for a large, small, formal, casual, sweet and savoury events. If you're after something specific, please don't hesitate to get in touch.

Dinner on the Table is a social enterprise. Women living with disability: those who have a disability themselves, or who care for someone with a disability, are also doing the daily juggle, often with far fewer resources and far greater challenges. This is why we use profit from the sale of our meals to gift dinners to families living with disability.

INDIVIDUALLY BOXED LUNCHES

All boxes can be adapted for dietary needs. Please advise when ordering

Simple Lunch \$14.2

Gourmet sandwich, roll or wrap (Mixed fillings may include smoked salmon; smoked ham; turkey & brie; rare roast beef; chicken & avo; pumpkin & ricotta; chargrilled veg; falafel & hummus).

Piece of seasonal fruit
Sweet treat

Combo Lunch \$16.2

Gourmet sandwich, roll or wrap (Mixed fillings may include smoked salmon; smoked ham; turkey & brie; rare roast beef; chicken & avo; pumpkin & ricotta; chargrilled veg; falafel & hummus).

Seasonal salad cup
Piece of seasonal fruit

Gourmet Lunch \$18.7

Gourmet sandwich, roll or wrap (Mixed fillings may include smoked salmon; smoked ham; turkey & brie; rare roast beef; chicken & avo; pumpkin & ricotta; chargrilled veg; falafel & hummus).

Seasonal salad cup
Piece of seasonal fruit
Sweet treat

Light Lunch \$19.5

Mini roll with variety of gourmet fillings (Mixed fillings may include smoked salmon; smoked ham; turkey & brie; rare roast beef; chicken & avo; pumpkin & ricotta; chargrilled veg; falafel & hummus).

Mini quiche
Seasonal salad cup
Piece of seasonal fruit
Sweet treat

Hungry Lunch \$26.5

Mini bagel with gourmet fillings (Mixed fillings may include smoked salmon; smoked ham; turkey & brie; rare roast beef; chicken & avo; pumpkin & ricotta; chargrilled veg; falafel & hummus).

Mini roll with classic fillings
Cocktail quiche
Seasonal salad cup
Piece of seasonal fruit
Sweet treat

Make any box gluten free - add \$2
(GF sandwiches only available)



SALADS

Individual lunch sized, or to feed a crowd. Seasonal availability

Caesar salad

Carrot & beetroot crunch salad (GF, vegan)

Grilled broccoli salad with green goddess dressing (GF, V)

Rocket, pear & parmesan salad (GF, V)

Roast pumpkin & quinoa salad (GF, vegan)

Moroccan pumpkin, chickpea & quinoa salad (GF, vegan,
contains nuts)

Spiced carrot & lentil (GF, V, contains nuts)

Asian style herb salad (mixed leaves, fresh herbs, tomato,
cucumber) (GF, vegan)

Roast vegetable salad (pumpkin, sweet potato, mini corn cobs,
capsicum) (GF, vegan)

Mixed leaf salad (GF, vegan)

Rocket, watermelon & feta salad (GF, V) (seasonal availability)

Indian vegetable salad (GF, vegan)

Green bean & cherry tomato salad (GF, V, contains nuts)

Roast cauliflower & kale salad (GF, vegan)

Lentil, herb & pomegranate (GF, vegan, contains nuts)

Individual \$12

For 10-12 people \$55

For 20 people \$95

Specialty salads (+\$3/+\$20/+\$30)

Thai beef (GF, DF)/Thai tofu salad (GF, vegan)

Chicken caesar salad

Chicken & avocado salad (seasonal availability) (GF, DF)



MAIN MEALS

All house made. Shared, casual meals. Prices per head.

Indian \$24

Butter chicken (GF)
Dhal with spinach & tomato (GF, vegan)
Steamed rice (GF, vegan) & Naan bread (V)
Indian vegetable salad (GF, vegan)
Mint yoghurt (GF, V) & Mango chutney (GF, V)

Italian \$26

Beef lasagne
Vegetarian cannelloni (V)
Carrot & beetroot crunch salad (GF, Vegan)
Rocket, pear & parmesan salad (GF, V)
Crusty bread & butter

Mexican \$24

Chilli con carne (GF, DF)
Vegetarian bean chilli (GF, vegan)
Shredded lettuce, sliced tomato, grated cheese
Salsa (GF, vegan), Chilli sauce (GF), Guacamole (GF, vegan), yoghurt
Tortillas, Corn Chips (GF)

South-East Asian \$24

Malaysian chicken curry (GF, DF)
Vegetable curry (GF, vegan)
Taiwanese fried rice (DF)
Asian herb salad (GF, DF)
Spiced pumpkin, chickpea & quinoa salad (GF, vegan)

French \$29

Beef bourguignon (GF)
Chicken with white wine & mushrooms (GF)
Potato gratin (GF)
French-style carrot salad (GF, vegan)
Grilled broccoli with green goddess dressing (GF)
Crusty bread & butter

Need individually boxed meals? Chat to us about options to suit your needs.



SANDWICHES, WRAPS + ROLLS

Boxed for sharing. Each box includes some vegetarian options. Please advise of any dietary requirements when ordering.

Gourmet Wraps

Mixed wraps, cut in half. Variety of fillings may include smoked salmon; smoked ham; turkey & brie; rare roast beef; chicken & avo; pumpkin & ricotta; chargrilled veg; falafel & hummus. GF unavailable.

- 16 pieces (8 full wraps) \$84
- 30 pieces (15 full wraps) \$157.5
- 48 pieces (24 full wraps) \$252

Gourmet sandwiches

Mixed sandwiches, cut in half. Variety of fillings may include smoked salmon; smoked ham; turkey & brie; rare roast beef; chicken & avo; pumpkin & ricotta; chargrilled veg; falafel & hummus.

GF sandwiches available - please ask.

- 16 pieces (8 full sandwiches) \$84
- 30 pieces (15 full sandwiches) \$157.5
- 48 pieces (24 full sandwiches) \$252

Mixed rolls, wraps & sandwiches

Mixed sandwiches, wraps & rolls cut in half. Variety of fillings may include smoked salmon; smoked ham; turkey & brie; rare roast beef; chicken & avo; pumpkin & ricotta; chargrilled veg; falafel & hummus.

- 18 pieces (3 sandwiches, 3 rolls, 3 wraps) \$94.5
- 30 pieces (5 sandwiches, 5 rolls, 5 wraps) \$157.5
- 48 pieces (8 sandwiches, 8 rolls, 8 wraps) \$252



BOXED TO SHARE

Mixed Savoury Canapés

Selection of our favourite savoury canapés. Box may include mini quiches, zucchini fritters with minted yoghurt, roast beef & horseradish tartlets, smoked salmon & cream cheese blinis, falafel with hummus & capsicum. Please advise of any dietary requirements when ordering.

Box of 25 \$87.5

Box of 50 \$175

Box of 100 \$350

Cheese

Four cheeses (for example brie, vintage cheddar, blue & goat's cheeses), variety of dips, crackers, fruit and house made spiced nuts

Box for 5 - 8 people \$71.2

Box for 10 - 12 people \$106.8

Box for 15 - 20 people \$178

Antipasto

Four cheeses (for example brie, vintage cheddar, blue & goat's cheeses), housemade dip, crackers, & fresh vegetables, olives, cured meats, fruit, & spiced nuts.

For 5 - 8 people \$96

For 10 - 12 people \$132

For 15 - 20 people \$220

Mini quiches

Our house made mini quiches in a variety of fillings (incl V)
\$3.5 each

Mediterranean Grazing Box

Falafels, dolmades, roasted cauliflower, olives, feta, hummus, chargrilled & pickled vegetables, Lebanese bread (Serves 10-12)

\$136

Add petite lamb kofta with tzatziki \$6.5 each



BOXED TO SHARE

Muffins

Petite \$3.5
Regular \$4.5

Scones

Cut in half & topped with jam & whipped cream (minimum order 6 scones)
Per scone \$6

Slices

Selection may include chocolate brownie, chocolate caramel slice, apricot white chocolate squares & passionfruit slice
Petite slices (canapé size) \$3 per piece
Regular slices \$4.5 per piece
Vegan raw slices \$5.5 per piece

Bakery box

A mixed box of house baked sweet treats, may include homemade melting moments, chunky cookies, cheesecake slices, pecan tarts, lamingtons, cupcakes.

10 pieces \$55
24 pieces \$132

No added gluten sweet treats

May include: brownie, chocolate caramel slice, petite melting moments, petite Persian orange cakes (may contain traces of gluten)
Per piece \$5.5

Cupcakes

One dozen iced, in a variety of flavours
\$57.6

No added gluten & dairy cupcakes

(may contain traces of gluten & dairy)
\$66

Biscuits

One dozen extra large loaded chunky choc chip cookies/ANZAC biscuits
\$54/\$36





DRINKS

- Apple or Orange Juice (300mL)
\$3
- Bundaberg soft drinks (375mL)
\$4
- Spring Water (500ml)
\$3
- San Pellegrino sparkling (250ml)
\$3.5

FRUIT

- Seasonal fresh fruit platter
For 5 - 7 people \$38
For 10 - 15 \$75
For 20 - 25 people \$125

- Seasonal fruit kebabs
Seasonal fruit pieces on a bamboo skewer
\$3.2 (minimum order: 10 kebabs)

- Fruit salad cups
Seasonal fresh fruit (minimum order: 10 cups)
Petite cups \$4
Regular cups \$6.5

We look forward to cooking for you! If you require individually packaged morning and afternoon teas, we can help.

